

2018 Lakeside 5k Race 5

Race Date

August 29, 2018

V

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Time</u>	<u>Cat Place</u>
1	Lachlan Wellington	City of Portsmouth A.C.	160	15:18	1 U17M
2	Jacob O'Hara	City of Portsmouth A.C.	111	15:38	1 U20M
3	James Baker	Chichester Runners & A.C.	3	15:41	1 VM40
4	Daniel Baker	Southampton A.C.	101	15:52	1 SM
5	Matthieu Marshall	Southampton A.C.	109	15:53	2 SM
6	Mike Houston	Chichester Runners & A.C.	172	15:56	3 SM
7	Callum Crook	City of Portsmouth A.C.	66	15:58	2 U17M
8	Chris Bird	Chichester Runners & A.C.	138	16:07	4 SM
9	Matt Risdén	Hedge End Running Club	71	16:11	5 SM
10	Brad Hammond	Guildford & Godalming A.C.	174	16:14	6 SM
11	Timothy Anetts	Hardley Runners	68	16:17	7 SM
12	David Fry	Unattached	200	16:26	8 SM
13	Ben Brown	Southampton A.C.	52	16:29	1 U15B
14	Tom Cully	Southampton A.C.	14	16:29	9 SM
15	Alex Garrod	Southampton Tri Club	202	16:45	10 SM
16	Rob Arkell	Stubbington Green R & A.C.	199	16:48	11 SM
17	Adam Soley	Tipton Harriers	177	16:50	12 SM
18	Aaron Froukhians	Totton R.C.	190	16:58	13 SM
19	Ben Coward	Unattached	186	17:06	14 SM
20	John Peters	Maldwyn Harriers	129	17:08	2 VM40
21	Michael Rix	Fittleworth Flyers	37	17:11	1 VM45
22	Peter Merritt	Southampton A.C.	89	17:13	15 SM
23	Adam Kimber	City of Portsmouth A.C.	51	17:14	2 U20M
24	James Grove	Hedge End Running Club	175	17:19	16 SM
25	Adam O'hara	City of Portsmouth A.C.	189	17:20	3 VM40
26	Kevin Martin	Hedge End Running Club	121	17:23	17 SM
27	Craig Hardwick	Unattached	86	17:25	18 SM
28	Rich McAleer	Eastleigh Running Club	117	17:36	19 SM
29	Daniel Cripps	City of Portsmouth A.C.	13	17:41	3 U17M
30	Phil Jelly	Unattached	187	17:55	20 SM
31	Peter Collins	Portsmouth Joggers	58	17:56	4 VM40
32	Jake Steer	Unattached	195	17:58	21 SM
33	Jordan Winbourne	Hedge End Running Club	49	17:59	22 SM
34	Ryan Whatling	City of Portsmouth A.C.	59	18:03	23 SM
35	Emma Jolley	City of Portsmouth A.C.	313	18:04	1 SW
36	Sarah Kingston	Southampton A.C.	314	18:08	2 SW
37	Iszy Hinkley	Southampton A.C.	342	18:10	1 U15G
38	Jamie Foster	Itchen Spitfires Running Club	192	18:14	24 SM
39	Henry Penfold	Hedge End Running Club	34	18:23	25 SM
40	Richard Murphy	Unattached	196	18:30	26 SM
41	Emma Montiel	City of Portsmouth A.C.	327	18:33	1 VW40
42	Jason Snow	Chichester Runners & A.C.	191	18:35	5 VM40
43	Stephen Davy	Chichester Runners & A.C.	16	18:40	2 VM45
44	George Sutherland	Denmead Striders	88	18:43	27 SM
45	Martin Williams	City of Portsmouth A.C.	47	18:44	1 VM55
46	Mark Hargreaves	City of Portsmouth A.C.	100	18:50	1 VM60
47	Stephen Williams	Itchen Spitfires Running Club	181	18:56	28 SM

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48	Russell Burton	Basingstoke & Mid Hants A.C.	7	18:59	2 VM60
49	William Campbell	City of Portsmouth A.C.	158	19:04	2 U15B
50	Bradley Whitlock	City of Portsmouth A.C.	131	19:05	1 U13 B
51	Annie Mann	Southampton A.C.	337	19:05	1 U13G
52	Abigail Fudge	Windle Valley Runners	376	19:11	3 SW
53	Jonathan Bean	Southampton A.C.	157	19:12	29 SM
54	Holly Wilkinson	City of Portsmouth A.C.	325	19:13	2 U15G
55	Kelly Hewitson	Southampton A.C.	383	19:18	4 SW
56	Chris Puzey	Itchen Spitfires Running Club	180	19:24	30 SM
57	Callum Millard	City of Portsmouth A.C.	136	19:30	3 U15B
58	Keith Akerman	Chichester Runners & A.C.	1	19:31	3 VM45
59	James Knockton		198	19:33	4 U15B
60	Katie Simister	City of Portsmouth A.C.	320	19:36	1 U20W
61	Karla Borland	Southampton A.C.	384	19:37	5 SW
62	David Milton	Lordshill Road Runners	33	19:39	31 SM
63	Adam Ruddy	Itchen Spitfires Running Club	93	19:44	32 SM
64	Alastair Knockton	Unattached	197	19:45	1 VM50
65	Rebecca Turton	Bracknell A.C.	382	19:47	6 SW
66	Ryan Hawkins	City of Portsmouth A.C.	69	19:48	2 U13 B
67	Jane Harrop	Chichester Runners & A.C.	312	19:48	1 VW55
68	Ruth Jones	Aldershot Farnham & District A.C.	381	19:56	7 SW
69	Paul Fensome	Lordshill Road Runners	185	19:58	2 VM55
70	Hannah Polden	Southampton A.C.	373	19:59	2 U20W
71	Steven Wooldridge	Portsmouth Joggers	113	20:00	3 VM55
72	John McKenzie	Hedge End Running Club	30	20:00	3 VM60
73	Daisy Wilkinson	City of Portsmouth A.C.	324	20:06	2 U13G
74	Don Powell	Basingstoke & Mid Hants A.C.	183	20:09	1 VM65
75	Jensen Howard	City of Portsmouth A.C.	72	20:24	5 U15B
76	Adrian Wilkinson	City of Portsmouth A.C.	154	20:24	33 SM
77	Jon Leigh	Stubbington Green R & A.C.	184	20:26	4 VM55
78	Brian Jones	Eastleigh Running Club	24	20:28	5 VM55
79	Max Maxwell	Hedge End Running Club	94	20:33	2 VM50
80	Chris Brooks	Hedge End Running Club	179	20:36	6 VM40
81	David Keates	Itchen Spitfires Running Club	78	20:40	6 VM55
82	Lucy May	Stubbington Green R & A.C.	315	20:42	8 SW
83	Callum Hawkins	Unattached	114	20:43	3 U13 B
84	Daniel Busher	Chichester Runners & A.C.	176	20:50	34 SM
85	Mackenzie Van Laun	City of Portsmouth A.C.	42	20:53	4 U13 B
86	Natalya Smith	City of Portsmouth A.C.	332	20:55	3 U15G
87	Theo Abbt	Southampton A.C.	54	21:02	5 U13 B
88	Dale Western	Havant A.C.	45	21:12	4 VM45
89	Cathy Stewart	Aldershot Farnham & District A.C.	366	21:16	1 VW50
90	Ian Shaw	Chichester Runners & A.C.	115	21:30	35 SM
91	Daniel Wilson	City of Portsmouth A.C.	193	21:38	6 U13 B
92	Edward Burr	Havant A.C.	171	21:38	7 U13 B
93	Hattie Bond	City of Portsmouth A.C.	352	21:43	3 U13G
94	Julie Barclay	Woking A.C.	301	21:46	2 VW50

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95	Helen Dean	Chichester Runners & A.C.	306	21:52	1 VW60
96	Richard Allen	Hedge End Running Club	182	22:08	5 VM45
97	Robert Langley	Portsmouth Joggers	26	22:10	36 SM
98	Tim Ford	Hedge End Running Club	20	22:25	7 VM55
99	Debbie Cook	Basingstoke & Mid Hants A.C.	356	22:30	2 VW40
100	Samantha Smith	City of Portsmouth A.C.	322	22:35	1 VW45
101	Jim Clow	Victory A.C.	97	22:43	2 VM65
102	Rachel Evans-Bennett	Southampton A.C.	308	22:50	9 SW
103	Harriet Burr	Havant A.C.	377	22:53	4 U13G
104	Kiley Steer	Unattached	194	22:53	6 VM45
105	Kerry Starkey	Unattached	360	23:03	10 SW
106	Robbie MacNab	Hedge End Running Club	27	23:06	7 VM45
107	Katherine Robson	Unattached	385	23:08	11 SW
108	Hannah Lawless	Itchen Spitfires Running Club	380	23:15	12 SW
109	Gary McCawley	Denmead Striders	29	23:25	3 VM50
110	Jessica Wilkinson	City of Portsmouth A.C.	363	23:28	13 SW
111	Susan Burton	Basingstoke & Mid Hants A.C.	349	23:46	3 VW50
112	Mike Bourke	Hedge End Running Club	80	23:48	8 VM45
113	Kelly Greig	Hedge End Running Club	348	23:49	14 SW
114	Chris Jones	Itchen Spitfires Running Club	178	24:16	8 VM55
115	Andrew Harrop	Chichester Runners & A.C.	23	24:50	4 VM60
116	Russell Mead	Stubbington Green R & A.C.	31	24:51	4 VM50
117	Tracy Puttock	Hedge End Running Club	317	25:05	2 VW45
118	Isabelle Pycroft	City of Portsmouth A.C.	350	25:32	5 U13G
119	David Wood	Unattached	74	25:43	5 VM60
120	Jenny Froud	Basingstoke & Mid Hants A.C.	386	25:51	1 VW65
121	Jane Mann	Unattached	387	25:58	3 VW40
122	Sarah Burr	Havant A.C.	375	26:03	4 VW40
123	Sue Baker	Chichester Runners & A.C.	300	26:11	2 VW60
124	Paula Fudge	Windle Valley Runners	378	26:14	2 VW65
125	Geoff Collins	Hedge End Running Club	11	26:23	9 VM55
126	Phil Western	Havant A.C.	46	26:29	1 VM70
127	Emma Shergold	Hedge End Running Club	319	26:31	15 SW
128	Chris Winbourne	Hedge End Running Club	48	26:56	9 VM45
129	Melanie Ford	Hedge End Running Club	309	27:01	3 VW60
130	Michael Stares	Gosport Road Runners	70	27:03	2 VM70
131	Ava Mann	Southampton A.C.	389	27:14	6 U13G
132	Alana Williams	Itchen Spitfires Running Club	379	27:17	16 SW
133	Jules Dinwoodie	Stubbington Green R & A.C.	307	27:28	2 VW55
134	Ayrton Davies	Unattached	188	27:41	6 U15B
135	Alan Davidson	Liss Runners	15	28:00	3 VM70
136	Lisa Small	Hedge End Running Club	326	28:29	5 VW40
137	David Gorham	Unattached	22	31:11	5 VM50