



December 2016

Issue 327



Cabbage Patch 4 group at start (Photo: Sue Cockle)



In this issue

	<i>page</i>
❖ Editorial - Festive Straggling	3
❖ Stragglers News - New Year Party – advance notice	4
❖ Stragglers News - Little Feet Awards	5
❖ Stragglers Junior Cross Country	6
❖ South of the Thames XC -17/12/2016	8
❖ Club Championships	10
❖ Try Something New with Straggtri	11
❖ Gosport Half Marathon 20 Nov. 2016: Race Report	12
❖ Paxo Challenge: Mob Match results	15
❖ Cabbage Patch 4 - Boxing Day 2016	18
❖ Future Races	21
❖ Social Dates	22



Festive Straggling

We hope that where ever you've been, whoever with and whatever you were doing, Christmas was a good one for you. Those of us who remained in the Straggler homeland were spoilt for parkrunning choice with Bushy and Richmond Park amongst those to offer the prospect of a weekend double – Saturday and Christmas day.



A total of 1262 turned out for Bushy on Christmas Day, one of the largest fields to complete a parkrun anywhere, ever! – And there was a great showing from Stragglers too.



A number of Stragglers were part of the army of volunteers who ensured a fantastic start to the day was enjoyed by those choosing to run, jog or walk, with a special mention going to our own Ray and Ann Coward for overseeing such a brilliant morning.

Then on Boxing Day it was the return of the much-loved Cabbage Patch 4, with a field of 102 completing the race. In the battle of the Ollie's, Garner pipped Bowers to first place in the race and in doing so, secured the famous golden boot trophy. Fastest lady was Liz Killip.

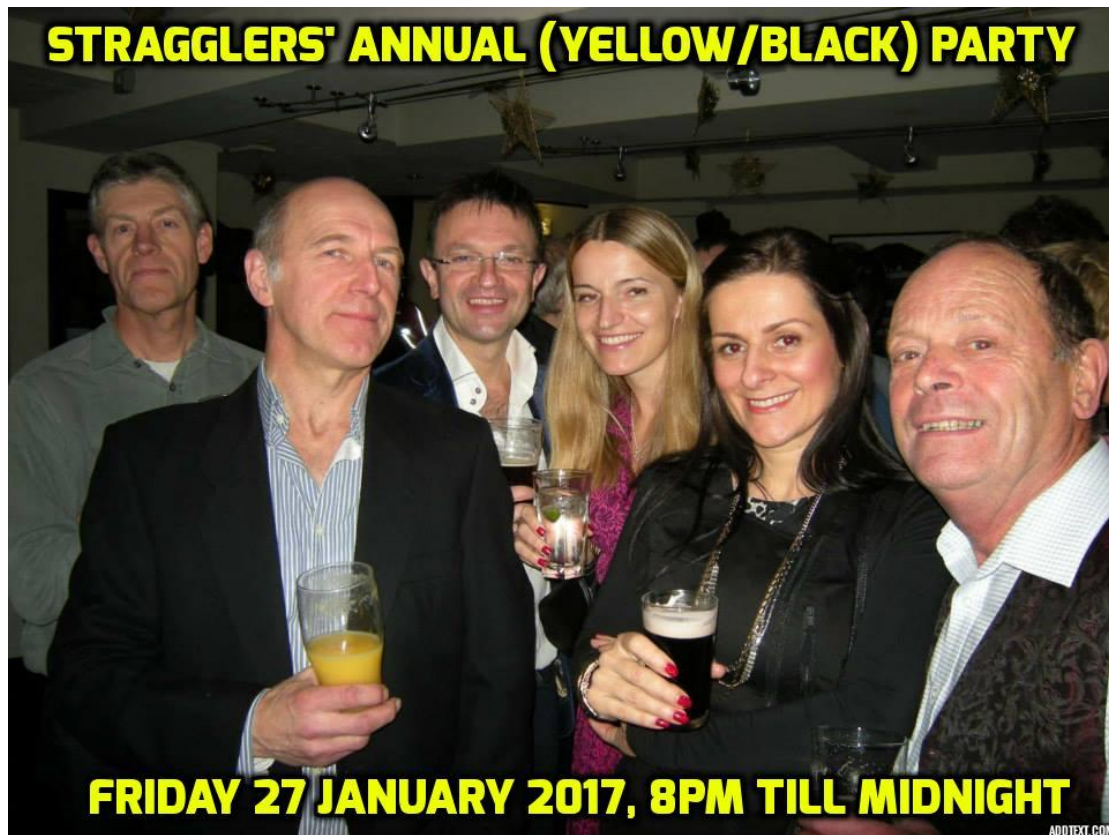
Thanks to everyone who has sent stuff for this month. As ever please email things to Stragmag@stragglers.org.



Simon Webb



Stragglers News



Stragglers New Year Party

The Stragglers' Annual Party is on Friday 27 January, returning to last year's very successful venue, the Hampton Hill Cricket Club.

We will have dancing to DJ Peter Kennedy, games and a sumptuous buffet with hot and cold meat, veg and vegan options from the M&S range, oven cooked on the night (and don't worry if you are late, we will hold food back for swimmers etc arriving mid evening).

The festivities kick off at 8pm and we have a bar extension to midnight, so plenty of time to socialise and partake in a few drinks from the reasonably priced clubhouse bar.

Dress code: smart casual, yellow/black, No running kit. There will be a prize for the best dressed. Free raffle.

Tickets just £15 (available from Roy - royreeder@hotmail.com - at the New Year's Day run and club nights in January).

Roy Reeder

Little Feet Awards

Earlier this month Little Feet hosted their annual awards evening at the Swan in Hampton Wick. The winners are listed below, all prizes awarded by votes from the Little Feet membership.

Achievers award: Mirella Genziani and Melanie Miller won jointly. Both have entered a significant number of events, including, for Melanie, the Volcano Triathlon in Lanzarote. Mirella frequently leads groups and of course takes groups out cycling

Martin Powell won the improvers award. Over the last 2-3 years he has entered most of the big local events-Kingston, River Thames and Hampton Court Half marathons and CP 10, and whilst his times have been a bit up and down due to injury, overall there is good improvement. He also leads groups on both Mondays and Thursdays

The Good Foot award was won by Ann Middlemiss, again, in spite of injury and some ill health, she attends regularly, is always happy to lead groups, cheerfully and encourage less able runners.

The Louise Neville award is only awarded in special circumstances to someone who has overcome extreme challenges to continue running. Jacqui Rich won it this year after a horrible health scare which had seen her unable to run for significant periods and is now only slowly coming back.

The Founders award -presented by Colin, one of the original Founders, went to Glynda Mortimer. Glynda turns out on a Monday night unfailingly, is always happy to lead groups and support new runners. In spite of having a broken wrist she is back to running, and achieves very good age graded percentages at Bushy Park

A merit medal was presented to Gail Caruana for her input and commitment to the cross-country season on behalf of Stragglers.

The evening saw over 40 members enjoy a buffet and social and in excess of £160 was raised for the chosen charities

Anne Wood

Stragglers Junior Cross Country

Saturday December 3rd – GIRLS Surrey League Fixture 2

This took place in perfect conditions on Mitcham Common over a testing course punctuated a sequence of sharp little climbs.

Poppy & Maisie were competitive as ever against the best girls around, and very encouraging Surrey League debuts by some of our new girls – and notable that Lucy, Sophie & Megan were the leading 3 U11 girls in the race.

Full results [HERE](#) – Stragglers results below.

U13 Girls 3k 38 Finishers

13 th	Maisie Jensen	12:13
26 th	Gabby Ceccherini	13:02
27 th	Madeleine McGuigan	13:13
28 th	Lucy Garnish (U11)	13:14
29 th	Sophie Desmond (U11)	13:15
32 nd	Megan Best (U11)	13:43

U15 Girls 4k 26 Finishers

17 th	Poppy Jensen	16:16
------------------	--------------	-------

Sunday December 4th – Downs League (Fixture 2)

It was a great turnout for the 2nd of the 4 Downs League races over the demanding Epsom course.

Standout performances were an excellent 3rd place for Poppy showing return to great form, and Spencer who is relentlessly closing the gap on the 3 stand-out Herne Hill boys who rank amongst the quickest in the country.

The end-of-series categories are worth keeping an eye on as it is based on all 4 races (with points for a missed race based on final finisher + 1point, and so effectively rules anyone missing from a race out contention for the trophies). Spencer is in pole position to take advantage of any slip-up by the leading 3 boys, whilst Chloe & Lucy

also in good positions of 11th & 10th respectively and in a with a strong chance finish significantly above this if they can run the final 2 races.

Full results attached - Stragglers results below

U11 Girls 31 finishers

16 th	Chloe Hoseason	13:54
------------------	-------------------	-------

U11 Boys 48 finishers

46 th	Daniel Watts	15:33
------------------	--------------	-------

U13 Girls 26 Finishers

8 th	Maisie Jensen	13:47
-----------------	---------------	-------

12 th	Lucy Hoseason	13:02
------------------	------------------	-------

22 nd	Amber Bryan	15:55
------------------	-------------	-------

U13 Boys 45 Finishers

4 th	Spencer Bateman	11:32
-----------------	--------------------	-------

U15 Girls 26 Finishers

3 rd	Poppy Jensen	13:10
-----------------	--------------	-------

Jim Desmond



South of the Thames XC -17/12/2016

Men's captain Malcolm Davies laid down the challenge, did we want to make the long trek across south London to Beckenham for 7 miles of cross-country racing the day after the Stragglers pub crawl, or did we want to be doing Christmas shopping in Kingston? So it was that a large contingent travelled by trains, trams and automobiles – and what a tram journey it was for I don't think there's a part of south London we didn't stop at – for what was yet another fine club outing in search of competitive action and well-earned socializing.

On a misty afternoon, organizers Kent AC presented us with a challenging but enjoyable two lap course. Those amongst us who were feeling the pace of the festive spirit (ahem!) were grateful for the bottleneck after a few hundred metres, which resulted in a large number of the field having to patiently wait while those in front went through a gap in the fence leading to a stretch of the course that included some single-file running, stepping on tree roots and trying to avoid the brambles drawing blood.

This however was the trickiest part of the course (especially for those of us with no choice but to run side-by-side). Thereafter were plenty of open grass stretches, all be it with some sharp but short inclines and descents.

As still a relative novice at cross-country, I felt this was a fun and challenging event and certainly one to blow away the cobwebs from the night before, or in my case the night before and the night before that too.

The Captain's view – from Malcolm (and Helen): 'Another great turn out. In the past, the club has struggled to put out teams in this event, given that everyone is very busy on the final Saturday before Christmas with social and family engagements (and yes for some Christmas Shopping!). Throw into the mix the usual illness and injury issues at this time of the year and add in the fairly long journey to Beckenham, to get 23 on the start line is a fantastic showing from the Stragglers. It was particularly pleasing to be able to field a complete team for the ladies and 2 complete teams for the

men. On the day we were the 3rd best represented club behind Kent AC (the organisers) and the rather more local Dulwich Runners, so thank you for showing up. A particular big thank you to Kev, Pam and Helene for being there to support and (at least in my case) shout coaching instructions along the way...!

There are lots of highlights from the day but I would particularly pick out the performance of the Stragglers men's A team, to finish above midtable with such strong competition is a very good outcome. For individual performances I would pick out Rob Wilcox and also the new devotee of XC, Simon Webb who in running with Simon Brazil, on a quite tricky course, made up the 11th and 12th scorers in the Coleman Cup competition. Some entertaining timing on the day had Simon Webb in the results having out-sprinted Simon Brazil by 14 seconds at the finish (or maybe he did?).

For the ladies Jacky Balfour who is an XC novice, coming home as first Straggler lady and 26th overall is a great performance. Karen Levene also performed strongly coming in as second Straggler lady on the day. It was also really good to be able to include Bonnie Whang in the team, as she is one of the more distant residing members of the club. Talking of more distant members, this was also Tiff Gibson's last race for the Stragglers before going out to work in Canada for a while, so we wish her all the best for her time out there and I'm sure we'll be hearing more from Tiff.'

Results

Rob Wilcox was first Straggler, coming home in 67th place. The first 6 to score made up our A team who finished in 10th place out of 21 teams, and these were, in addition to Rob, Oliver Bowers (74), Roy Reeder (86), Gareth Pritchard (96), Tiago Ramos (99) and Donovan Duffy (102).

Malcolm Davies, Malcolm Fletcher, Martin Vivian, John Kipps, Simon Webb and Simon Brazil were the other 6 who, combined with the first 6, made up our scoring team to register in the Coleman Cup (we didn't win that).

Our 6 scoring ladies were Jacky Balfour (26), Karen Levene (44), Tiff Gibson (66), Helen Davies (69), Bonnie Whang (77) and Gail Caruana (85).



Club Championships

Five races have now been completed in both the ladies and men's competitions. Karen Levene heads the overall ladies table with 134 points – and therefore also the F35 category. Tiff Gibson is leading the SL category with 127 points but as she has now left the country will anyone catch her?

Ladies captain Helen Davies leads F45 with 118 points with Juliet Cleghorn close by on 103 points.

Gail Caruana is leading the F55 category on 98 points, with Julie Haworth just 10 points behind.

On 133 points Roy Reeder leads the way in the mens competition. His nearest challenger for M50 is Malcolm Fletcher on 104 points; however in the overall standings Tiago Ramos (SM leader) is close behind Roy on 124.

The race for the M40 prize is currently a close one with Gareth Pritchard on 120 and Donovan Duffy on 114.

Next races to qualify for the club championships sees the ladies head to Lloyd Park for race 3 in the Surrey League on Saturday January 14th, with the men at Cranford Park on the same day.

Simon Webb



Try Something New with Straggtri

New Year is a time for new resolutions and if you have always wanted to improve your swimming and even have a secret inkling to enter a triathlon then look no further. StraggTri swimming will resume on Friday 6th January at 8pm at the Kingfisher pool in Kingston. If you are a member of Stragglers you are welcome to join us on Fridays for coached swimming, aiming at improving your crawl stroke. This season we'd like to see as many of our members as possible participating in triathlons and we are targeting an In2Tri session coming up in April/May. More info to follow. Please complete the Health Questionnaire available [here](#).

A very happy new year to all from StraggTri.

Barbara Crow



Gosport Half Marathon: 20 November 2016: Race Report

Those in the Stragglers who are better acquainted with me will know that I'm always moaning about running races in hot weather. The Club Summer 10k, the Wedding Day 7 K, Harry Hawkes 10 miler the list goes on of races in temperatures in my mind more suited to Bondi Beach than south-west London. So when the opportunity came up of running a half marathon on the bracing south coast at the end of November, I thought what could possibly go wrong? The Gosport Half Marathon is now into its fourth decade, having celebrated its 30 year anniversary in 2015. Run by the Gosport Road Runners club (and forming part of the Hampshire Road Race series) the race has undergone a number of alterations over the years but now features a relatively flat and tarmacked two lap course before a fast finish near the race HQ. This together with chip timing gave me some hope of getting somewhere near a 1:30 half and bettering my PB in the process, ideal!

'Storm Angus brings 80 mile per hour winds and flooding to UK as thousands are left without power' (Daily Telegraph 20th November 2016).

By the time the weekend was approaching, Helen had moved from telling me to forget about a PB to asking whether it was safe to travel at all. So it was more in hope than expectation that our clock radio went off at 5.00AM on the day. The first thing I heard was a reporter for BBC Radio Five broadcasting from somewhere on the south coast saying 'it's truly awful down here' (I switched the radio off at this point) and by the time we had jumped in the car, the Brighton 10k just along the coast had already 'bitten the dust' due to health and safety concerns.

Fortunately the Gosport Road runners are made of sterner stuff and by the 10 AM start the winds had died down to something more like 40MPH and a very well wrapped up Mayor of Gosport was on the start line to get the race underway. Fellow stragglers, Andy and Sue

Howarth and Phil Tauwhare had also managed to make it there and were no doubt equally relieved to get moving.

This race heads out from Gosport in the direction of Lee on Solent along the coast and boasts extensive views across the Solent to the Isle of Wight (not that we were in a position to enjoy these as by this point we were running straight into a gale force wind blowing in straight off the English Channel). Some relief was gained when the route turns back on itself and we had wind assistance behind us, before commencing the second lap. By this time the race was getting pretty tough, as the field had spread out somewhat. Helen was shouting from the side-lines telling me to 'tuck in' behind other runners, with the only problem being that the nearest runner was now about 100 metres in front of me!

Having soldiered on we rounded the far corner of the course for the second time and were then blown back in the direction of the race HQ and the finish. Staggering over the finish line I was pleased to hit the stop button on my Garmin having finished the race in one hour 31 mins. Whilst I had missed my 90 minute target I had still recorded a personal best by five minutes, so I was happy. Further analysis showed I'd run the most uneven race ever, with lap pace varying from 7:45 to 6:15 miling depending on which direction I was running in!

Would I do it again? Absolutely!

This race 'ticks all of my boxes' as a true club 'by runners for runners' event. As a non-commercial race, the support from the club, the marshals and other volunteers was 2nd to none. There's a great race HQ and altogether a real buzz about the whole event with the chance to pit yourself against other club runners from the area. All of this for £17 which includes a sizeable donation to charity, brilliant! Whilst there is no race T-shirt (but I've already got lots of those) they don't totally eschew 'bling' as there is a very distinctive finishers medal which acknowledges the area's naval and military background. This includes what looks like the Mary Rose ship and what (to my untrained eye) looks like a fully armed nuclear submarine, so one for the trophy cabinet!

See you there next year!

Malcolm Davies



Paxo Challenge: Mob Match results

For the first time since 1989 our friends from down the road 26.2 presented us with the stuffing at the annual pre-Christmas mob match – a tasty mushroom and onion one, good choice.

26.2 won by 194 to 101 – if you're going to lose you might as well get a stuffing!

See results below



Stragglers V 26.2RRC Mob Match

The Paxo Challenge

Sunday 11 December 2016. 11:00 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
1	0:21:50	RAWCLIFFE, Chris	26.2 RRC	NDB		604	1
2	0:22:27	DESMOND, Kieran	The Stragglers	Junior Men	75.58%	388	2
3	0:22:32	DESMOND, Jim	The Stragglers	Vet Men 40-49	83.51%	387	3
4	0:22:47	McCULLOCH, Rodney	26.2 RRC	NDB		674	4
5	0:22:55	WELLS, David	26.2 RRC	NDB		611	5
6	0:23:03	SAYERS, Nathan	26.2 RRC	NDB		574	6
7	0:23:41	LAMBRIX, Ryan	26.2 RRC	NDB		542	7
8	0:23:55	REEDER, Roy	The Stragglers	Vet Men 50-59	79.95%	183	8
9	0:23:56	DAVIES, Malcolm	The Stragglers	Vet Men 40-49	78.63%	198	9
10	0:24:12	MAXWELL, Antony	The Stragglers	Vet Men 40-49	77.76%	391	10
11	0:24:25	PRITCHARD, Gareth	The Stragglers	Vet Men 40-49	75.90%	392	11
12	0:24:30	SHEPHERD, David	26.2 RRC	NDB		612	12
13	0:25:07	GARNER, Madeline	The Stragglers	Senior Ladies	74.98%	280	13
14	0:25:21	HOWE, Nick	The Stragglers	Vet Men 50-59	74.82%	385	14
15	0:25:30	LONG, Ollie	26.2 RRC	NDB		627	15
16	0:25:31	DYSZKOWSKI, Marcin	The Stragglers	Senior Men	66.50%	399	16
17	0:25:38	BROWN, Nick	The Stragglers	Vet Men 50-59	74.60%	341	17
18	0:25:42	WEBB, Simon	The Stragglers	Senior Men	67.06%	211	18
19	0:25:43	TAYLOR, Lewis	The Stragglers	Vet Men 40-49	68.93%	217	19
20	0:25:54	WISLEY, Fraser	The Stragglers	Vet Men 50-59	76.99%	242	20
21	0:25:55	PRICE, Kevin	The Stragglers	Vet Men 50-59	74.39%	394	21
22	0:25:58	GEORGE, David	26.2 RRC	NDB		501	22
23	0:26:01	DOG, Slanley	26.2 RRC	NDB		502	23
24	0:26:09	BRAZIL, Simon	The Stragglers	Vet Men 50-59	73.72%	342	24
25	0:26:14	CALLANDER, Ian	26.2 RRC	Vet Men 50-59	76.10%	675	25
26	0:26:29	PETZGIBBONS, David	The Stragglers	Vet Men 50-59	72.20%	200	26
27	0:26:35	KIDDIE, Paul	26.2 RRC	NDB		638	27
28	0:26:40	SAYERS, David	The Stragglers	Vet Men 40-49	67.44%	439	28
29	0:26:45	WHEELER, Bob	The Stragglers	Vet Men 50-59	74.55%	210	29
30	0:26:50	DAVIES, Phil	The Stragglers	Vet Men 60-69	77.08%	3	30
31	0:26:52	ROBERTSON, Ian	The Stragglers	Vet Men 50-59	72.96%	227	31
32	0:27:13	CARLIANA, Harriet	The Stragglers	Senior Ladies	69.18%	186	32
33	0:27:14	UNKNOWN, Straggler	The Stragglers	NDB		386	33
34	0:27:15	NORMAN, Danny	26.2 RRC	NDB		684	34
35	0:27:20	HOWARTH, Joseph	The Stragglers	Junior Men	62.08%	292	35
36	0:27:25	DAVIES, Helen	The Stragglers	Vet Ladies 45-54	76.37%	193	36
37	0:27:32	DAWSON, Will	26.2 RRC	NDB		626	37
38	0:27:43	GALLOWAY, Alexandra	The Stragglers	Vet Ladies 35-44	70.60%	209	38
39	0:27:55	GRIFFITHS, Steve	26.2 RRC	NDB		531	39
40	0:27:57	HOWARTH, Andrew	The Stragglers	Vet Men 50-59	69.55%	288	40
41	0:28:02	RONKSLEY, Andrew	The Stragglers	Vet Men 50-59	71.78%	100	41
42	0:28:26	HUGGINS, Timothy	The Stragglers	Vet Men 40-49	63.71%	87	42
43	0:28:39	KEENE, Huw	26.2 RRC	NDB		534	43
44	0:28:45	26.2, Unknown	26.2 RRC	NDB		679	44
45	0:28:46	REARDON, Josh	26.2 RRC	NDB		589	45
46	0:28:50	HUGHES, Emily	26.2 RRC	NDB		544	46
47	0:28:51	LEY, Odey	26.2 RRC	NDB		608	47
48	0:28:51	HOWLEY, Laura	The Stragglers	Junior Ladies	65.26%	154	48
49	0:28:54	LEY, Jim	26.2 RRC	NDB		607	49
50	0:29:01	HOWLEY, Vincent	The Stragglers	Vet Men 50-59	65.90%	148	50
51	0:29:06	POSTER, Jon	The Stragglers	Vet Men 50-59	65.18%	395	51
52	0:29:09	ELLEN, Ryan	26.2 RRC	NDB		543	52
53	0:29:12	PENFRAZE, Stephen	The Stragglers	Vet Men 40-49	62.97%	306	53
54	0:29:12	HIBBERD, Brid	The Stragglers	Vet Ladies 45-54	75.08%	400	54
55	0:29:13	CHAPPELL, Vicky	The Stragglers	Vet Ladies 55-64	82.36%	156	55
56	0:29:18	HAWORTH, Julie	The Stragglers	NDB		79	56

Stragglers V 26.2RRC Mob Match, The Pass Challenge - Sunday 11 December 2016, 11:00 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
57	0:29:18	GRIFFITHS, David	The Stragglers	Vet Men 60-69	73.43%	213	57
58	0:29:21	DOWDALL, Lutz	The Stragglers	Vet Men 40-49	62.18%	270	58
59	0:29:21	NICHOLSON, Lynton	The Stragglers	Vet Men 60-69	71.85%	371	59
60	0:29:24	HALL, Richard	26.2 RRC	NDB		662	60
61	0:29:26	WATTS, Malcolm	26.2 RRC	NDB		606	61
62	0:29:28	WEDDERBURN, Peter	The Stragglers	Vet Men 60-69	73.76%	398	62
63	0:29:37	GLEW, Christine	The Stragglers	Vet Ladies 55-64	63.15%	272	63
64	0:29:49	RONKLEY, Patricia	The Stragglers	Vet Ladies 55-64	76.48%	258	64
65	0:29:55	HOLMES, Julie	The Stragglers	Vet Ladies 55-64	76.22%	393	65
66	0:30:00	ROBINSON, Janet	The Stragglers	Vet Ladies 45-54	72.39%	440	66
67	0:30:04	PETTEFFER, Sarah	26.2 RRC	NDB		685	67
68	0:30:10	DUFFY, Sabine	The Stragglers	Vet Ladies 35-44	64.34%	442	68
69	0:30:11	SHEPHERD, Joseph	26.2 RRC	NDB		613	69
70	0:30:35	QUY, Beth	The Stragglers	Senior Ladies	61.56%	397	70
71	0:30:35	CARLIANA, William	The Stragglers	Senior Men	55.48%	396	71
72	0:30:44	GIBSON, Tiffany	The Stragglers	Senior Ladies	61.26%	332	72
73	0:30:44	KNOIGHT, Ian	The Stragglers	Vet Men 40-49	60.76%	374	73
74	0:30:45	PARTNER, Graham	26.2 RRC	NDB		673	74
75	0:30:45	COLE, Ruth	The Stragglers	Vet Ladies 45-54	68.09%	299	75
76	0:30:50	FERRARI, Max	26.2 RRC	NDB		504	76
77	0:30:52	HEARSON, Sean	The Stragglers	Senior Men	54.97%	441	77
78	0:30:57	WHETING, Alan	The Stragglers	Vet Men 40-49	56.86%	201	78
79	0:31:02	MERRITT, Brian	26.2 RRC	NDB		657	79
80	0:31:07	BENNETT, Andrea	26.2 RRC	NDB		511	80
81	0:31:14	BENNETT, John	26.2 RRC	NDB		512	81
82	0:31:26	BRETT, Helen	The Stragglers	Vet Ladies 55-64	74.87%	184	82
83	0:31:33	CIANCIARA, Alexandra	The Stragglers	Senior Ladies	59.68%	109	83
84	0:31:36	BRADWICK, Dennis	26.2 RRC	NDB		541	84
85	0:31:39	FURLAY, Kevin	26.2 RRC	NDB		683	85
86	0:31:46	MCGREE, Brenda	The Stragglers	Vet Ladies 55-64	71.54%	239	86
87	0:31:48	NANCE, Helen	The Stragglers	Vet Ladies 55-64	77.44%	86	87
88	0:31:49	GARNER, Michael	The Stragglers	Vet Men 60-69	71.46%	340	88
89	0:31:50	PAWZANI, Mousa	26.2 RRC	NDB		678	89
90	0:31:51	POWELL, Martin	The Stragglers	Vet Men 60-69	64.92%	101	90
91	0:31:52	MORTIMER, Graham	The Stragglers	Vet Men 70-79	72.18%	29	91
92	0:31:53	CHAPPELL, Ian	The Stragglers	Vet Men 50-59	63.11%	170	92
93	0:32:14	WOODS, Anne	The Stragglers	Vet Ladies 55-64	70.02%	224	93
94	0:32:28	DAVIS, Julian	26.2 RRC	NDB		533	94
95	0:32:31	GARNER, Julie	The Stragglers	Vet Ladies 55-64	69.41%	287	95
96	0:32:53	PAWZANI, Abdullah	26.2 RRC	NDB		677	96
97	0:32:57	PAPWORTH, Julie	The Stragglers	Vet Ladies 45-54	65.29%	383	97
98	0:33:15	CIBIS, Hubert	The Stragglers	Vet Men 60-69	62.19%	384	98
99	0:33:26	JONES, Howell	26.2 RRC	NDB		539	99
100	0:33:29	GARDNER, Vicky	26.2 RRC	NDB		658	100
101	0:33:45	HILTON, Lee	26.2 RRC	NDB		569	101
102	0:33:57	DEMETRIOU, Penny	The Stragglers	Vet Ladies 45-54	65.83%	172	102
103	0:33:57	WERNDLE, Franz	The Stragglers	Vet Men 60-69	65.46%	390	103
104	0:33:59	VENTER, Pierre	The Stragglers	Vet Men 50-59	58.17%	46	104
105	0:34:05	HANCOCK, Taryn	26.2 RRC	NDB		572	105
106	0:34:09	SELL, Merrin	The Stragglers	Vet Ladies 65-74	81.28%	9	106
107	0:34:18	PAGAN, Paul	26.2 RRC	NDB		563	107
108	0:34:24	GOW, Bev	26.2 RRC	NDB		507	108
109	0:34:24	CORSEMAR, Maria	26.2 RRC	NDB		680	109
110	0:34:25	MORGAN, Stoned	The Stragglers	Vet Ladies 45-54	61.94%	301	110
111	0:34:26	DAVIS, Jackie	26.2 RRC	NDB		532	111
112	0:34:28	GRIFFITHS, Pearle	26.2 RRC		54.63%	530	112
113	0:34:35	KIDWORTH, Bert	The Stragglers	Vet Men 60-69	59.79%	140	113
114	0:34:35	RONALDSON, Mark	26.2 RRC	NDB		517	114
115	0:35:00	SMITH, Jonathon	26.2 RRC	NDB		562	115
116	0:35:15	HOWARTH, Susan	The Stragglers	Vet Ladies 45-54	62.79%	290	116

Stragglers V 26.2RRC Mob Match, The Paxo Challenge - Sunday 11 December 2016, 11:00 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
117	0:35:18	HAYNES, Kathy	The Stragglers	Vet Ladies 45-54	62.71%	245	117
118	0:35:19	DOXON, John	The Stragglers	Vet Men 50-59	54.59%	95	118
119	0:35:26	GATON, James	26.2 RRC	NDB		580	119
120	0:35:26	GILMORE, Andrew	26.2 RRC	NDB		546	120
121	0:35:30	GOODMAN, Annie	26.2 RRC	NDB		681	121
122	0:35:30	TAKAMI, Mika	The Stragglers	Vet Ladies 45-54	58.98%	171	122
123	0:35:44	DESMOND, Mary	The Stragglers	NDB		389	123
124	0:35:45	POYNTZ, Jaki	26.2 RRC	NDB		522	124
125	0:35:52	BURGESS, Carly	26.2 RRC	NDB		524	125
126	0:35:55	GILMORE, Debbie	26.2 RRC	NDB		545	126
127	0:36:46	GERRARD, Jessica	26.2 RRC	NDB		554	127
128	0:36:47	GERRARD, Simon	26.2 RRC	NDB		550	128
129	0:36:47	JENNINGS, Cathy	26.2 RRC	NDB		555	129
130	0:36:48	MORTIMER, Glynda	The Stragglers	Vet Ladies 65-74	73.21%	25	130
131	0:36:49	HOBBS, Sue	The Stragglers	Vet Ladies 55-64	65.36%	180	131
132	0:36:59	BENNETT, Kate	26.2 RRC	NDB		514	132
133	0:37:00	LEVENE, Paul	The Stragglers	Vet Men 70-79	62.95%	14	133
134	0:37:04	COUSINS, Becky	26.2 RRC	NDB		568	134
135	0:37:11	GRIFFITHS, Joanne	26.2 RRC	NDB		529	135
136	0:37:40	CARUANA, Gail	The Stragglers	Vet Ladies 55-64	61.18%	185	136
137	0:37:40	HILTON, Matthew	26.2 RRC	NDB		571	137
138	0:37:41	STONE, Kevin	26.2 RRC	NDB		689	138
139	0:38:00	FERRARI, Carol	26.2 RRC	NDB		503	139
140	0:38:01	HOLFORD, Laura	26.2 RRC	NDB		567	140
141	0:38:01	HOLFORD, Alan	26.2 RRC	NDB		566	141
142	0:38:14	NASH, Angela	26.2 RRC	NDB		510	142
143	0:38:14	HILTON, Callum	26.2 RRC	NDB		570	143
144	0:38:21	JOSEPH, Tyrone	26.2 RRC	NDB		506	144
145	0:38:34	JOHNSON, Chloe	26.2 RRC	NDB		505	145
146	0:38:36	EMERY, Jack	26.2 RRC	NDB		687	146
147	0:38:46	PRETORIUS, Ethan	The Stragglers	NDB		362	147
148	0:39:09	PRETORIUS, Carl	The Stragglers	Senior Men	44.64%	343	148
149	0:39:21	EMERY, David	26.2 RRC	NDB		686	149
150	0:39:33	WHITEMAN, Greg	26.2 RRC	NDB		527	150
151	0:39:33	PRETORIUS, Candice	The Stragglers	Vet Ladies 35-44	49.88%	365	151
152	0:39:34	PRETORIUS, Grace	The Stragglers	NDB		369	152
153	0:39:34	WATTERS, Gemma	26.2 RRC	NDB		547	153
154	0:39:35	NORIS, Julie	26.2 RRC	NDB		549	154

There were 154 finishers in the All Competitors category.



Cabbage Patch 4 - Boxing Day 2016

A record 102 entrants, together with several marshals and other helpers, enjoyed a bright and unseasonably warm Boxing Day and created a fabulous and enjoyable festive atmosphere both on the course and within the bar post-race.

Important assistance was provided by the following people who helped to make the event happen:-

- Stuart and the Cabbage Patch Team for Premises and Prizes.
- Simon Brazil - Course Route check and on the day course marking.
- Gemma Haworth for race entry duties and finish timing.
- Caitlin Limmer for race entry duties.
- Steve Brett and Duncan Gaskell for Lead bikes
- Malcolm Ellis, Frank Dupree, Paul and Leo Hutchings for Marshal Duties.
- John Taylor for Finish position number recording.
- Sue Cockle for Photos

We are also delighted to say that the event raised £154.00 (one hundred and fifty-four) which will be donated (subject to confirmation) to the Crossroads Care Charity which was the major beneficiary from the Wedding day 7k event earlier this year.

Below is a montage of some photos of the start and prizegiving.



Cabbage Patch 4 - Boxing Day 2016 results in full

Position	Number	Time	Name	Club	Category
1	762	22.27	Oliver Garner	The Stragglers	SM
2	753	22.54	Jonathon Ormerod	Unattached	SM
3	733	22.51	Crispen Allen	The Stragglers	VM40
4	735	24.09	Jim Desmond	The Stragglers	VM40
5	734	24.09	Kieron Desmond	The Stragglers	JM15
6	683	24.29	Thomas Haworth	London Heathside	SM
7	755	24.56	Nathan Cook	Unattached	SM
8	738	25.20	Dave Roberts	Unattached	VM40
9	720	25.37	Kevin Best	The Stragglers	VM60
10	742	25.49	Richie Thorpe	Thames Turbo Tri	SM
11	773	25.56	Roy Reeder	The Stragglers	VM50
12	776	25.57	Sam Hunton	Unattached	SM
13	691	26.09	Mark Pattinson	The Stragglers	VM50
14	731	26.23	Liz Killip	The Stragglers	VF55
15	707	26.29	Jonathon Dickenson	The Stragglers	VM50
16	695	26.50	Lewis Sampson	Unattached	SM
17	743	26.55	Wayne Hill	Unattached	SM
18	690	27.04	Tim Bowden	Unattached	VM40
19	711	27.05	Fraser Wigley	The Stragglers	VM50
20	721	27.06	Pam Whitter	The Stragglers	VF55
21	748	27.35	Jamie Cassidy	Unattached	VM40
22	769	27.44	Maddie Garner	The Stragglers	SF
23	681	27.49	Dave Fitzgibbon	The Stragglers	VM50
24	686	28.15	Phil Davies	The Stragglers	VM60
25	752	28.17	John Cadogan	Bearcats	VM40
26	682	28.21	Julie Haworth	The Stragglers	VF55
27	687	28.23	Arta Feldmane	Unattached	SF
28	774	28.29	Amelie Hunton	Ranelagh	SF
29	727	28.52	Richard Corr	Unattached	SM
30	779	29.09	Carys Mills	The Stragglers	VF45
31	744	29.28	Carl Pretorius	The Stragglers	SM
32	728	29.47	Chris Noble	Unattached	SM
33	737	30.22	George Hobday	Unattached	SM
34	701	30.24	Alex Wedderburn	Unattached	SM
35	718	30.33	Matt Aikin	Ranelagh	SM
36	736	30.43	Andrew Hobday	Unattached	VM60
37	781	30.47	Joe Papworth	The Stragglers	SM
38	729	30.55	Richard Patient	The Stragglers	VM40
39	710	30.56	Lynton Nicholson	The Stragglers	VM60
40	708	30.59	David Griffiths	The Stragglers	VM60
41	750	31.01	Andy Wingate	The Stragglers	VM40

42	766	31.02	Laura Howley	The Stragglers	JF15
43	767	31.11	Vince Howley	The Stragglers	VM50
44	719	31.16	Steven Aikin	Ranelagh	VM50
45	739	31.24	Ray Cackle	The Stragglers	VM60
46	765	31.28	Dan Morl	Shepperton RC	VM40
47	699	31.31	Peter Wedderburn	The Stragglers	VM60
48	709	31.50	Lindsey Day	The Stragglers	VF45
49	768	31.55	Richard Bamforth	Unattached	VM50
50	749	31.59	Louise Cassidy	Unattached	VF35
51	694	32.31	Helen Brett	The Stragglers	VF55
52	760	32.37	Julie Garner	The Stragglers	VF55
53	757	32.44	Tom Burke	The Stragglers	VM50
54	696	32.52	Gary Bridger	The Stragglers	VM50
55	713	33.36	Dafydd Jones	Unattached	SM
56	685	33.42	Micheal Trott	The Stragglers	VM60
57	775	33.45	Chris Hunton	Ranelagh	VM50
58	777	33.46	Sara Hunton	Unattached	SF
59	693	33.56	Penny Dimitriou	The Stragglers	VF55
60	759	33.57	Rosie Nance	Unattached	SF
61	758	33.58	Helen Nance	The Stragglers	VF55
62	770	34.04	Rod Hewson	Watford Joggers	VM70
63	703	34.19	Graham Mortimer	The Stragglers	VM70
64	763	34.22	Micheal Garner	The Stragglers	VM60
65	706	34.33	Ben Dickenson	Unattached	JM13
66	764	34.38	Kirsty Bangham	Unattached	VF35
67	684	35.10	Katherine Curtis Tyler	The Stragglers	VF45
68	782	35.10	Pedro Das Gupta	The Stragglers	VM50
69	771	35.21	Mike Tivenen	The Stragglers	VM60
70	780	35.26	Julie Papworth	The Stragglers	VF45
71	772	35.34	Denise Memtzov	Unattached	VF55
72	692	35.35	Helene Hill	The Stragglers	VF55
73	754	35.39	Sylvia Gittins	Lytham St Annes RC	VF65
74	712	35.45	Claire Wigley	Unattached	SF
75	756	35.49	Anna Calcagno	Unattached	SF
76	769	36.17	Liz Zass	The Stragglers	VF65
77	700	37.16	Victoria Wedderburn	Unattached	SF
78	732	37.29	Mary Hyde	The Stragglers	VF35
79	697	37.49	Chrissie Glew	The Stragglers	VF55
80	698	38.17	Olivia Wedderburn	Unattached	SF
81	715	38.30	Bert Kidwell	The Stragglers	VM60
82	705	38.33	Emma Dickenson	The Stragglers	JF19
83	704	38.34	Carol Dickenson	The Stragglers	VF45
84	740	38.48	Maddie Freyne	Thames Turbo Tri	JF19
85	751	38.49	Victoria Fuller	Unattached	VF45

86	745	41.03	Candice Pretorius	Unattached	VM40
87	746	41.03	Joanne Blond	Unattached	VF35
88	747	41.04	Alice Hill	Unattached	VF
89	778	42.14	David Papworth	The Stragglers	VM40
90	724	42.28	Lily Ann Thompson	The Stragglers	JF13
91	723	45.02	Angel Thompson	The Stragglers	JF17
92	741	45.35	Neil Freyne	Thames Turbo Tri	VM50
93	725	46.29	Isabella Thompson	The Stragglers	JF7
94	726	46.30	Caroline Thompson	The Stragglers	SF
95	689	46.31	Kim Jolly	Unattached	VF35
96	688	46.34	Nigel Coombes	Ranelagh	VM40
97	717	46.47	John Greaves	The Stragglers	VM50
98	716	46.48	Sarah Colclough	The Stragglers	VF45
99	722	46.56	Torre Thompson	Unattached	SM
100	702	47.01	Glynda Mortimer	Unattached	VF65
101	730	47.01	Mandy Astill	Unattached	VF45
102	714	52.47	Barbara Hill	Unattached	VF55



Future Races

Club cross-country priorities marked in bold. Club relay priorities also in bold. Club priority road races to be confirmed.

January

- Sat 7: Middlesex XC County Championships – Hillingdon (men and ladies)
- Sat 7: Surrey XC County Championships – Lloyd Park (men and ladies)
- Sun 8: Tadworth 10
- **Sat 14: Men's XC Surrey League race 3 – Cranford Park**
- **Sat 14: Ladies XC Surrey League race 3 – Lloyd Park, Croydon**
- Sat 28: Southern XC Championships – Parliament Hill

February

- Sun 5: Watford Half Marathon

- **Sat 11: Ladies XC Surrey League race 4 – Farthing Down, Coulsdon**
- **Sat 11: Men's Surrey League XC Race 4 – Lloyd Park**
- **Sun 12: Wokingham Half Marathon**
- **Sun 19: Hampton Court Half Marathon**
- **Sun 19: Middlesex Masters Cross-Country Championships - Berkeley Fields, Greenford**
- **Sat 25: National XC Championships – Wollatan Park, Nottingham**
- **Sun 26: Run the Streets Kingston Half Marathon**

March

- **Sat 4: Dysart Cup & Ellis XC Trophy - Richmond Park**

April

- **Sun 9 Brighton Marathon**
- **Sun 23 London Marathon**
- **Sun 30 Ranelagh Half-marathon**

May

- **Sat 20/Sun 21 Stragglers Green Belt Relay**

June

- **Dorking 10 miles**
- **Sat 10/Sun 11 Welsh Castles Relay**
- **Sun 18 Ranelagh Richmond 10K**

Social Dates

January

- **Sun 1: New Year's Day run – in previous years this has been at 12pm followed by a local pub, details tbc**
- **Fri 27: New Year Party – Hampton Hill Cricket Club**

