



TAMWORTH HOCKEY CLUB

Match Day COVID-19 Guidance – Landau QEMS

Date: 3rd September 2020

Version: 1

Anyone attending a match is expected to follow the relevant England Hockey COVID-19 guidance and Codes of Conduct

Match times

- To allow for extra time between change overs we have made minor amendments to the match start times.
- Captains are to ensure umpires start matches on time.

| Match | Old Start Time | New Start Time |
|-------|----------------|----------------|
| 1 | 11:00 | 10:45 |
| 2 | 12:30 | 12:20 |
| 3 | 14:00 | 13:55 |
| 4 | 15:30 | 15:30 |

At least 24 hours before taking part in any hockey activity

- If not already done so this season complete the England Hockey Participation Agreement – see Appendix 1 for a QR code link.

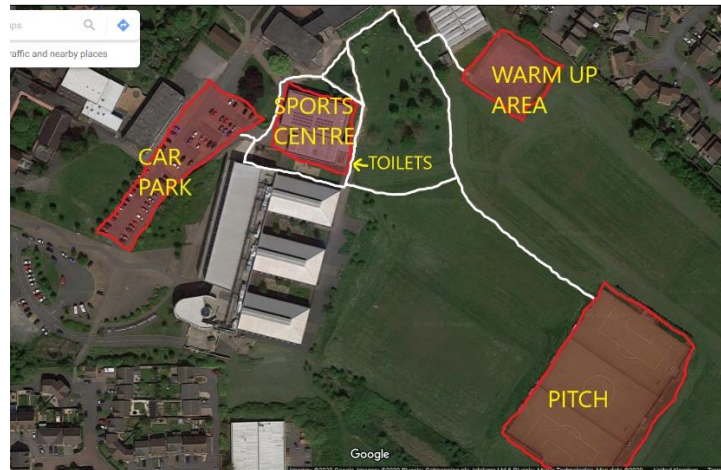
On match day before leaving home

- Complete the Tamworth Hockey Club Self-Assessment / Activity Register. – see Appendix 1 for a QR code link
*This **MUST** be done on the day of the activity. We **DO NOT** want to know you are symptom free the day before, we **NEED** to know you are symptom free on the day.*
- Ensure drinks bottle is filled and labelled with name.
- Change into playing kit and ensure all playing equipment is packed.

On arrival at Landau QEMS

- Social distancing must always be maintained except while playing in a match.
- Toilet facilities are on the lower level of sports centre accessed via the fire exit at rear of the building.
- No changing facilities will be available.
- Players, coaches, and umpires are to meet on the warmup area behind the swimming pool building.
- Do not move to the pitch until the final whistle has blown on the previous match.
- Captains are to check that players have completed the two forms.

- Captains should use this time to complete match sheets, do the coin toss, team talks, ensure your team is warmed up, collect match fees, and get availability for the following week.



Entering the pitch area

- Social distancing is to be maintained.
- Do not enter the fenced area until the previous match has completed any post final whistle match action.
- Only players, coaches and umpires may enter the fenced area. Anyone else must remain outside the fence.
- Teams are to setup on the opposite side of the pitch to the previous match – Away teams at the far end of the pitch, home teams at the end closest to the main gate.
- Complete any warmup and be ready to start on time.

During match play

- Those on the pitch whilst playing the match are not required to social distance.
- Substitutes, coaches, and suspended players are to socially distance.
- During stoppages of playing time players should socially distance.
- Do not share playing equipment e.g. face masks.

Half time

- Social distancing applies.
- Teams are not to use the goals for their half time team talk.
- Do not share refreshments.

End of match

- Social distancing applies.
- Do not shake hands with opposition and umpires.
- Teams are to clear the fenced area as soon as possible after the final whistle.
- Team sheet signing, post-match warm downs and coach analysis are to take place away from the pitch.
- Captains are responsible for ensuring that both teams clear up any rubbish they have created.

- Captains are to send a list of everyone involved in the match to the club COVID officer as soon as possible after the match (same day). This will enable the COVID Officer time to complete their duties to England Hockey.

Equipment

- Equipment should not be shared between players.
- Equipment and kit should be cleaned/sanitised as soon as possible after the match.
- If it is not possible to clean/sanitise equipment, then it should be left for 72 hours.
- Match and practice balls should not be handled – use stick or feet when retrieving balls.

Hygiene

- Everyone expected to use hand sanitiser before playing, when substituted, at half time, and after the match as a minimum.
- Spitting and nose clearing will be dealt with by umpires using the normal cards.

First Aid

- Where the injured person is capable and able to, they are expected to treat their own injury. If not, in the first instance get a member of their household or support bubble to treat them.
- Disposable masks and gloves to be provided for the first aid kits.
- Waste to be disposed of safely.

Clubhouse Access

- No changing facilities will be available.
- Licensing restrictions have set a limit of 24 people inside the bar area of the clubhouse. As a result, we are only guaranteeing access to the bar area to home teams.
- Hand sanitiser has been provided and must be used.
- Toilets are one person at a time.
- You are expected to sit down unless ordering drinks at the bar or using the toilet facilities.
- Members may be asked to move outside when the next home team is due to arrive.
- The kitchen facilities will not be available.
- You are permitted to bring your own food. This must not be shared.
- Opposition teams are not to be invited back.

Version History

| Version | Date | Author/Modifier | Reason |
|---------|------------|-----------------|-----------------|
| 1 | 03/09/2020 | D. Ravenscroft | Initial Release |

Appendix 1 – Online Form Links

England Hockey Participation Agreement

To completed once for the season before starting your hockey related activity



Tamworth Hockey Club Self-Assessment/Activity Register

To completed before starting every hockey related activity

