

# smrac women's all-time lists

(TAC/R&TAC/SMRAC)

Last updated 31st October 2017

<b>100m</b>			<b>High Jump</b>		
11.8	Joanne Gardiner	1977	1.72	Ella Widdop-Gray	2013
12.0	Jo White	2008	1.70	Alison Adams	1989
12.5	Susan Palmer	1995	1.65	Jimenez Joseph	1995
12.6	Korane Idarousse	2007	1.63	Caroline Parmenter	2016
12.75	Celia Quansah	2010	1.60	Beatrice Collier	1991
12.76	Katy Barber	2015	1.60	Hannah Potter	1993
12.8	Jimenez Joseph	1991	1.60	Tulsi Hansla	2008
12.8	Daniella Lampe	2017	1.58	Celia Quansah	2010
13.0	Anna Richardson	2010	1.56	Christina Pagel	1990
13.1	Kirsty Brignall	1993	1.56	Anna Marshall	2012
13.1	Natalie Wright	1994			
<b>200m</b>			<b>Pole Vault</b>		
24.11	Jo White	2013	2.40	Alice Newbould	2014
25.1	Joanne Gardiner	1977	2.20	Celia Quansah	2009
25.2	Susan Palmer	1992	2.20	Jessica Reifer	2010
25.7	Korane Idarousse	2007	2.10	Liz Kipling	2000
26.4	Anna Richardson	2010	2.10	Jessica Lawrence	2015
26.5	Katy Barber	2015	1.90	Charlotte Bearn	2006
26.6	Jimenez Joseph	1998	1.90	Phoebe Stayt	2011
26.9	Sally Hedges	1974	1.90	Jessica Lawrence	2014
26.9	Natalie Wright	1994	1.80	Hattie Bertenshaw	1996
26.93	Celia Quansah	2010	1.80	Hannah Rogers	2009
			1.80	Annabel Sams	2010
			1.80	Emma Bevan	2011
			1.80	Molly Chesney	2014
			1.80	Ciara Chilvers	2015
<b>400m</b>			<b>Long Jump</b>		
57.40	Jo White	2009	5.73	Ann Crump	1974
57.9	Susan Palmer	1992	5.68	Caroline Neal	197?
60.1	Beccy Culverwell	2009	5.65	Joanne Gardiner	1977
60.5	Kirsty Brignall	1996	5.43	Celia Quansah	2010
61.3	Jessica Reifer	2009	5.28	Natalie Wright	1997
61.7	Janice Deller	1984	5.24	Jo White	2005
61.9	Kate Brook	2010	5.23	Korane Idarousse	2007
62.5	Clare King	1998	5.20	Jimenez Joseph	1995
62.6	Debbie Stillman	1990	5.01	Kate Brook	2010
62.7	Kathy Fulcher	1990	4.95	Cathy Fulcher	1990
<b>800m</b>			<b>Triple Jump</b>		
02:17.58	Liz Kipling	2010	11.05	Natalie Wright	1998
02:17.6	Clare King	1998	10.62	Ella Widdop-Gray	2013
02:18.0	Rebecca Taylor	2009	10.51	Tulsi Hansla	2009
02:19.8	Molly Riglin	2010	10.40	Kate Brook	2010
02:20.09	Ella Fryer	2017	9.88	Kirsty Brignall	1994
02:20.65	Kate Brown	2009			
02:21.3	Debbie Stillman	1989			
02:21.33	Jessica Reifer	2009			



