

# Saffron Walden Cricket Club and Academy

## One-2-one coaching booking form



Name			
Address			
Telephone	Home	Mobile	
Email			
Age		SWCC team (if applicable)	
Medical details			

Preferred times for coaching	
Personal best - batting	
Personal best - bowling	
Personal best - other	
Strengths/weaknesses	
Coaching focus (what would you like to concentrate on during the coaching sessions?)	

<p><b>Coach report</b></p> <p><i>At the end of your coaching session(s) your coach will review your progress and give you some targets to work on in your game.</i></p>          
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*This form should be completed and sent to the coach once you have confirmed the session with her/him. We recommend £30 per hour (£15 per 30 minutes) plus venue hire if appropriate. In the summer the club nets are available free of charge for club members.*