

Middlesex XC Championships
Wormwood Scrubs

Saturday 4/1/20

Ladies (Approx 8k)

Position	Time	Number	Name
11	35:01	74	Sophie Biggs
37	39:34	73	Sarah Burdett
76	46:29	75	Mary Hyde

Men (Approx 12k)

Position	Time	Number	Name
75	52:39	152	Peter Gregorowski
112	58:00	150	Simon Brazil
114	58:15	154	Ted Fraser
132	61:35	151	Nick Brown
136	62:28	153	Samir Hussain
162	81:16	155	Stephen Penpraze

[Full Results](#)