

# HOCKEY'S BACK!

## MATCH DAY & TRAINING GUIDANCE

### ON THE PITCH

FOLLOW HOCKEY'S RETURN TO PLAY GUIDELINES



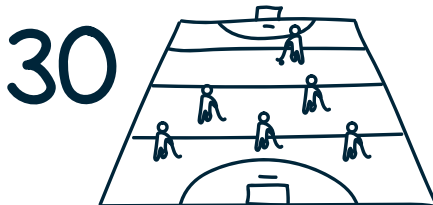
**SOCIAL DISTANCING RULES CAN ONLY BE BROKEN WHEN THE BALL IS 'IN PLAY' (MEANING YOU MUST BE 2M APART DURING WARM UPS/COOL DOWNS & BREAKS IN PLAY)**



**NO TEAM HUDDLES, TEAM GOAL CELEBRATIONS OR CONGREGATING IN DUGOUTS**



**THERE ARE NO 'HOCKEY BUBBLES' BUBBLES ARE WHERE SOCIAL DISTANCING ISN'T ABLE TO BE MAINTAINED IN PLACES SUCH AS SCHOOLS OR HOUSEHOLDS**



**TRAIN IN DISCRETE GROUPS OF UP TO 30, BUT PLAY WITH NORMAL SQUAD SIZES**

### OFF THE PITCH

FOLLOW GOVERNMENT GUIDANCE



**IF YOU NEED TO TRAVEL TOGETHER:**  
- KEEP TO THE SAME SMALL GROUPS  
- OPEN WINDOWS FOR VENTILATION  
- WEAR A MASK



**IF SOCIALISING AFTER ACTIVITY ADHERE TO THE GOVERNMENTS SOCIAL DISTANCING GUIDANCE**



**ANY SPECTATORS TO REMAIN SOCIALLY DISTANCED WHILST ATTENDING TRAINING AND GAMES**



**IT'S YOUR RESPONSIBILITY TO UNDERSTAND & ADHERE TO THE RETURN TO PLAY GUIDANCE TO KEEP YOURSELF, TEAMMATES & OTHERS SAFE**



ENGLAND  
HOCKEY

PLEASE NOTE THAT GUIDANCE MAY CHANGE AT SHORT NOTICE AND RESTRICTIONS MAY BE REINTRODUCED.  
TO STAY UP TO DATE WITH ENGLAND HOCKEY RETURN TO PLAY GUIDELINES VISIT [WWW.ENGLANDHOCKEY.CO.UK/COVID19](http://WWW.ENGLANDHOCKEY.CO.UK/COVID19)  
TO STAY UP TO DATE WITH GOVERNMENT SOCIAL DISTANCING GUIDELINES VISIT [WWW.GOV.UK/CORONAVIRUS](http://WWW.GOV.UK/CORONAVIRUS)