



Portsmouth Throws Festival 2018

The Mountbatten Centre, Portsmouth

16th September 2018 first events 9.30am last events 4.30pm

This prestigious event is being hosted by City of Portsmouth AC. Showcasing some of the very best Shot Put, Javelin, Discus and Hammer Throwers by age group in the UK

Supported by Alexander Sports, this is the opportunity to see the UK's stars of today and tomorrow.

Families and friends are welcome to watch. Complimentary goodies for all entrants and awards for age group winners up to and including U20.

Coaching and Drills

Through the day there will be the opportunity to discuss and participate in a number of coaching and drills sessions offered by some excellent coaches.

Previous coaches have included Judy Oakes, Bronwin Carter, Paul Rees, Bob Willows and Dave Callaway

Contact :

If you are an aspiring thrower and would like to take part or you have further questions please contact Andrew Vincent on andrew@m4-management.co.uk

This will be on a first come first served basis.

Please ensure you enter with Andrew Vincent before making payment, to ensure availability of spaces

One event £12.00, 2 events £15.00 3 events £18.00

Food and Refreshments available all day.

There will be an Official Photographer, Press and our own on site roving reporter!

