

STRAGGLERS LOCKDOWN LADDER 2020**31/12/20****Ladies**

Distance	Posn	Name	Time	Gender	Grade	Date of Run
1 Mile	1	Sarah Winter	5 : 31	F	85.9%	06/09/2020
1 Mile	2	Lisa Bailey	5 : 39	F	78.4%	11/03/2020
1 Mile	2	Lucy Hoseason	5 : 39	F	76.8%	05/02/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10 Miles	1	Eliza Hawthorn	67 : 18	F	73.3%	10/18/2020
10 Miles	2	Lisa Bailey	67 : 21	F	75.8%	10/18/2020
10 Miles	3	Alexis Prince	68 : 34	F	75.5%	10/18/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10K	1	Sarah Winter	39 : 9	F	83.7%	7/26/2020
10K	2	Sophie Biggs	39 : 50	F	84.1%	10/24/20
10K	3	Lisa Bailey	41 : 4	F	76.0%	10/24/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
5K	1	Sarah Winter	19 : 8	F	82.9%	7/21/2020
5K	2	Liz Fraser	19 : 20	F	76.9%	07/11/2020
5K	3	Lucy Hoseason	19 : 30	F	78.2%	05/12/2020

STRAGGLERS LOCKDOWN LADDER 2020**31/12/20****Men**

Distance	Posn	Name	Time	Gender	Grade	Date of Run
1 Mile	1	Tim Jenns	4 : 58	M	82.1%	12/04/2020
1 Mile	2	Chris Coates	5 : 10	M	74.3%	05/01/2020
1 Mile	3	Crispin Allen	5 : 21	M	79.9%	07/08/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10 Miles	1	Rob Eveson	56 : 31	M	77.9%	10/18/2020
10 Miles	2	Jim Lurkins	57 : 24	M	76.7%	10/18/2020
10 Miles	3	Sonny Maund	58 : 36	M	77.8%	04/07/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10K	1	Tim Jenns	34 : 56	M	82.5%	10/28/2020
10K	2	Jim Lurkins	35 : 5	M	76.3%	09/12/2020
10K	3	Rob Eveson	35 : 8	M	76.0%	10/03/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
5k	1	Rob Eveson	16 : 43	M	77.7%	10/31/20
5k	2	Tim Jenns	16 : 46	M	84.8%	10/31/20
5k	3	Jim Lurkins	16 : 59	M	77.1%	10/31/20

STRAGGLERS LOCKDOWN LADDER 2020

31/12/20

Age Grade

Distance	Posn	Name	Time	Gender	Grade	Date of Run
1 Mile	1	Pam Whitter	6 : 4	F	94.1%	06/11/2020
1 Mile	2	Jacky Balfour	5 : 58	F	93.0%	05/09/2020
1 Mile	3	Brigid Hibberd	5 : 55	F	89.9%	06/09/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10 Miles	1	Jacky Balfour	73 : 34	F	84.3%	04/01/2020
10 Miles	2	Laurence Duffy	65 : 47	M	81.1%	07/05/2020
10 Miles	3	David Brewin	71 : 42	M	78.1%	07/03/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
10K	1	Jacky Balfour	41 : 21	F	91.6%	5/29/2020
10K	2	Pam Whitter	42 : 34	F	91.4%	7/26/2020
10k	3	Liz Killip	44 : 30	F	86.2%	19/12/2020

Distance	Posn	Name	Time	Gender	Grade	Date of Run
5K	1	Jacky Balfour	19 : 40	F	92.0%	07/11/2020
5K	2	Liz Killip	20 : 10	F	90.8%	6/30/2020
5K	3	Pam Whitter	20 : 25	F	90.8%	12/05/2020