

Under UKA Rules Licence No. 2019-37050

Sun 12<sup>th</sup> May - Race starts 10.30am

# Dereham 10 mile Road Race



Organised by Dereham Runners AC

The 5th Race of the new Sportlink Grand Prix series and  
Norfolk County Championships

Entries open Xmas Day at 9am, all who enter on this day will be entered into a draw  
to win a free space at the Sportlink Dereham 5k in August, the two winners will be  
notified on Boxing Day.

Entry is online only at [www.derehamrunners.co.uk](http://www.derehamrunners.co.uk)  
Further race information and updates will be posted on the club website

## Location, Race Details & Classifications

**Where:** Neatherd School, Dereham, Norfolk, NR20 3AX

**Entry Fee:** Affiliated £15 / Un-affiliated £17  
Entry on the day Affiliated £17 / Un-affiliated £19 for any unsold  
places

**Race Entry Limit:** 600. Race medals to all finishers.  
Minimum age on Race Day is 17

**Trophies (Race and County):** Male/Female race winners.  
First 3 in each class, male and female: 40-44, 45-49, 50-54,  
55-59, 60-64, 65+.

**Course records**  
Male 52.22 / Female 62.08

Race and county trophies will be handed out at  
approximately 12.45pm at the Race HQ.  
Results will be published on [www.derehamrunners.co.uk](http://www.derehamrunners.co.uk)



CHIP TO CHIP TIMING

