



## CODE OF CONDUCT FOR PARENTS / GUARDIANS

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgments.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Help support the Club by your own involvement in club activities.

Parents must be supportive of swimmers, praise and encourage their efforts, be positive. **DO NOT** dismiss their effort, it is very distressing for swimmers who have put their heart and soul into a swim to be given a 'thumbs down' from a parent on the balcony. Do not pressurise to be successful; everyone needs encouragement at all times.

Parents are expected to support a teacher/coach in their efforts. Any concerns should be expressed personally away from the poolside.

Teachers and Coaches will respect the human rights of all swimmers, uphold their worth and dignity. They undertake to work in an equitable manner without discrimination, treating all in the same way. They will set an example in developing a positive and enthusiastic atmosphere at all times. They will ensure that the teaching/coaching programme is appropriate for the age, ability and experience of the individual swimmer.