

SMALL GROUP SESSIONS 1:5

1. All sessions must be booked and paid for in advance.
2. All players contact and medical details must be up to date on the Club Buzz site. You can check this by logging in to your account.
3. If you are feeling unwell, have any of the symptoms of COVID-19 or have recently been in contact with someone who has COVID-19 symptoms please inform us and we can cancel and rearrange the session
4. Players will need the following (just a reminder the dugouts are not to be used)
 - *Stick*
 - *Shin pads*
 - *Gum shield*
 - *Water bottle*
 - *Waterproof jacket*
5. Hand sanitiser if possible (use at the start and the end as a minimum)
6. Arrive 10 minutes before your session time, and wait for your coach to signal you onto the pitch. You will be told in advance your coaching group via e-mail.
7. We ask that all parents view sessions from outside the perimeter fence following social distancing guidelines.
8. Sessions will be 1 hour duration to reduce the need for using WC facilities in the clubhouse.
9. Players must arrive ready to play, no changing facilities are available.
10. Please avoid using public transport and do not share transport with other players
11. Parents to remain at the sessions
12. In the event of a player/coach/trainer developing Covid symptom, within 7 days of using the facility, we would ask that this is reported to the coach as soon as possible so that players in the same session can be alerted.
13. Players should comply with local lockdown restrictions and should not attend from areas on lock down.

COVID SAFE HOCKEY

1. Players and coaches must maintain a 2-metre safe distance throughout the session.
2. Players must only touch their own equipment for the duration of the session.
3. The coach must only use their stick to demonstrate
4. Kit left at the side of the pitch should be kept in a bag and at least 2 metres apart
5. Avoid touching your face throughout the session.
6. Cough and sneeze into your elbow, or tissue, turning away from others.
7. The coach will set up and move equipment at all points during the session (goals set up before the start of sessions).
8. Parents will be required to assist with injuries
9. Clean your stick before and after each session.

All guide-lines will be subject to change in accordance with up to date guidance from England Hockey and The Government.