**Covid rules for Junior training on the Sand based pitches 02/09/20**

What is the reason for the changes?

We have to train in bubbles of 30 to reduce mixing of participants so we are introducing staggered starts and finishes to avoid everyone using the alleyway on entrance and exit.

**Staggered starts**

Hockey heroes 9.30 -10.30

U8 9-10.30

U10 9.15-10.45

B2H - not running in the short term

**Spectators and Parents**

Whilst we love parents watching we are unable to admit parents into the pitch area. This will increase the number of people in each bubble and reduce the numbers of player spaces so parents are requested to observe from outside the fence. Whilst doing so you need to observe social distancing.

This requirement is waived for Hockey Heroes due to their young age.

**Entrance and exit**

U8 to enter by first gate and meet at the far side of the pitch- once Hockey Heroes arrive at 9.30 we won’t move until they have left at 10.30

Hockey Heroes enter by first gate and play immediately adjacent to it.

U10 assemble on the rugby field until 9.15 when your coach will invite you onto the pitch. Then enter by gate two or three. They will play in the second and third playing areas. Leave at 10.45 when all others have left. Can parents with children in multiple groups please wait on the rugby field

Coaches will stay with their group and be solely responsible for equipment- no players to touch, move or put away any equipment.

**Sanitising**

There is a sanitiser on the gate which players are welcome to use, however can parents please bring their own as this wont last long on a Saturday and hence we would like to use it only for those who forget their sanitiser. Please can all player sanitise their hands upon arrival.

**Registration**

A training invite will be sent to all players and must be accepted online, also the EH Covid declaration must be filled in for anyone to join in. Please make sure this is done as you cannot train without it. [EH Declaration](https://forms.office.com/FormsPro/Pages/ResponsePage.aspx?id=NvkYmuiQxU--asEa8eSc6g-NqKCAUipGoe_luyiEaiZUMlE4NUVKRDZENzJGNUtNVEE5NVlXME9ETC4u)