Cheam Fields Club Summer Court Schedule

Day	Morning	Afternoon	Evening
Monday	Social Session: 9am-11am – All Courts 11am-11.30am - Courts 1-3	All Courts Free	H.I.T - 6pm-7pm - Courts 1-2 Beginners/Improvers Coaching Session – 7pm-9pm – Courts 1-3 Young Adults Session – 7pm-9pm – Courts 1-3 N.B. The above sessions are to alternate on a fortnightly basis.
Tuesday	All Courts Free	All Courts Free until 4pm	Junior Tennis – 4pm-7pm – Courts 1-3 Team Coaching + Practice Session – 7pm-9pm – Courts 1-3
Wednesday	Social Session: 9am-11am – All Courts 11am-11.30am - Courts 1-3	All Courts Free	Competitive Session – 6pm-9pm – Courts 1-4
Thursday	All Courts Free	NEW Social Session: 1.30pm-4pm Courts 1-4	Junior Tennis – 4pm-7pm – Courts 1-3 Social Session: 7pm-9pm – Courts 1-4 (School holidays 6pm-9pm)
Friday	All Courts Free	Creche Tennis: 1.15pm-2.45pm Courts 1-4	All Courts Free
Saturday	Junior Tennis – 9am-12pm – All Courts	Junior Tennis – 12pm-2pm – Courts 1-4 Rusty Rackets& Junior fixtures – 12pm-2pm – Courts 5-6 Senior Social Session – 2pm-5pm – Courts 1-4	All Courts Free
Sunday	All Courts Free	Social Session – 1.30pm-4pm – All Courts	All Courts Free from 4pm-dusk

Notes

Cheam Fields Courts open at 9am and close at dusk. The floodlights on courts 1-3 can be used until 9pm Monday to Friday and until 6pm on Saturday and Sunday.

Please read the "Session Details" page below for information on specific sessions. Feel free to contact any member of the committee (contact details can be found on the final page of this document) or the session organiser if you are unsure about which sessions to attend.

The committee are keeping this schedule under constant review, with scope for alteration if sessions are unpopular, oversubscribed etc.

Session Details

Session	Organiser/Contact	Description (weekly unless otherwise specified)	
Monday morning social	Deborah Tibble	Social session for all abilities.	
Monday Evening H.I.T	David Baxendine	High Intensity Tennis Session. Book directly with David, davidbaxendine@hotmail.com	
Monday evening improvers	David Baxendine	Sign-up coaching session for beginners/improvers. Run in conjunction with Saturday afternoon rusty rackets sessions. Fortnightly. Book directly with David	
Monday evening young adults	Lauren Waller	Social session for young adults (aged 18-28) of all abilities. Fortnightly.	
Tuesday evening junior	Mark Love / Rachel Buwalda	Aimed at children who want to play in addition to the Saturday morning or maybe due to other commitments are unable to make Saturdays, but are of a good level. Term time only, book via MDL app.	
Tuesday evening team coaching	David Baxendine	Specific coaching session for team players. Teams to alternate on a rotational basis (contact your specific captain).	
Wednesday morning social	David Bazzard	Social session for all abilities.	
Wednesday evening competitive	Rota	Highest standard social session, designed for senior players looking for a competitive hit. Team players are encouraged to attend, but this session is not exclusive to team players. Contact Taryn Selvon/Colin Goody.	
Thursday evening junior	Mark Love / Rachel Buwalda	Aimed at children who want to play in addition to the Saturday morning or maybe due to other commitments are unable to make Saturdays, but are of a good level. Term time only, book via MDL App	
Thursday Afternoon Social	Sara Tresadern/Emma Labrum	NEW Social session for all abilities, starting 8th April. This social session is aimed at all comers, with beginners coaching available if required. Please contact Sara or Emma for more details.	
Thursday evening social	Mike Veale	All abilities are welcome to this session. In the summer months more courts are allocated to this session so priority play should not be required, however if the session is full, priority will be given to members who cannot play during the day.	
Saturday morning junior	Mark Love / Rachel Buwalda	Usual junior hourly sessions.	
Saturday afternoon rusty rackets	Rachel Buwalda	Rachel's coaching session, run in conjunction with the Monday evening improvers' session. Please contact Rachel to book.	
Saturday afternoon senior social	Rota	Inclusive social session for team players, near-team players, players of a decent standard and those looking to improve. The session organiser will ensure that all attendees mix with players of a similar ability. Once a Month Rota session, sign up in advance by emailing Cheamfields@gmail.com	
Sunday afternoon social	Margaret Burns	Social session for all abilities.	

Committee Contact Details

Name	Position	Email	
Paul Taylor	General Committee Representative	paultaylor55@live.com	
Colin Goody	Grounds and Maintenance	colingoody@uwclub.net	
Emma Labrum	LTA Main Contact	emma@labrum.co.uk	
Vicky White	Clubspark Court Booking & Communication	victoria.79.white@gmail.com	
Taryn Selvon	Finance Manager & Ladies Captain	tarynbang@gmail.com	
Sara Tresadern	Welfare Officer	saratresadern@hotmail.com	
Alex Tresadern	Chairperson & Men's Captain	alex.tresadern@gmail.com	
Lauren Waller	Young Adults	laurenwaller217@gmail.com	
Rachel Buwalda	Junior Secretary	rc.stent@btinternet.com	
Mark Love	Head Coach	mdlcoaching@hotmail.com	