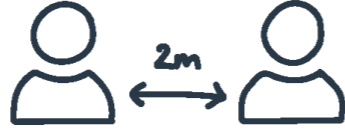


# HOCKEY'S BACK!

## MATCH DAY & TRAINING GUIDANCE

### ON THE PITCH

FOLLOW HOCKEY'S RETURN TO PLAY GUIDELINES



SOCIAL DISTANCING RULES CAN ONLY BE BROKEN WHEN THE BALL IS 'IN PLAY' (MEANING YOU MUST BE 2M APART DURING WARM UPS/COOL DOWNS & BREAKS IN PLAY)



NO TEAM HUDDLES, TEAM GOAL CELEBRATIONS OR CONGREGATING IN DUGOUTS



THERE ARE NO 'HOCKEY BUBBLES' BUBBLES ARE WHERE SOCIAL DISTANCING ISN'T ABLE TO BE MAINTAINED IN PLACES SUCH AS SCHOOLS OR HOUSEHOLDS



TRAIN IN DISCRETE GROUPS OF UP TO 30, BUT PLAY WITH NORMAL SQUAD SIZES

### OFF THE PITCH

FOLLOW GOVERNMENT GUIDANCE



IF YOU NEED TO TRAVEL TOGETHER:  
- KEEP TO THE SAME SMALL GROUPS  
- OPEN WINDOWS FOR VENTILATION  
- WEAR A MASK



IF SOCIALISING AFTER ACTIVITY ADHERE TO THE GOVERNMENTS SOCIAL DISTANCING GUIDANCE



ANY SPECTATORS TO REMAIN SOCIALLY DISTANCED WHILST ATTENDING TRAINING AND GAMES



IT'S YOUR RESPONSIBILITY TO UNDERSTAND & ADHERE TO THE RETURN TO PLAY GUIDANCE TO KEEP YOURSELF, TEAMMATES & OTHERS SAFE