

2019 Lakeside 5k Race 1

Race Date
April 24, 2019

Overall Finish List

| <u>Overall</u> | <u>Name</u> | <u>Team</u> | <u>Bib No</u> | <u>Time</u> | <u>Cat Place</u> |
|----------------|------------------|-----------------------------------|---------------|-------------|------------------|
| 1 | Callum Crook | City of Portsmouth A.C. | 76 | 15:54 | 1 U20M |
| 2 | Matthew Coffey | Southampton A.C. | 36 | 15:57 | 1 SM |
| 3 | James Baker | Chichester Runners & A.C. | 1 | 16:01 | 1 VM40 |
| 4 | Tom Cully | Southampton A.C. | 34 | 16:24 | 2 SM |
| 5 | Timothy Anetts | Hardley Runners | 50 | 16:30 | 3 SM |
| 6 | Damian Spreckley | Avon Valley Runners | 42 | 16:36 | 2 VM40 |
| 7 | Joe Goodwood | Whitney Road Runners | 78 | 16:38 | 4 SM |
| 8 | James Hughes | Fareham Crusaders | 82 | 16:43 | 5 SM |
| 9 | Clive Slayford | Unattached | 54 | 16:45 | 3 VM40 |
| 10 | Paul Gaylor | Aldershot Farnham & District A.C. | 37 | 16:46 | 1 VM50 |
| 11 | Robert Weekes | Unattached | 26 | 16:48 | 6 SM |
| 12 | Thomas Caffyn | Run Academy Worthing | 89 | 16:53 | 7 SM |
| 13 | Michael Caffyn | Run Academy Worthing | 21 | 16:54 | 8 SM |
| 14 | Peter Merritt | Southampton A.C. | 23 | 17:09 | 9 SM |
| 15 | Gareth Klepacz | Southampton A.C. | 83 | 17:17 | 10 SM |
| 16 | Jordan Winbourne | Hedge End Running Club | 31 | 17:23 | 11 SM |
| 17 | Peter O'Donnell | Hedge End Running Club | 39 | 17:25 | 4 VM40 |
| 18 | Michael Rix | Arena 80 | 46 | 17:30 | 1 VM45 |
| 19 | James Grove | Hedge End Running Club | 56 | 17:33 | 12 SM |
| 20 | Darren Bradley | Aldershot Farnham & District A.C. | 77 | 17:35 | 2 VM45 |
| 21 | Andrew Lewis | Southampton A.C. | 95 | 17:38 | 13 SM |
| 22 | Jamie Foster | Itchen Spitfires Running Club | 75 | 17:45 | 14 SM |
| 23 | William Baggs | Hedge End Running Club | 87 | 17:48 | 15 SM |
| 24 | Steve Marcer | Southampton A.C. | 72 | 17:55 | 5 VM40 |
| 25 | Jake Steer | Unattached | 79 | 17:56 | 16 SM |
| 26 | William Campbell | City of Portsmouth A.C. | 55 | 17:56 | 1 U15B |
| 27 | Sarah Kingston | Southampton A.C. | 303 | 18:00 | 1 SW |
| 28 | Cassie Thorp | Unattached | 336 | 18:06 | 2 SW |
| 29 | Jason Snow | Chichester Runners & A.C. | 65 | 18:19 | 6 VM40 |
| 30 | Jake Andrews | Hedge End Running Club | 61 | 18:24 | 2 U20M |
| 31 | Emma Montiel | City of Portsmouth A.C. | 331 | 18:27 | 1 VW40 |
| 32 | Julian Ward | City of Portsmouth A.C. | 100 | 18:29 | 17 SM |
| 33 | Orla Tuohy | Unattached | 340 | 18:30 | 3 SW |
| 34 | Jensen Howard | City of Portsmouth A.C. | 38 | 18:33 | 1 U17M |
| 35 | Fionn O Murchu | Chichester Runners & A.C. | 66 | 18:38 | 2 U15B |
| 36 | Craig Hardwick | Unattached | 51 | 18:42 | 18 SM |
| 37 | Keith Akerman | Chichester Runners & A.C. | 40 | 18:46 | 3 VM45 |
| 38 | Martin Williams | City of Portsmouth A.C. | 14 | 18:47 | 1 VM55 |
| 39 | Jonathan Bean | Southampton A.C. | 20 | 18:51 | 19 SM |
| 40 | Callum Millard | City of Portsmouth A.C. | 86 | 18:53 | 2 U17M |
| 41 | Kevin Martin | Hedge End Running Club | 91 | 18:56 | 20 SM |
| 42 | Glenn Soane | Fareham Crusaders | 80 | 18:57 | 4 VM45 |
| 43 | Graham Wright | Unattached | 64 | 18:58 | 21 SM |
| 44 | David Fleet | Fareham Crusaders | 101 | 19:00 | 22 SM |
| 45 | Ben Gibbard | City of Portsmouth A.C. | 60 | 19:08 | 1 U13 B |
| 46 | Flynn Jeffery | Unattached | 67 | 19:17 | 23 SM |
| 47 | Adam Ruddy | Itchen Spitfires Running Club | 71 | 19:30 | 24 SM |

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|----------------|--------------------|------------------------------|---------------|-------------|------------------|
| 48 | Katie Simister | City of Portsmouth A.C. | 311 | 19:31 | 1 U20W |
| 49 | Mackenzie Van Laun | City of Portsmouth A.C. | 47 | 19:35 | 2 U13 B |
| 50 | Jane Harrop | Chichester Runners & A.C. | 302 | 19:43 | 1 VW55 |
| 51 | Corin Bearpark | Havant A.C. | 341 | 19:50 | 4 SW |
| 52 | Sonny Locke | Unattached | 88 | 19:50 | 25 SM |
| 53 | Joseph Wiggins | Havant A.C. | 94 | 19:54 | 3 U17M |
| 54 | Laila Hellyer | Chichester Runners & A.C. | 332 | 19:57 | 1 U13G |
| 55 | BRETT RUMFITT | Unattached | 84 | 19:57 | 2 VM55 |
| 56 | David Brawn | Portsmouth Joggers | 2 | 20:03 | 26 SM |
| 57 | Jonathan Woodhouse | Unattached | 59 | 20:12 | 27 SM |
| 58 | Francis Pakes | Unattached | 24 | 20:16 | 2 VM50 |
| 59 | Michael Hickey | Basingstoke & Mid Hants A.C. | 62 | 20:25 | 3 VM55 |
| 60 | Callum Hawkins | City of Portsmouth A.C. | 96 | 20:27 | 3 U13 B |
| 61 | Lily Hellyer | Chichester Runners & A.C. | 333 | 20:28 | 2 U13G |
| 62 | Steven Wooldridge | Portsmouth Joggers | 98 | 20:32 | 4 VM55 |
| 63 | Daisy Wilkinson | City of Portsmouth A.C. | 318 | 20:35 | 3 U13G |
| 64 | Jhon Cosgrove | Vegan Runners | 44 | 20:38 | 28 SM |
| 65 | Natalya Smith | City of Portsmouth A.C. | 316 | 20:40 | 1 U15G |
| 66 | Robert Egerton | Stubbington Green R & A.C. | 19 | 20:42 | 5 VM45 |
| 67 | Andrew Taphouse | Hedge End Running Club | 49 | 20:52 | 29 SM |
| 68 | John McKenzie | Hedge End Running Club | 10 | 20:56 | 1 VM60 |
| 69 | Chris Brooks | Hedge End Running Club | 29 | 21:00 | 6 VM45 |
| 70 | Dale Western | Havant A.C. | 12 | 21:03 | 7 VM45 |
| 71 | Tristan Jooste | City of Portsmouth A.C. | 69 | 21:05 | 4 U13 B |
| 72 | Sophie Newsom | City of Portsmouth A.C. | 308 | 21:05 | 2 U15G |
| 73 | Joanne Gilholm | Victory A.C. | 300 | 21:07 | 1 VW45 |
| 74 | Alan Cowan | Hedge End Running Club | 33 | 21:13 | 7 VM40 |
| 75 | Ian Shaw | Chichester Runners & A.C. | 85 | 21:27 | 30 SM |
| 76 | Helen Dean | Chichester Runners & A.C. | 317 | 21:33 | 1 VW60 |
| 77 | Roger Jones | Denmead Striders | 8 | 21:35 | 2 VM60 |
| 78 | Richard Allen | Hedge End Running Club | 16 | 21:47 | 8 VM45 |
| 79 | Lucy Bartlett | Fareham Crusaders | 320 | 22:05 | 2 VW40 |
| 80 | Paul Muddle | Hedge End Running Club | 52 | 22:08 | 3 VM50 |
| 81 | Rhyseren Taylor | Southampton A.C. | 339 | 22:13 | 4 U13G |
| 82 | Adrian Wilkinson | City of Portsmouth A.C. | 43 | 22:19 | 31 SM |
| 83 | Matt James | Hedge End Running Club | 90 | 22:28 | 32 SM |
| 84 | Billy Isaacs | Hedge End Running Club | 81 | 22:33 | 9 VM45 |
| 85 | Hattie Locke | City of Portsmouth A.C. | 315 | 22:44 | 3 U15G |
| 86 | Will Miller | Hedge End Running Club | 48 | 22:56 | 33 SM |
| 87 | Poppy Edwards | City of Portsmouth A.C. | 330 | 22:59 | 1 U17W |
| 88 | Phoebe Carlile | City of Portsmouth A.C. | 329 | 23:00 | 2 U17W |
| 89 | Tony Lister | Unattached | 22 | 23:06 | 5 VM55 |
| 90 | Robbie MacNab | Hedge End Running Club | 27 | 23:10 | 10 VM45 |
| 91 | Jim Clow | Victory A.C. | 3 | 23:13 | 1 VM65 |
| 92 | Kate Tsirtsonis | Hedge End Running Club | 326 | 23:16 | 5 SW |
| 93 | Tim Ford | Hedge End Running Club | 73 | 23:18 | 6 VM55 |
| 94 | Tracey Shepperd | Hedge End Running Club | 305 | 23:20 | 6 SW |

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| 95 | Gary McCawley | Denmead Striders | 9 | 23:21 | 4 VM50 |
| 96 | Lorcan O Murchu | Unattached | 68 | 23:32 | 8 VM40 |
| 97 | Maddie Bond | City of Portsmouth A.C. | 335 | 23:46 | 4 U15G |
| 98 | Kerry Starkey | Unattached | 321 | 23:53 | 7 SW |
| 99 | Will Jackson | Unattached | 92 | 23:55 | 34 SM |
| 100 | Ethan Cole | City of Portsmouth A.C. | 74 | 23:59 | 5 U13 B |
| 101 | Lorna Palmer | Unattached | 337 | 24:02 | 8 SW |
| 102 | Russell Mead | Stubbington Green R & A.C. | 18 | 24:09 | 7 VM55 |
| 103 | Jessica Wilkinson | City of Portsmouth A.C. | 338 | 24:14 | 9 SW |
| 104 | Barbara Hathaway | Clanfield Joggers | 309 | 24:52 | 2 VW45 |
| 105 | Kimberly Crosswell | Hedge End Running Club | 327 | 25:02 | 10 SW |
| 106 | Barry Horsburgh | Unattached | 63 | 25:22 | 9 VM40 |
| 107 | Tracy Puttock | Hedge End Running Club | 312 | 25:43 | 3 VW45 |
| 108 | Andrew Harrop | Chichester Runners & A.C. | 7 | 25:48 | 2 VM65 |
| 109 | Nicola Finnemore | Gosport Road Runners | 324 | 25:50 | 11 SW |
| 110 | Ruby Gordon | City of Portsmouth A.C. | 322 | 25:51 | 5 U13G |
| 111 | Lisa Small | Hedge End Running Club | 313 | 25:55 | 3 VW40 |
| 112 | Sue Baker | Chichester Runners & A.C. | 334 | 26:00 | 2 VW60 |
| 113 | Robert Jones | Hedge End Running Club | 17 | 26:14 | 10 VM40 |
| 114 | Jules Dinwoodie | Stubbington Green R & A.C. | 306 | 26:23 | 2 VW55 |
| 115 | Geoff Collins | Hedge End Running Club | 4 | 26:47 | 8 VM55 |
| 116 | Peter Haynes | Southampton A.C. | 93 | 27:00 | 3 VM65 |
| 117 | Rachel Bennett | Southampton A.C. | 307 | 27:12 | 12 SW |
| 118 | Nigel Lee | Hedge End Running Club | 30 | 27:50 | 5 VM50 |
| 119 | Nick Small | Hedge End Running Club | 28 | 27:59 | 35 SM |
| 120 | Phil Western | Havant A.C. | 13 | 28:05 | 1 VM70 |
| 121 | Emma Shergold | Unattached | 314 | 28:51 | 13 SW |
| 122 | Michael Bowie | Hedge End Running Club | 99 | 28:53 | 11 VM45 |
| 123 | Danielle Ward | Hedge End Running Club | 325 | 29:00 | 14 SW |
| 124 | Chris Winbourne | Hedge End Running Club | 32 | 29:02 | 12 VM45 |
| 125 | Peter Ryan | Ilford A.C. | 58 | 29:10 | 4 VM65 |
| 126 | Alan Davidson | Liss Runners | 5 | 29:18 | 2 VM70 |
| 127 | David Gorham | Unattached | 45 | 29:59 | 9 VM55 |
| 128 | Julie Ward | Hedge End Running Club | 342 | 30:07 | 3 VW60 |
| 129 | Michael Stares | Gosport Road Runners | 11 | 30:34 | 3 VM70 |
| 130 | Andy McMillan | Vegan Runners | 97 | 31:43 | 13 VM45 |