**Task 7: England Hockey Coach: Observation – Upload to Task 7**

Reflecting on the effectiveness of other coaches’ sessions supports personal development and continuous improvement. These are skills that are required to be an effective coach in hockey.

We encourage you to bserve the delivery of sessions by different coaches. If possible ensure that you observe 3 different topics from the list below that should all be covered as part of the course.

* Develop players understanding of carrying the ball to go forward.
* Develop players understanding of moving the ball to go forward.
* Develop players understanding of goal scoring.
* Develop players understanding of defensive skills on the move

Use the *Observations* sheet below to identify what were the strengths and area for improvement. Identify any areas which you could use to learn from and embed into your own practice going forward.

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| Coach Topic |  |
| Identify another coaches strengths and areas for improvement |  |
| Confirm aspects to embed into your own practice |  |