

## Club bat policy

Help and Guidance for Parents: All table tennis bats are NOT the same.

When children start to learn the real game it is vital that they take club advice as to which bat is suitable for their individual needs in order for them to reach their full potential and at the same time have fun. Having the wrong bat can adversely affect technique.

Beginner bats are provided at the club, free-of-charge, as long as care is taken not to damage them. Bats are also available for purchase at subsidised prices, again ask for advice. Any member wishing to change the rubber on their bat should check with the head coach first.

We often see players with unsuitable bats and it does their game substantial harm, especially junior players.

Stockport TTC matches the performance properties of both the bat blade and rubbers to each individual's game, taking account of power, speed, spin and playing style. There are literally thousands of rubbers and blades on the market and getting it wrong causes issues that will have to be overcome as the player progresses, often with significant difficulty.

Table tennis requires impulsive reactions, specific muscle memory and instant, intuitive assessments of pace, spin and movement. Trying to correct poor techniques which are due to having first learned all these things with an unsuitable bat can take a tremendous effort on the part of the player, which can be avoided by getting bat choices right from the outset.

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