

Lakeside 5k Series



**ALEXANDRA
SPORTS**

The 2018 Lakeside 5k Series

Jointly organised by City of Portsmouth A.C. & Havant A.C.
and supported by ASICS, Acacia Active & Athletic Events,

All races start at 7.15pm

The series comprises of:

5 evening races ~ Wednesdays 25 April, 23 May, 27 June, 25 July, 29 Aug

The Inter-Club Challenge

Prizes will be awarded to the top 8 clubs based on:

- Each finisher receiving 1 point.
- The top 10 male and female finishers receive bonus points based on 10 points for the first finisher descending by 1 point.
- The Inter-Club Challenge is based on all 5 evening races

In the event of a tie the club providing the greater number of finishers will be awarded the higher prize. If a tie still exists, the team with the higher bonus points will be awarded the higher prize.

Individual Series Competition

The series winners are based the best three performances in the series based on finishing position within the age group.

In the event of a tie, the highest placing(s) in the series is taken into account. If there is still a tie, the best time achieved in the series is taken into account. If still a tie, the prize is shared.

Categories are based on the competitor's age on the day of the first race.

Awards will be in the following categories:

1st 3 Overall +

U13, U15, U17, U20, V40, V45, V50, V55, V60, V65, V70, V75 & V80

The prizes for 1st, 2nd & 3rd are irrespective of age category

Individual Race Awards

Awards will be made to the first 3 finishers in each of the 5 evening races, irrespective of age category.

The 2018 Lakeside 5k series will be supporting the following charities:

