

Corsham ASC

(Affiliated to ASA South West Region)

Level 3 Licensed Open Meet

License: 3SW181309

Springfield Leisure Centre,
Beechfield Road

Corsham

Wiltshire

SN13 9DN

Tele: 01249 468460

Anti-wave Lane Ropes; 25m Pool
Electronic Timing

Awards for Individual Events

9, 10, 11/12, 13/14 15&Over Age Groups

Age as at 9th December 2018

Viewing from Gallery, Refreshments and Free Parking Available

For further details contact

Konrad Adams

or Konrad.adams@sky.com

Corsham ASC Licensed Level 3 Open Meet



OPEN MEET

SATURDAY/SUNDAY 8th / 9th DECEMBER 2018

PROGRAMME OF EVENTS

Saturday 8th December 2018

		Session 1 – 12:30pm Warm-up (Start: 1:30pm)
1	Girls	400m Freestyle
2	Boys	200m Individual Medley
3	Girls	50m Breaststroke
4	Boys	50m Freestyle
5	Girls	200m Backstroke
6	Boys	100m Backstroke
7	Girls	100m Butterfly
8	Boys	200m Butterfly
		Session 2 – 4:30pm warm-up* (Start: 5:30pm)
9	Girls (11+)	400m Individual Medley
10	Boys	100m Freestyle
11	Girls	50m Butterfly
12	Boys	50m Backstroke
13	Girls	200m Freestyle
14	Boys	200m Breaststroke
15	Girls	100m Breaststroke
16	Boys	100m Individual Medley

Sunday 9th December 2018

		Session 3 – 10:30am Warm-up (Start: 11:30am)
1	Boys	400m Freestyle
2	Girls	200m Individual Medley
3	Boys	50m Breaststroke
4	Girls	50m Freestyle
5	Boys	200m Backstroke
6	Girls	100m Backstroke
7	Boys	100m Butterfly
8	Girls	200m Butterfly
		Session 4 – 2:30pm warm-up* (Start: 3:30pm)
9	Boys (11+)	400m Individual Medley
10	Girls	100m Freestyle
11	Boys	50m Butterfly
12	Girls	50m Backstroke
13	Boys	200m Freestyle
14	Girls	200m Breaststroke
15	Boys	100m Breaststroke
16	Girls	100m Individual Medley

*Warm-up times for the 2nd and 4th sessions are the earliest possible. Depending on running time these may be pushed back.
All events are open to all ages, 9 Years and Over excluding 400IM, which is only open to 11 Years and Over.
All events are HDW (Heat Declared Winners – No Finals)



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‘NO FASTER THAN’ QUALIFYING TIMES

(No swimmer with a time faster than the time stated below may enter that event)

UPPER QUALIFYING TIMES FOR **BOYS** – AGES AT 9TH DECEMBER 2018

BOYS									
		9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs+
Freestyle	50m	36.00	34.00	31.90	31.90	29.60	27.60	27.00	26.30
	100m	1:20.00	1:15.00	1:12.50	1:10.40	1:06.10	1:00.10	59.80	56.30
	200m	2:55.00	2:48.00	2:32.20	2:32.20	2:24.40	2:12.20	2:06.50	2:01.60
	400m	5:50.00	5:36.00	5:26.00	5:16.80	5:06.40	4:35.90	4:24.30	4:18.70
Breaststroke	50m	46.00	44.00	42.80	42.80	40.30	38.20	35.20	34.10
	100m	1:40.00	1:38.80	1:34.80	1:34.80	1:30.20	1:22.10	1:15.80	1:13.10
	200m	3:32.00	3:25.00	3:16.60	3:16.60	3:04.20	2:53.70	2:44.50	2:35.30
Butterfly	50m	40.50	38.50	36.10	36.10	33.30	31.80	30.40	28.80
	100m	1:38.00	1:32.00	1:26.40	1:26.40	1:19.30	1:12.30	1:07.10	1:03.80
	200m	3:40.00	3:25.00	3:12.10	3:12.10	2:56.80	2:41.50	2:27.70	2:21.50
Backstroke	50m	39.50	38.00	36.30	36.30	35.00	32.60	31.90	30.10
	100m	1:32.00	1:27.00	1:22.00	1:22.00	1:17.30	1:10.20	1:08.10	1:03.80
	200m	3:10.00	3:00.00	2:50.60	2:50.60	2:40.70	2:26.20	2:22.40	2:15.00
IM	100m	1:40.00	1:35.00	1:30.00	1:25.00	1:20.50	1:18.00	1:16.00	1:13.00
	200m	3:15.00	3:05.00	2:54.20	2:54.20	2:40.90	2:32.30	2:26.70	2:19.20
	400m	-	-	6:08.80	5:49.50	5:24.40	5:05.90	4:47.80	4:47.80

UPPER QUALIFYING TIMES FOR **GIRLS** – AGES AT 9TH DECEMBER 2018

GIRLS									
		9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs+
Freestyle	50m	34.00	33.00	31.60	31.60	29.70	28.70	28.60	28.20
	100m	1:20.00	1:15.00	1:09.50	1:09.50	1:03.80	1:02.80	1:01.30	1:00.10
	200m	2:45.00	2:35.00	2:30.70	2:30.70	2:22.30	2:16.10	2:10.80	2:09.30
	400m	5:40.00	5:25.00	5:17.20	5:17.20	4:56.00	4:47.30	4:35.00	4:35.00
Breaststroke	50m	46.00	44.00	42.70	42.70	40.20	38.00	37.80	36.60
	100m	1:42.00	1:38.00	1:33.80	1:33.80	1:27.40	1:23.80	1:20.80	1:18.40
	200m	3:40.00	3:28.00	3:17.60	3:17.60	3:06.10	2:55.90	2:50.70	2:46.10
Butterfly	50m	38.00	36.50	35.00	35.00	34.00	32.70	31.60	31.40
	100m	1:30.00	1:26.00	1:22.60	1:22.60	1:18.10	1:13.70	1:10.20	1:08.80
	200m	3:15.00	3:07.00	3:00.00	3:00.00	2:53.70	2:47.40	2:34.20	2:33.00
Backstroke	50m	41.00	39.00	37.10	37.10	35.00	33.80	33.00	32.00
	100m	1:24.00	1:21.00	1:18.50	1:18.50	1:15.00	1:11.80	1:08.70	1:07.80
	200m	3:00.00	2:55.00	2:47.60	2:47.60	2:36.80	2:33.70	2:25.00	2:23.50
IM	100m	1:30.00	1:25.00	1:20.00	1:15.00	1:10.00	1:08.00	1:06.00	1:03.00
	200m	3:10.00	2:53.00	2:47.20	2:47.20	2:43.30	2:37.50	2:31.40	2:28.20
	400m	-	-	6:00.00	6:00.00	5:39.60	5:31.90	5:17.00	5:14.10



Level 3 Licenced Open Meet License No. 3SW181309

SATURDAY/SUNDAY – 8th / 9th DECEMBER 2018

Closing Date: Friday 23rd November 2018 (No entries will be accepted on the day)

Individual Age Group Entry Form

Name:	
Club:	
Male/Female:	ASA Number:
Date of Birth:	Age at 9/12/18:
Address	
Post Code:	Contact Number:
Contact email address:	

EVENT	ENTRY TIME	ENTRY FEE	COST
50 Freestyle		£5.00	
50 Backstroke		£5.00	
50 Breaststroke		£5.00	
50 Butterfly		£5.00	
100 Freestyle		£5.00	
100 Backstroke		£5.00	
100 Breaststroke		£5.00	
100 Butterfly		£5.00	
100 Ind. Medley		£5.00	
200 Freestyle		£5.00	
200 Backstroke		£5.00	
200 Breaststroke		£5.00	
200 Butterfly		£5.00	
200 Ind. Medley		£5.00	
400 Freestyle		£5.00	
400 Ind. Medley (11+)		£5.00	
		TOTAL	

Payment cheque payable to "Corsham ASC"
 BACS payments Account Number: 21376675 Sort Code: 40-18-13
 Using reference, Club Abbreviation followed by Gala code: OM18

I certify that the above details are correct; I confirm I will abide by the meet Conditions and that I am an eligible competitor in accordance with the laws of the ASA.

COMPETITOR'S SIGNATURE	DATE:
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Affiliated to :

A.S.A. SW Region	Wilts. Co. A.S.A.
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SATURDAY/SUNDAY – 8th / 9th DECEMBER 2018

MEET INFORMATION

VENUE: **Springfield Leisure Centre, Beechfield Road, Corsham SN13 9DN**

Tel. no: 01249 468460; 25m pool, 4 lanes, with electronic timing.

EVENTS: All events will be conducted under ASA Laws & Regulations and Technical Rules of Racing. Entries accepted on a first come first served basis. Confirmation of acceptance will be notified; any refunds will be made after the meet. Entries seeded into heats from times submitted, slowest heats to be swum first. Disabled swimmers are welcome: they will be integrated into the events.

Should the event become over-subscribed, the latest received entries will be rejected.

TIMES: Saturday: Events 1-8 Morning session – warm up 12:30pm, Start time 1:30pm
Events 9-16 Afternoon session – warm up not before 4:30pm (subject to running time)
Sunday: Events 1-8 Morning session – warm up 10.30am, Start time 11:30am
Events 9-16 Afternoon session – warm up not before 2.30pm (subject to running time)

NOTE: Coaches/team managers are responsible for the behaviour of their swimmers. Swimmers must be supervised by their coach/team manager during the warm up periods. Swimmers must not change on poolside, in the spectator area, the dry side changing rooms or the spectators' toilets. Swimmers must use the dedicated swim changing rooms.

POOLSIDE: Only Swimmers, Coaches, Personal Attendants with a Pass and Officials will be allowed on poolside during the Meet. Maximum of two pool side team managers per club per session. Coaches' passes can only be obtained by an affiliated Club for £15.00. They cannot be purchased on the day of the Meet. Coaches in possession of a Coach Pass are allowed on poolside during warm ups. Any Coach without a Pass will be asked to leave the poolside. Where clubs wish to bring a large team, and in order to comply with the ASA supervision guidelines, require additional coaches to attend the meet organiser should be contacted regarding additional coach passes.

STEWARDING: It is the responsibility of Team Managers/Coaches to ensure that their competitors report to the stewards in time for the start of their race.

Neither Corsham ASC nor Springfield Leisure Centre can be held responsible for loss or damage to spectators' or competitors' property. Competitors are requested to use the lockers in the changing rooms for all large bags & to only bring small bags poolside due to the room available. If large bags are brought poolside competitors/coaches will be asked to remove them. Competitors/coaches are requested not to leave belongings lying around unattended.

DBS CHECK: It is the responsibility of the club applying for a coach pass to ensure their team manager/coach is DBS checked & named on the club's application form. Poolside passes will only be issued to those named by their club.

AWARDS: The competitors placed 1st, 2nd & 3rd in each individual event in each age group will receive awards.

OFFICIALS: Without sufficient licensed ASA officials we will not be able to run this meet. We therefore request that all clubs with 6 or more swimmers provide a qualified and licensed official to assist with officiating in each session. For every 10 additional swimmers over the initial 6, clubs are requested to provide another official. No swimmer will be turned away if a club cannot supply officials. Please contact officials@corshamasc.club for more information. Drinks will be available for all officials and food will be provided for those officials who volunteer to work all day.

ENTRIES

1. All competitors must be registered with the governing body and age will be as of 9th December 2018.
2. 'No Faster than' Qualifying Times apply to this competition and entries will be accepted on a 'first come, first served basis'. For the event to run smoothly entries may be restricted; any entry not accepted due to a restriction on numbers being imposed by the Promoter will have the entry fee refunded in full. The closing date for entries is midnight on Friday 23rd November 2018 – earlier if the event is full/oversubscribed.
3. Competitors diving into the pool must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.
4. Electronic Entry is the preferred route. Entries made in this way must be in the format prescribed by the Promoter. Paper entries will be accepted. All electronic entries are only accepted once payment has been received.
5. Entries that are incomplete, illegible or sent without the correct entry fee may be rejected, all entries must be made on the correct form. Note that entries will not be processed and accepted until payment has been received and cleared.
6. Entries will be confirmed by email only (please supply an email). It is the responsibility of the Club entering the swimmers to check for any inaccuracies in the confirmed entries. Any inaccuracies must be notified to the Meet Promoter prior to the Meet. Team managers will need to confirm any withdrawals, session by session, prior to the start of warm-up for the relevant session. In the case of individual entries this is the responsibility of the swimmer.
7. Entries for this Meet will be held on computer and as required by the Data Protection Act 1998 permission to hold such personal data will be deemed to have been given by the submission of an entry.
8. REFUNDS for rejected entries will be made to the Clubs in the first instance at the Meet. Non-collected refunds will then be made by direct bank transfer upon provision of the necessary detail. There will be no refunds for withdrawals after the accepted/rejected entries have been published. Refunds for injuries will only be considered on production of a Doctor's note and must be requested on or before the meet and will be paid at the club's discretion. Corsham ASC does not accept any responsibility for electronic files that are entered incorrectly and will not make any changes to times or events entered for swimmers.

Fees:

Competitor	- £5.00 per swimmer per event
Coach pass	- £15.00 - max 2 coaches per club
ONE OVERALL CHEQUE - PAYABLE TO "CORSHAM A.S.C."	
Spectator	- Entry by programme at the Meet, £5 per day

Age Groups: AGE AS ON 9th Dec 2018.

Girls: 9, 10, 11/12, 13/14, 15+ **Boys:** 9, 10, 11/12, 13/14, 15+

Medals Medals for 1st, 2nd, 3rd places in each age group (as above). All events HDW.
Swimmers who perform more than 5% quicker than the 'No Faster than' time will not be eligible for medals but will receive a 'speeding' certificate.

Under ASA child protection laws, we no longer monitor the use of devices capable of photography and video recording; however, we ask all spectators and swimmers to read the advice documents posted and provided and ask that you take due care when taking photos or recording the events. Neither the promoters, nor Springfield Leisure Centre Management, accept liability for any loss or damage to personal belongings.

ENTRIES OF FIVE AND OVER SWIMMERS, CONTACT KONRAD ADAMS on konrad.adams@sky.com WHO WILL SEND YOU AN ELECTRIC ENTRY FORM. PAYMENT (*ONE CLUB CHEQUE PAYABLE TO "CORSHAM ASC"*) MUST FOLLOW WITHIN 48 HRS. TO KONRAD ADAMS, 20 RAY CLOSE CHIPPENHAM, WILTSHIRE. SN15 3SN (Tel: 01249 651608 / 07986 851596). ENTRIES OF LESS THAN FIVE SWIMMERS MAY BE SENT ELECTRONICALLY, OR BY POST TOGETHER WITH PAYMENT TO KONRAD ADAMS. ALL DATA TREATED UNDER THE DATA PROTECTION ACT 1998.

CLOSING DATE FOR ENTRIES: MIDNIGHT FRIDAY 23rd November 2018
NO ENTRIES WILL BE TAKEN ON THE DAY (time trials will be allowed if there are spare lanes)

These conditions cannot be changed once Licensed. Only the referee can make changes on the day to facilitate the smooth running of the meet.



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SATURDAY/SUNDAY – 8th / 9th DECEMBER 2018

OFFICIALS NOMINATION FORM

Without the support of participating clubs, we will not be able to run a successful meet and are therefore requesting each participating club to provide at least one Licensed Official per session.

If you have any preferences, please note them below otherwise we will advise you of your allocated duties on the day. Refreshments will be provided for all officials and food for those working on consecutive sessions.

For those unqualified officials or J1s and above who require mentoring or practical sessions, please also complete the form indicating what duties you need to cover, and we will endeavour to support you the best we can, as we actively promote the development of all officials within British Swimming.

If you are able to help please complete the form below and return it with your Competitors/Club entry form or by e-mail to officials@corshamasc.club.

I am available to help at the 2018 Corsham ASC Open Meet as indicated below:

Name: _____

Club: _____

Membership Number: _____

Expiry: ____ / ____ / ____

Address: _____

Email Address: _____

SESSION	J1	J2	J2/S	REFEREE	TRAINING
SATURDAY 8TH SESSION 1					
SATURDAY 8TH SESSION 2					
SUNDAY 9TH SESSION 1					
SUNDAY 9TH SESSION 2					

(Please ✓ as appropriate and return with entry forms)

Officials briefing will be 30 minutes before the start of each session



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SATURDAY/SUNDAY – 8th / 9th DECEMBER 2018

CLUB ENTRY SUMMARY SHEET

CLUB:	
CONTACT NAME:	
ADDRESS:	
POST CODE:	TELE:
EMAIL:	

<i>TOTAL NUMBER OF SWIMMER ENTRIES:</i>	
<i>TOTAL COST OF ENTRIES AT £5.00/EVENT</i>	

<i>NAME FOR COACH PASS 1</i>	
<i>NAME FOR COACH PASS 2</i>	
<i>TOTAL COST OF COACH PASSES AT £15 EACH (Pass is valid for ALL sessions)</i>	

TOTAL FEE PAYABLE:	£
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Payment: Cheque payable to "Corsham ASC" or BACS (Sort: 40-18-13; A/C: 21376675)

Closing Date for Entries:
Midnight Friday 23rd November 2018

Corsham ASC
c/o Konrad Adams
20 Ray Close
Chippenham
Wiltshire
SN15 3SN

Tel: 01249 651608 / 07986 851596

Electronic Entries: Konrad.adams@sky.com