



SPRING OPEN / CLUB TRIALS

ABERDEEN SPORTS VILLAGE

SUNDAY 8th APRIL 2018



Entry fee - £3 per event or £6 for any number of events

Track

1.00 pm	70H	U-13 Girls
	75H	U-15 Girls
	75H	U-13 Boys
	80H	U-17 Women
	80H	U-15 Boys
	100H	Women
	100H	U-17 Men
	110H	U-20 Men/Men
1.45 pm	1500m	U-17 Men/Men
	1500m	U-17 Women/Women
2.00pm	100m	U-11 Boys
	100m	U-11 Girls
	100m	U-13 Boys
	100m	U-13 Girls
2.40 pm	200m	U-15 Boys
	200m	U-15 Girls
	200m	U-17 Women
	200m	U-17 Men
	200m	Women
	200m	Men
3.30 pm	800m	U-13 Boys
	800m	U-13 Girls
	800m	U-15 Girls
	800m	U-11 Girls
	800m	U-11 Boys
	800m	U-15 Boys

Field

1.00 pm	Javelin	U-17 Men/Men
	Long Jump	U-11 Girls/U-11 Boys
1.20 pm	High Jump	U-13 Girls
	Long Jump	U-15 Girls
2.00 pm	Shot Put	U-15 Boys
	Javelin	U-17 Women/Women
	Long Jump	U-17 Men/Men
2.40 pm	Shot Put	U-11 Girls/U-11 Boys
	Long Jump	U-13 Boys
3.10 pm	Shot Put	U-15 Girls
	High Jump	U-15 Boys
3.40 pm	Long Jump	U-17 Women/Women
3.55 pm	Shot Put	U-13 Girls
	Javelin	U-13 Boys

Notes:

- 1) Women' includes U-20 Women; 'Men' includes U-20 Men
- 2) U11 to U17 athletes can only compete in a maximum of 3 events.
- 3) Athletes must register at least 60 min prior to their first event. Numbers will be issued.
- 4) Athletes are reminded that they must be ready to **compete** at the time stated.
All their warm ups/practice must be completed prior to that time.
- 5) Field events: Throws and long jump will be limited to 3 trials for junior athletes, and 4 trials for senior athletes. If time permits, and at the discretion of the Field Referee, the number of trials may be increased.