

LANSDOWN HOCKEY CLUB



Safety Procedures Guidelines for Dealing with an Incident/Accident

- Stay calm but act swiftly and observe the situation. Be aware of the situation, so as not to cause any further injury or danger.
- If necessary, evacuate the pitch in a calm and controlled manner and proceed to the school car park outside reception
- If there is an injury, listen to what the injured person is saying
- Alert the First Aider who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services. A phone is available in the school reception and mobile phones are available pitch side
- Ensure that the rest of the group is adequately supervised
- Do not move someone with major injuries unless they are in serious danger of further injury. Wait for the emergency services
- Contact the injured person's parent/guardian/next of kin. All Captains have access to the MemberMojo Site, which holds all players details, the following committee members are also available to contact, Ian Matthews (Chairman) 0781 494 9961 available, Sara Thompson (Youth Coordinator) 07972 175 542 or Paul Bickell (Club Secretary) 07554 950 128.
- Complete an incident/accident report form for adults and return to Paul Bickell (Club Secretary) 07554 950 128
- Complete the incident/accident book for juniors during training. Youth Co-ordinator to coordinate.

Please note:

- First Aid kits are supplied to each team and coach at the club and will be at pitch side
- Captains/coaches to ensure first aid kit is always kept up to date and replace items as and when required.