Telford and Wrekin Hockey Club - Youth Development Plan

To offer all youngsters the opportunity to reach their full potential as a hockey player.

**Aim 1** To develop the technical, tactical, physical and mental skills of the players within the age groups:

1.1 Tactical

To develop the tactical awareness of the players through regular exposure to different tactical situations within a game situation.

* + 1. Tactical Development

Expose the players to different tactical situations:

Game scenarios: Outletting/Pressing/Formations/Attacking Principles/Defending Principles appropriate to their age and development

1.2 Technical

To develop the player’s technical skills needed to perform successfully in any game situation

1.2.1 The player’s to follow a core skill programme designed to develop the necessary skills for them to perform at any level.

1.3 Physical

To improve the players physical ability.

1.3.1 To develop a guided programme of strength and conditioning commensurate with their age and physical maturity.

1.4 Mental

To provide adequate decision making opportunities through game play to develop a positive mental attitude and toughness

1.4.1 Expose the players in training situations to scenarios where they have to make decisions influencing all outcomes within the game and dealing with the implications of those decisions.

**Aim 2** To offer competitive opportunities to all players:

2.1 To enter England Hockey competitions at all available age groups both indoors and outdoors.

2.1.1 To enter England Hockey Indoor and Outdoor Competitions as appropriate

2.2 To arrange suitable fixtures with other clubs throughout the season, to supplement club adult league matches and provide adequate opportunity to compete with their peers.

2.2.1 Produce a structured fixture list to expose the players to regular peer group competition not just as preparation for cup competitions.

2.3 To arrange suitable ‘in house’ competition to allow further game play opportunity development.

**Aim 3** To provide suitable coaching and management support to the players in all squads:

3.1 Appoint a Youth Development committee to oversee this Development Plan.

 3.1.1 A committee with a Chair, Secretary and other members as deemed necessary to continual monitor and evaluate the Development Plan and Programme

3.2 Appoint the necessary coaches and managers to support the age group in achieving Aims 1 & 2

3.2.1 The committee to appoint a coaching team to plan and deliver the necessary sessions and prepare/support the squads in their competitions.

3.2.2 The committee to appoint managers/administrators to support the coaches and the squad with the necessary administration.

It is envisaged that this Development Plan would be part of the overall coaching and development structure for the club.