

SMRAC 2010 Mens Rankings to 15th Sept

100	11.63	Linus Field	U17	Richmond	02-May
	11.70	Mervyn Glover	U20	Reading	01-May
	11.70	Henock Mobanza	U17	Cambridge	10-Jul
	11.80	Joe Cumberbatch	U20	St Mary's	05-Jun
	11.80	Cyril O'Cansey	U17	Ealing	18-Jul
	11.80	Sam Yamuah	U20	Guildford	31-Jul
	11.90	Laurence Telesia	U20	Kingston	17-Apr
	12.00	Kyle Powell	U15	Ealing	18-Jul
	12.09	Nicholas Shekerdeman	U17	Barnet	08-May
	12.10	James Bell	U15	Perivale	18-Jul
	12.32	Ben Keville	U15	Barnet	09-May
	12.49	Eric Burke	U15	Kingston	08-May
	12.60	Neil Jennings	Sen	Cambridge	10-Jul
	12.70	Gary Palmer	M40	Battersea	07-Apr
	12.80	Tom Crossland	U20	Guildford	31-Jul
	12.82	Adam Richardson	Sen	Horsham	11-Sep
	12.90	Jay Cash	U20	St Mary's	05-Jun
	13.10	Chris James	M35	St Mary's	16-Jun
	13.20	Ralph Hyde	M40	Walton	19-May
	13.22	Paul Derrien	M35	Horspath	11-Sep
	13.29	Roshan Hansla	U15	Barnet	09-May
	13.51	Scott Rees	U15	Lee Valley	02-May
	13.71	Callum Sirker	U13	Lee Valley	02-May
	13.81	Dylan Rubini	U13	Lee Valley	02-May
	14.00	Harri Holmes-Davis	U13	Ealing	18-Jul
	14.70	Peter Robinson	M55	Eton	07-Jul
	15.42	Patrick Goffey	U13	Barnet	09-May
	16.00	Matthew Woodhall	U13	St Mary's	20-Jun
	16.80	Christian Jones	U13	St Mary's	20-Jun
200	23.34	Laurence Telesia	Sen	Kingston	17-Apr
	23.50	Cyril O'Cansey	U17	Ealing	18-Jul
	24.18	Nicholas Shekerdeman	U17	Barnet	08-May
	24.30	Henock Mobanza	U17	Wycombe	16-May
	24.40	Mervyn Glover	U20	St Mary's	05-Jun
	24.50	Joe Cumberbatch	U20	Eton	07-Jul
	24.50	Sam Yamuah	U20	Guildford	31-Jul
	24.70	Kyle Powell	U15	Ealing	18-Jul
	24.70	Ben Keville	U15	Ealing	18-Jul
	24.90	Jacques Ezzeldin	U17	St Mary's	20-Jun
	25.10	Grant Bridgman	U20	Guildford	31-Jul
	25.60	Jivendra Singh	U15	St Mary's	20-Jun
	25.64	Eric Burke	U15	Kingston	08-May
	25.70	Gary Palmer	M40	Kingston	05-May
	26.30	Ralph Hyde	M40	Walton	19-May
	26.80	Neil Jennings	Sen	Ewell	02-Jun
	27.10	Jay Cash	U20	St Mary's	05-Jun
	27.40	Adam Richardson	Sen	Perivale	15-May
	27.62	Scott Rees	U15	Barnet	09-May

	28.10	Ian Roberts	Sen	Reading	01-May
	28.40	Dylan Rubini	U13	Ealing	18-Jul
	28.90	Liam Noone	U13	Ealing	18-Jul
	30.06	Christian Jones	U13	Lee Valley	02-May
	30.80	Peter Robinson	M50	Kingston	05-May
	31.41	Patrick Goffey	U13	Barnet	09-May
400	52.60	Laurence Telesia	U20	Perivale	15-May
	53.60	Tim Haughian	Sen	Guildford	31-Jul
	54.20	Joe Cumberbatch	U20	Guildford	31-Jul
	55.40	Grant Bridgman	U20	Eton	07-Jul
	55.90	Jivendra Singh	U15	Wycombe	16-May
	57.70	Ed Smith	U17	Wycombe	16-May
	57.70	Harry McCulloch	Sen	Woking	26-Jun
	57.80	Jake Sibbick	U15	Ealing	18-Jul
	58.10	Gary Palmer	M40	Lee Valley	27-Mar
	58.20	Ralph Hyde	M40	Kingston	21-Jul
	58.40	Adam Villard	Sen	Cambridge	10-Jul
	60.10	Ollie Garner	U17	Wycombe	16-May
	60.60	Stephen Chapman	U20	Perivale	15-May
	61.30	Chris Brooks	Sen	Walton	19-May
	61.50	Roshan Hansla	U17	St Mary's	20-Jun
	62.55	Adam Richardson	Sen	Horsham	11-Sep
	63.07	Paul Derrien	M35	Horspath	11-Sep
	63.40	Jacques Ezzeldin	U17	St Mary's	20-Jun
	68.10	Marc Snaith	Sen	St Mary's	05-Jun
	68.50	Christian Morris	Sen	St Mary's	02-May
	68.70	Jon Winney	U15	Ealing	18-Jul
	69.60	Jonathan Mellinsky	M45	Cambridge	10-Jul
	89.80	Alex Gill	Sen	Reading	01-May
800	01:54.1	Ross Franks	Sen	Crystal Palace	13-Jun
	01:58.5	Tim Haughian	Sen	Watford	16-Jun
	01:58.1	Bradley Goater	U17	Watford	11-Aug
	02:03.0	Jivendra Singh	U15	Watford	11-Aug
	02:03.2	Ed Smith	U17	Watford	11-Aug
	02:06.1	Jack Killip	U17	Wycombe	16-May
	02:07.5	Adam Villard	Sen	St Mary's	05-Jun
	02:08.4	Harry McCulloch	Sen	Guildford	31-Jul
	02:09.0	Grant Bridgman	Sen	Walton	19-May
	02:09.8	Ollie Garner	U17	Kingston	08-May
	02:12.6	Eoin O'Brien	U17	St Mary's	16-Jun
	02:13.0	Ben Killip	U15	Wycombe	16-May
	02:14.3	Noel Stoddard	Sen	Perivale	15-May
	02:17.6	Jack Moran	U17	Kingston	05-May
	02:20.3	Jamie Finnigan	U15	Ealing	18-Jul
	02:25.5	Carl Moran	M45	Kingston	05-May
	02:26.7	Sebastian Bray	U15	St Mary's	20-Jun
	02:29.3	Jonathan Mellinsky	M45	Kingston	21-Jul
	02:32.7	Luke Meaden	U13	Ealing	18-Jul

	02:34.3	Patrick Goffey	U13	St Mary's	20-Jun
	02:34.4	Aaron Farr	U13	Wycombe	16-May
	02:36.9	Oliver Wood	U13	St Mary's	20-Jun
	02:44.1	Christian Morris	Sen	St Mary's	16-Jun
	03:03.9	Gary Moran	M45	Kingston	05-May
	03:13.5	Paul Derrien	M35	Cambridge	10-Jul
1500	03:56.7	Tim Haughian	Sen	Watford	30-Jun
	03:59.4	Bradley Goater	U17	Birmingham	10-Jul
	04:00.5	Ross Franks	U20	Twickenham	05-Jun
	04:06.9	Jack Killip	U17	Watford	30-Jun
	04:20.5	Ed Emith	U17	Watford	30-Jun
	04:22.9	Ollie Garner	U17	Crawley	19-May
	04:22.9	Adam Villard	Sen	Woking	26-Jun
	04:25.1	Marc Snaith	Sen	Kingston	05-May
	04:26.7	Eoin O'Brien	U17	Watford	30-Jun
	04:33.5	Jivendra Singh	U15	St Mary's	20-Jun
	04:33.7	Luke Penney	U15	St Mary's	16-Jun
	04:36.0	Jamie Finnigan	U15	Watford	30-Jun
	04:38.0	Alex Gill	Sen	Perivale	15-May
	04:39.7	Tom Daborn	U17	St Mary's	20-Jun
	04:41.2	Harry McCulloch	Sen	Kingston	21-Jul
	04:44.3	Will Storey	Sen	Ewell	02-Jun
	04:56.9	Aaron Farr	U13	Ealing	18-Jul
	05:02.7	Patrick Goffey	U13	Ealing	18-Jul
	05:04.2	Stewart Penny	M45	Kingston	05-May
	05:04.6	Luke Meaden	U13	St Mary's	20-Jun
	05:13.2	Gary Palmer	M40	Horspath	12-Sep
	05:18.3	Aedan O'Brien	U15	Wycombe	16-May
	05:20.6	Jonathan Mellinsky	M45	Kingston	21-Jul
	05:25.2	Jack Moran	U17	Kingston	05-May
	05:33.5	Jacques Hydes- Tissier	U15	Lee Valley	02-May
	05:43.0	Christian Morris	Sen	Kingston	05-May
	05:45.7	Adam Richardson	Sen	Horsham	12-Sep
	06:05.8	Paul Derrien	M35	Horspath	12-Sep
3000	08:46.6	Jack Killip	U17	Street	03-May
	08:47.8	Bradley Goater	U17	Street	03-May
	09:32.7	Marc Snaith	Sen	Ewell	02-Jun
	09:32.9	Eoin O'Brien	U17	Hendon	24-Jul
	09:37.8	Adam Villard	U20	St Mary's	16-Jun
	09:56.5	Jamie Finnigan	U15	Hendon	24-Jul
	09:59.9	Thomas Daborn	U17	Watford	16-Jun
	10:10.0	Alex Gill	Sen	Kingston	17-Apr
	10:11.8	Tom Daborn	U17	Wycombe	16-May
	10:49.4	Stephen Chapman	Sen	Kingston	05-May
	11:09.1	Stewart Penny	M45	Kingston	05-May
	11:12.8	Jonathan Mellinsky	M45	Eton	07-Jul
	11:15.1	Carl Moran	M45	Kingston	05-May
	12:12.1	Christian Morris	Sen	St Mary's	16-Jun

	12:19.7	Gary Moran	M45	Kingston	05-May
5000	17:12.4	Mark Gratton	Sen	Perivale	15-May
	17:13.7	Paul Graham	Sen	Reading	01-May
	17:43.7	Alex Gill	Sen	Reading	01-May
	18:57.1	Jonathan Mellinsky	M45	Guildford	31-Jul
	19:09.4	Jonathan Holmes	Sen	Woking	26-Jun
	21:37.4	Chris Brook	Sen	Cambridge	10-Jul
75mH	14.4	Liam Noone	U13	Ealing	18-Jul
	15.2	Matthew Woodhall	U13	Ealing	18-Jul
80mH	11.87	James Bell	U15	Kingson	12-Jun
	13.8	Roshan Hansla	U15	Ealing	18-Jul
100mH					
110mH	17.40	Sean Lee-Rice	U20	Cambridge	10-Jul
	20.20	Chris James	Sen	Cambridge	10-Jul
	20.43	Gary Palmer	M40	Horspath	12-Sep
	20.60	Neil Jennings	Sen	Guildford	31-Jul
	21.40	Adam Richardson	Sen	St Mary's	05-Jun
	22.11	Paul Derrien	M35	Horspath	12-Sep
400mH	64.00	Marc Snaith	Sen	St Mary's	05-Jun
	67.40	Chris Brook	Sen	Reading	01-May
	70.90	Neil Jennings	Sen	Cambridge	10-Jul
1500s/c	06:18.0	Ollie Garner	U17	Lee Valley	02-May
2000s/c	07:44.4	Chris Brook	Sen	St Mary's	16-Jun
	08:30.8	Neil Jennings	Sen	Walton	19-May
3000s/c	10:37.2	Marc Snaith	Sen	Reading	01-May
	10:46.8	Grant Bridgman	U20	Woking	26-Jun
	12:12.0	Chris Brook	Sen	Woking	26-Jun
	13:13.4	Alex Gill	Sen	Guildford	31-Jul
	13:50.6	Neil Jennings	Sen	Cambridge	10-Jul
4*100	46.7	Glover, James, Mobanza, Cumberbatch	Sen	Woking	26-Jun
	46.9	Shekerdemian, Mobanza, Ezzeldin, Field	U17	St Mary's	20-Jun
	47.7	Ezzeldin, Mobanza, James, Lee-Rice	Sen	Cambridge	10-Jul
	47.9	Cumberbatch, Lee-Rice, Cash, Glover	Sen	St Mary's	05-Jun
	48.4	Glover, James, Mobanza, Roberts	Sen	Reading	01-May
	48.4	Burke, Powell, Keville, Bell	U15	St Mary's	20-Jun
	48.6	Smith, Ezzeldin, Shekerdemian, O'Cansey	U17	Ealing	18-Jul
	48.8	Telesia, Jennings, Chapman, Lee-Rice	Sen	Perivale	15-May
	49.3	Hansla, Powell, Keville, Bell	U15	Ealing	18-Jul
	49.68	Garner, Ezzeldin, Field, Monbanza	U17	Lee Valley	02-May
	50.1	?, Monbanza, Ezzeldin, Field	U17	Wycombe	16-May

	51.61	Keville, Rees, Hansla, Bell	U15	Lee Valley	02-May
	52.5	Hansla, Burke, Rees, Keville	U15	Wycombe	16-May
	56.4	Woodhall, Holmes-Davis, Noone, Rubini	U13	Ealing	18-Jul
	57.4	Noone, Jones, Woodhall, Rubini	U13	St Mary's	20-Jun
4*200	01:47.6	Bridgman, Derrien, Jennings, Villard	Sen	St Mary's	16-Jun
	01:48.7		Sen	Kingston	05-May
4*400	03:37.4	Haughian, Brook, Franks, Telesia	Sen	Perivale	15-May
	03:41.9	Haughian, McCulloch, Franks, Smith	Sen	St Mary's	05-Jun
	03:42.9	Haughian, Villard, McCulloch, Cumberbatch	Sen	Woking	26-Jun
	03:54.1	Garner, O'Brien, Daborn, Smith	U17	St Mary's	20-Jun
	03:55.4	Garner, Daborn, Killip, Goater	U17	Wycombe	16-May
	04:06.0	Finnigan, Sibbick, Winney, Singh	U15	St Mary's	20-Jun
	04:09.4	Sibbick, Singh, Killip O'Brien	U15	Wycombe	16-May
	04:14.9	Derrien, Mellinsky, James, Goater	Sen	Cambridge	10-Jul
	04:16.0	Sibbick, Winney, Powell, Finnigan	U15	Ealing	18-Jul
	04:50.0	Winney, Sibbick, Finnigan, Hydes-Tissier	U15	Lee Valley	02-May
HJ	1.96	Mervyn Glover	U20	Woking	26-Jun
	1.85	Chris James	M35	Eton	07-Jul
	1.82	Jacques Ezzeldin	U17	Perivale	18-Jul
	1.75	Sean Lee-Rice	U20	Perivale	15-May
	1.63	Gary Palmer	M40	Battersea	29-Aug
	1.60	Roshan Hansla	U15	St Mary's	20-Jun
	1.59	Paul Derrien	M35	Horspath	11-Sep
	1.55	Jon Winney	U15	Ealing	18-Jul
	1.51	Adam Richardson	Sen	Horsham	11-Sep
	1.40	Jake Sibbick	U15	Lee Valley	02-May
	1.40	Peter Robinson	M55	Eton	07-Jul
	1.30	Prakash Lee	U13	Ealing	18-Jul
	1.25	Arcie Dupree	U13	Wycombe	16-May
	1.20	Luke Meaden	U13	Ealing	18-Jul
	1.15	Liam Noone	U13	Wycombe	16-May
PV	2.80	Chris James	M35	Reading	01-May
	2.60	Paul Derrien	M35	St Mary's	05-Jun
	2.50	Peter Robinson	M55	Kingston	05-May
	2.50	Jon Winney	U15	Lee Valley	02-May
	2.50	Adam Richardson	Sen	Horsham	12-Sep
	2.20	Jake Sibbick	U15	Lee Valley	02-May
	2.20	Neil Jennings	Sen	Ewell	02-Jun
	1.70	Gary Palmer	M40	Horspath	12-Sep
LJ	6.19	Sean Lee-Rice	U20	Cambridge	10-Jul
	5.94	Linus Field	U17	St Mary's	20-Jun
	5.86	Chris James	M35	Cambridge	10-Jul
	5.72	Henock Mobanza	U17	Reading	01-May
	5.60	James Bell	U15	Ealing	18-Jul
	5.22	Paul Derrien	M35	St Mary's	05-Jun

	5.19	Adam Richardson	Sen	Kingston	21-Jul
	5.17	Ben Keville	U15	Ealing	18-Jul
	5.01	Sam Yamuah	U20	Guildford	31-Jul
	4.98	Gary Palmer	M40	Horspath	11-Sep
	4.48	Ben Killip	U15	Wycombe	16-May
	4.33	Harry Holmes-Davis	U13	Ealing	18-Jul
	4.22	Peter Robinson	M55	Woking	07-Jul
	4.18	Nicholas Shekerdeman	U17	Barnet	08-May
	3.91	Prakash Lee	U13	St Mary's	20-Jun
	3.81	Arcie Depree	U13	Wycombe	16-May
	3.51	Prekash Lee	U13	Ealing	18-Jul
TJ	11.83	Chris James	M35	Woking	26-Jun
	11.69	Sean Lee-Rice	U20	Cambridge	20-Jul
	11.56	Joe Cumberbatch	U20	St Mary's	05-Jun
	11.54	Cyril O'Cansey	U17	Ealing	18-Jul
	10.72	Jacques Ezzeldin	U17	Ealing	18-Jul
	10.70	Grant Bridgman	U20	Guildford	31-Jul
	10.49	Adam Richardson	Sen	Perivale	15-May
	10.39	Jon Winney	U15	Richmond	30-Jun
	9.57	Paul Derrien	M35	Reading	01-May
SP	12.15	Paul Derrien	M35	Woking	26-Jun
	12.14	Adam Richardson	Sen	Cambridge	10-Jul
	10.30	Neil Jennings	Sen	Perivale	15-May
	8.82	Roshan Hansla (4kg)	U15	Ealing	18-Jul
	8.06	Gary Palmer	M40	Horspath	14-Aug
	7.93	Arcie Dupree (3kg)	U13	St Mary's	20-Jun
	7.68	Peter Robinson (6kg)	M55	Perivale	15-May
	6.49	Bob Sly (4kg)	M70	St Mary's	16-Jun
	6.11	Matthew Woodhall (3kg)	U13	Wycombe	16-May
	5.82	Ollie Garner (5kg)	U17	St Mary's	20-Jun
	5.22	Aedan O'Brien (4kg)	U15	Wycombe	16-May
	4.92	Prikash Lee (3kg)	U13	Lee Valley	02-May
	4.56	Scott Rees (4kg)	U15	Lee Valley	02-May
DT	39.07	Paul Derrien	M35	Portsmouth	09-May
	37.62	Adam Richardson	Sen	Cambridge	10-Jul
	29.41	Neil Jennings	Sen	Ewell	02-Jun
	29.31	John Curtin (1kg)	M65	Eton	07-Jul
	24.03	Roshan Hansla (1kg)	U15	Barnet	09-May
	25.22	Peter Robinson (1.5kg)	M55	Eton	07-Jul
	19.50	Gary Palmer	M40	Horspath	12-Sep
	15.77	Bob Sly (1kg)	M70	Ewell	02-Jun
HT	47.39	Paul Derrien	M35	Cambridge	10-Jul
	39.12	Neil Jennings	Sen	Kingston	17-Apr
	38.13	Adam Richardson	Sen	Kingston	17-Apr
	23.73	Bob Sly (4kg)	M70	Ewell	02-Jun
	14.85	Gary Palmer	M40	Perivale	14-Aug

	5.32	Ollie Garner (5kg)	U17	Wycombe	16-May
JT	50.98	Grant Bridgman	U20	Woking	26-Jun
	43.94	Sean Lee-Rice	U20	Guildford	31-Jul
	42.56	Neil Jennings	Sen	St Mary's	16-Jun
	42.22	Paul Derrien	M35	St Mary's	05-Jun
	36.05	Linus Field (700g)	U17	St Mary's	20-Jun
	33.32	Adam Richardson	Sen	Kingston	17-Apr
	29.08	Jon Winney (700g)	U15	Ealing	18-Jul
	27.18	Gary Palmer	M40	Kingston	21-Jul
	23.73	Peter Robinson (700g)	M55	St Mary's	16-Jun
	17.30	Ben Killip (700g)	U15	Wycombe	16-May
Decathlon	4196*	Gary Palmer	M40	Horspath	11th-12th Sept
	4054*	Paul Derrien	M35	Horspath	11th-12th Sept
	3823	Adam Richardson	Sen	Horsham	11th-12th Sept

* includes age grade adjustment

Shot put, discus, javelin and hammer weights are all senior men level unless stated otherwise
If there are any omissions please contact Neil Jennings via the contact us page