

## CODE OF CONDUCT

**Club Name** \_\_\_\_\_ University of Plymouth Ladies Hockey Club \_\_\_\_\_

This document informs members of the above club of the requirements for safe participation in their activity. Please read it carefully.

**University of Plymouth Student Union (UPSU) does not condone any activities outside the remit of this Code of Conduct and encourages individuals, in the interests of their personal safety, not to participate in activities not covered by this document.**

### **General:**

- All members must be aware of and comply the UPSU Constitution and its Policies and Procedures, all of which can be obtained from the Sports Development Department
- All members must respect the rights, dignity and worth of all other club members regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity

### **Committee**

- Ensure the duty of care to their members within all activities undertaken by the club whilst working within the H&S Guidelines of UPSU and the University.
- Act in accordance with the principles of UPSU Equal Opportunities Policy and not discriminate on any grounds.
- Make a commitment to providing a quality service to their members.
- Promote and facilitate the activities and interests of the club rather than their own.
- Act professionally and responsibility in all matters regarding their club and UPSU.
- Committee members will hold themselves and fellow members accountable in embodying the core values of UPLHC set out by this code of conduct and in accordance with the standards set by UPSU.

### **Training:**

- Ensure all players on the pitch are wearing all appropriate safety equipment.
- All the equipment is correctly and safely worn
- Ensure that one first aider is present at the pitch at all times.
- The minimum standard for synthetic pitches, as laid down by the FIH, should be adhered to at all times, as should the minimum levels of floodlighting. Surface hazards such as frost, snow, flooding and inadequate watering of synthetic should also be given due consideration as they can result in dangerous play.

### **Affiliations:**

- England Hockey, Bisham Abbey NSC, Bisham, Marlow, Buckinghamshire SL7 1RR
- Phone: 01628 897500
- Fax: 01628 897544
- Email: [info@englandhockey.co.uk](mailto:info@englandhockey.co.uk) Twitter: [@EnglandHockey](https://twitter.com/EnglandHockey)
- Devon Hockey league affiliation.

### **National Governing Body Code of Practice:**

- <http://www.englishockey.co.uk/page.asp?section=613&sectionTitle=Policies>

### **Coaching:**

- Club sessions will be run by members of the Men's hockey club.
- All members must follow the instructions of the coach during training sessions
- Copies of Coaches/Instructor qualifications and insurance must be given to the Sports Development Department and updated annually, along with a copy of the Self Employed Instructors Agreement

### **Equipment:**

- Advised to wear warm clothing- shinpads and mouthguard are essential. Stick is essential. For defenders- facemasks are essential. Full goalie kit is essential for a GK- kickers, legs, shorts, chest guard, shoulder and elbow pads. Hand guards. Helmet.
- Personal kit is checked by individual- inc. goalie kits- which are dealt to the GK's.
- Equipment should be used under the supervision of the coach or most senior member of the club present
- Members may use their own equipment if they can satisfy the Coach, Club Health and Safety Officer or Club Chair that the requisite safety checks have been carried out and if applicable, that they have adequate insurance for this equipment. Any refusal to meet the requirements of this procedure may result in disciplinary action.
- If the Coach, Health and Safety Officer or Chair is not satisfied that the equipment has been adequately checked they will prevent the usage of this equipment by any member of the Club.

### **Facilities:**

- Members are required to abide by the rules and regulations set down by the UPSU and Plymouth University when using its facilities
- Members are required to abide by the rules and regulations of each and any operator of any external facilities used by the Club
- Members should leave the facilities in the condition that they found them in as far as is reasonably practicable
- Copies of NOPS and EAPS for each facility are available from the Sports Development Department

### **Health and Safety Responsibilities:**

- The Club Health and Safety Officer is responsible for Health & Safety within the club
- A qualified First Aider must be present at all clubs activities
- The Club's risk assessment of the hazards involved in their activity and be found on its website at [www.upsu.com](http://www.upsu.com) . It is the responsibility of the Club's Health and Safety Officer to ensure the Risk Assessment is reviewed annually.
- Each individual member should ensure they familiarize themselves with the risks inherent in the activity and should take every recognized precaution to avoid risk to themselves and others, as detailed in the club's risk assessment, which is available at [www.upsu.com](http://www.upsu.com)
- The Health and Safety Officer must have attended the Students' Union's Safety Training.
- The Club Coach can act as an advisor in respect of assessing risks and should be consulted in this respect.

### **First Aid/ Accident Reporting:**

- Any injuries/incidents or near misses whether at training, during matches/events home or away must be reported to the Sports Club Co-ordinator in the Sports Development Department
- First Aid kits should be accessible at all club events. First Aid Kits can be obtained from the Sports Development Department

### **Social Activity:**

- Club members are reminded that when participating in Club's social activities they are representing the UPSU and Plymouth University.
- Behavior deemed to be unacceptable by either UPSU or the University may result in disciplinary action taken against individuals or the Club as a whole. Copies of UPSU Disciplinary Procedures can be found online at [www.upsu.com](http://www.upsu.com)
- The clubs aim is that every member has an enjoyable time and that no pressure be placed on any member to do anything they may not enjoy.
- The members of the club committee are responsible for the welfare of all club members and will take necessary measures to ensure that an adequate level of safety is maintained.
- It is each individual's choice if they attend club socials. Non attendance will not be a barrier to full participation in other club activities.
- A zero tolerance stance will be taken on peer pressure
- Any misconduct during club socials from any member i.e. pressuring others, abusive language, bullying etc. will be dealt with severely by the committee. Possible outcomes could include social or match bans.
- members feedback will be collected throughout the year to ensure the club provides a range of socials opportunities for all club members
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### **Club Specific**

- All members of the club must have paid their full 'playing' or 'social' annual subscription fee and must hold a valid sports card.
- All club members should have signed a form, stating that they have read and understood this code of conduct and agree to abide by its contents.
- Members must regularly look at the UPLHC club notice board on the club website and their individual email accounts for news of forthcoming events and fixture details. These are the primary sources of communication between the club and its members.
- All competitive matches should be officiated by umpires with the relevant level of qualification for the respective standard of competition.
- No player shall act in any way as to bring the team, club or university into disrepute, and all players shall give due respect, courtesy and consideration to umpires and opposition alike.
- All members will respect umpires at all times in accordance with the rules and regulations set out by Devon Hockey. Lack of respect will be disciplined with match bans where necessary.
- All match fees and other costs shall be paid promptly to the team captains/treasurer.
- All major club decisions shall be made by the committee and voted on democratically.