

Club 2021 5k Handicap Table

After 5 Events

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| Posn | Name | Number of Events | Jan | Feb | March | April | June | | Total Points |
|------|------------------------|------------------|-----|-----|-------|-------|------|--|--------------|
| 1 | Gail Caruana | 5 | 47 | 57 | 56 | 65 | 49 | | 274 |
| 2 | Stuart Thompson | 5 | 52 | 58 | 24 | 37 | 69 | | 240 |
| 3 | Sue Howarth | 5 | 57 | 64 | 36 | 28 | 31 | | 216 |
| 4 | Andy Howarth | 5 | 55 | 28 | 10 | 64 | 55 | | 212 |
| 5 | Lisa Bailey | 4 | 49 | 59 | 49 | 54 | | | 211 |
| 6 | Denis Mustafa | 5 | 38 | 51 | 17 | 58 | 30 | | 194 |
| 7 | Alexandra Mason | 5 | 51 | 52 | 20 | 33 | 37 | | 193 |
| 8 | Eliza Hawthorn | 5 | 41 | 56 | 46 | 23 | 11 | | 177 |
| 9 | Jason Nourse | 5 | 16 | 61 | 12 | 25 | 62 | | 176 |
| 10 | Crispin Allen | 5 | 33 | 25 | 32 | 28 | 57 | | 175 |
| 11 | Izabel Grindal | 4 | 47 | 62 | | 19 | 43 | | 171 |
| 11 | Mirella Genziani | 5 | 21 | 26 | 50 | 6 | 68 | | 171 |
| 13 | Andrew Simpson | 4 | | 49 | 28 | 63 | 25 | | 165 |
| 13 | Carol Dickinson | 4 | 53 | 65 | 44 | 3 | | | 165 |
| 15 | Becky Thurtell | 5 | 3 | 12 | 48 | 62 | 38 | | 163 |
| 16 | Pete Gregorowski | 5 | 24 | 18 | 34 | 51 | 32 | | 159 |
| 17 | Chrissie Glew | 5 | 29 | 47 | 44 | 20 | 18 | | 158 |
| 17 | Kate McIntyre | 4 | 20 | 29 | 47 | 62 | | | 158 |
| 19 | Matt Parker | 5 | 4 | 2 | 5 | 72 | 74 | | 157 |
| 20 | Rob Eveson | 3 | 51 | 53 | | 48 | | | 152 |
| 21 | Sally Boulton | 5 | 26 | 13 | 39 | 48 | 19 | | 145 |
| 22 | Emily Wattret | 5 | 16 | 34 | 3 | 68 | 23 | | 144 |
| 22 | Jim Sell | 4 | | 63 | 30 | 17 | 34 | | 144 |
| 24 | Suzanne Cardillo-Zallo | 4 | 5 | 54 | | 60 | 22 | | 141 |
| 25 | Laurence Duffy | 5 | 39 | 31 | 20 | 37 | 12 | | 139 |
| 26 | Andrew Allen | 4 | | 60 | 4 | 1 | 73 | | 138 |
| 27 | Ian Robertson | 3 | | 66 | | 55 | 16 | | 137 |
| 28 | Julia Snaith | 4 | 29 | 49 | 54 | 4 | | | 136 |
| 29 | Kevin Price | 5 | 11 | 21 | 25 | 59 | 17 | | 133 |
| 30 | Michael Axton | 4 | 26 | 25 | | 32 | 42 | | 125 |

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|----|-------------------|---|----|----|----|----|----|--|-----|
| 31 | Tom Eastwood | 3 | | 46 | | 71 | 6 | | 123 |
| 32 | Roy Reeder | 2 | 47 | | | 74 | | | 121 |
| 33 | Donovan Duffy | 3 | | | 24 | 66 | 29 | | 119 |
| 33 | Nick Brown | 3 | | 4 | | 52 | 63 | | 119 |
| 35 | Heather Shanahan | 2 | 49 | | | | 66 | | 115 |
| 36 | Charlie Jeffrey | 5 | 14 | 28 | 11 | 31 | 28 | | 112 |
| 36 | David Brewin | 5 | 30 | 30 | 22 | 16 | 14 | | 112 |
| 36 | Peter Wedderburn | 2 | | | | 67 | 45 | | 112 |
| 39 | Julie Holmes | 4 | 7 | 5 | 45 | 53 | | | 110 |
| 39 | Simon Webb | 4 | 9 | 6 | 26 | 69 | | | 110 |
| 41 | Sophie Biggs | 2 | 54 | 55 | | | | | 109 |
| 42 | Tom Howarth | 4 | 35 | | 31 | 2 | 40 | | 108 |
| 43 | Sue Hobbs | 2 | 56 | | | | 51 | | 107 |
| 44 | Richard Patient | 3 | 37 | | | 45 | 20 | | 102 |
| 45 | Des Hoar | 2 | | | | 48 | 52 | | 100 |
| 45 | Neil Carrington | 4 | 36 | 14 | 35 | | 15 | | 100 |
| 47 | Cecilia Hedberg | 4 | 23 | 34 | 29 | 12 | | | 98 |
| 47 | Daniel Greenslade | 4 | 32 | 9 | 52 | 5 | | | 98 |
| 49 | Sue Waters | 4 | 23 | 34 | 15 | 25 | | | 97 |
| 50 | Malcolm Fletcher | 3 | | 25 | 55 | 13 | | | 93 |
| 50 | Simon Brazil | 4 | 20 | 20 | 27 | 26 | | | 93 |
| 52 | Liz Fraser | 2 | | | 34 | 57 | | | 91 |
| 53 | Mary Allen | 4 | 58 | 17 | 6 | 9 | | | 90 |
| 54 | Malcolm Davies | 2 | 47 | | 37 | | | | 84 |
| 55 | Freysen Maritz | 2 | | 46 | | | 36 | | 82 |
| 55 | Helen Davies | 2 | 47 | | | | 35 | | 82 |
| 57 | Aaron Israel | 2 | | | | 57 | 24 | | 81 |
| 57 | Cath Corcoran | 2 | | 46 | | 35 | | | 81 |
| 59 | Jacky Balfour | 3 | 18 | 19 | | | 41 | | 78 |
| 60 | Katie West | 2 | | | | 19 | 58 | | 77 |
| 61 | Rob Perry | 1 | | | | | 75 | | 75 |
| 62 | Anne Woods | 2 | 8 | | | | 65 | | 73 |
| 62 | Breda McGree | 1 | | | | 73 | | | 73 |

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| 62 | Steve Miller | 3 | | 11 | 51 | 11 | | | 73 |
| 65 | Alan Mawdsley | 3 | 1 | | 1 | 70 | | | 72 |
| 65 | Dave Griffiths | 2 | | | | 51 | 21 | | 72 |
| 65 | Helen Brett | 1 | | | | | 72 | | 72 |
| 68 | Merran Sell | 3 | | 46 | 22 | | 3 | | 71 |
| 68 | Sue Olsen | 1 | | | | | 71 | | 71 |
| 70 | Andrew Mayall | 1 | | | | | 70 | | 70 |
| 70 | Patricia Ronksley | 2 | | | | 23 | 47 | | 70 |
| 72 | Lex Prince | 3 | 17 | 8 | | 44 | | | 69 |
| 73 | Nick Little | 2 | | 15 | 53 | | | | 68 |
| 74 | Joe Jackson | 1 | | | | | 67 | | 67 |
| 75 | Harri Daniel | 2 | | | | 21 | 44 | | 65 |
| 76 | John Caruana | 1 | | | | | 64 | | 64 |
| 76 | Paul Keeler | 3 | | 46 | 13 | | 5 | | 64 |
| 78 | Richard Gray | 2 | | 46 | 16 | | | | 62 |
| 79 | David Scotten | 1 | | | | | 61 | | 61 |
| 79 | Michael Trott | 2 | | 46 | | 15 | | | 61 |
| 81 | Emma Gray | 1 | | | | | 60 | | 60 |
| 82 | Tim Jenns | 1 | | | | | 59 | | 59 |
| 83 | Heidi Russenberger | 1 | | | 57 | | | | 57 |
| 84 | Julie Garner | 1 | | | | | 56 | | 56 |
| 85 | Laura La Frenais | 2 | | 46 | | | 8 | | 54 |
| 85 | Pam Whitter | 3 | 32 | 8 | 14 | | | | 54 |
| 85 | Steven Lawrence | 1 | | | | | 54 | | 54 |
| 88 | Rupert Gregory | 1 | | | | | 53 | | 53 |
| 89 | Julie Haworth | 1 | | | | 51 | | | 51 |
| 90 | Jim Lurkins | 1 | | 50 | | | | | 50 |
| 90 | Tom Bucke | 1 | | | | | 50 | | 50 |
| 92 | Donald Bell | 5 | 6 | 25 | 9 | 7 | 2 | | 49 |
| 93 | Ian Peggs | 1 | | | | | 48 | | 48 |
| 94 | Andy McArthur | 1 | 47 | | | | | | 47 |
| 95 | Janet Robinson | 1 | | | | | 46 | | 46 |

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|-----|----------------------|---|----|----|----|----|----|--|----|
| 95 | Jonathan Dickinson | 1 | | 46 | | | | | 46 |
| 95 | Kelsey Smith | 1 | | 46 | | | | | 46 |
| 95 | Nick Poaros | 1 | | 46 | | | | | 46 |
| 95 | Shirley Buckley | 1 | | 46 | | | | | 46 |
| 100 | Eddie Robertson | 1 | | | | 44 | | | 44 |
| 100 | John Beer | 1 | | | | 44 | | | 44 |
| 100 | Judith Russenberger | 1 | | | | 44 | | | 44 |
| 100 | Katie Wright | 2 | 41 | 3 | | | | | 44 |
| 100 | Phil Hammett | 1 | | | | 44 | | | 44 |
| 100 | Richard Carter | 1 | | | | 44 | | | 44 |
| 100 | Ruth Bennett | 1 | | | | 44 | | | 44 |
| 107 | Howard Watson | 1 | | | 42 | | | | 42 |
| 107 | Oli Bowers | 1 | | | 42 | | | | 42 |
| 107 | Stephen Wu | 1 | | | 42 | | | | 42 |
| 110 | Lynton Nicholson | 1 | | | | | 39 | | 39 |
| 111 | Sarah Burdett | 1 | | | 38 | | | | 38 |
| 112 | Bert Smith | 1 | | | | 34 | | | 34 |
| 112 | James Ruskin | 1 | 34 | | | | | | 34 |
| 114 | Andy Hoseason | 1 | | | | | 33 | | 33 |
| 115 | Richard Bulkley | 1 | | | | 30 | | | 30 |
| 116 | Sabrina Cant | 1 | | | | 29 | | | 29 |
| 117 | Alastair Hall | 1 | | | | | 27 | | 27 |
| 117 | Jon Forster | 1 | 27 | | | | | | 27 |
| 119 | Lucy Hoseason | 1 | | | | | 26 | | 26 |
| 120 | Mike Tivnen | 2 | 12 | 10 | | | | | 22 |
| 121 | Roger Wilson | 3 | 2 | 1 | 18 | | | | 21 |
| 122 | Rob Allen | 2 | | | | 10 | 10 | | 20 |
| 123 | Stella Hammond | 2 | | 16 | 2 | | | | 18 |
| 124 | Tracey Lenthall | 1 | | | | 14 | | | 14 |
| 125 | Danny Glebocki | 1 | | | | | 13 | | 13 |
| 125 | Phil Davies | 1 | 13 | | | | | | 13 |
| 127 | Tomas Cardillo-zallo | 1 | 10 | | | | | | 10 |
| 128 | Cathy Davis | 1 | | | 9 | | | | 9 |

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|-----|----------------|---|--|--|---|---|---|--|---|
| 128 | Libby Ferguson | 1 | | | | | 9 | | 9 |
| 130 | Sabine Duffy | 1 | | | | 8 | | | 8 |
| 131 | Bart Balus | 1 | | | 7 | | | | 7 |
| 131 | John Cheal | 1 | | | | | 7 | | 7 |
| 133 | Chloe Hoseason | 1 | | | | | 4 | | 4 |
| 134 | Joy Bell | 1 | | | | | 1 | | 1 |

330 58 66 57 74

Club 5k Handicap Bushy Park 24/6/21

| Finish Posn | Name | Run Time | Target Time | Difference | Age Grade | Run Time Rank | Gender | Age Grade Rank | Run Time Gender Rank | SGP Points |
|-------------|------------------|----------|-------------|------------|-----------|---------------|--------|----------------|----------------------|------------|
| 1 | Rob Perry | 22:01 | 26:00 | -3:59 | 60.6% | 34 | M | 63 | 27 | 10 |
| 2 | Matt Parker | 21:35 | 25:00 | -3:25 | 63.5% | 30 | M | 58 | 24 | 12 |
| 3 | Andrew Allen | 23:12 | 26:30 | -3:18 | 72.4% | 40 | M | 26 | 30 | 10 |
| 4 | Helen Brett | 31:53 | 35:00 | -3:07 | 61.1% | 71 | F | 62 | 27 | 10 |
| 5 | Sue Olsen | 31:10 | 33:30 | -2:20 | 65.0% | 70 | F | 55 | 26 | 10 |
| 6 | Andrew Mayall | 23:31 | 25:30 | -1:59 | 57.1% | 41 | M | 68 | 31 | 10 |
| 7 | Stuart Thompson | 24:16 | 26:15 | -1:59 | 69.2% | 43 | M | 40 | 33 | 10 |
| 8 | Mirella Genziani | 28:08 | 30:00 | -1:52 | 56.9% | 59 | F | 69 | 17 | 19 |
| 9 | Joe Jackson | 19:41 | 21:30 | -1:49 | 66.0% | 13 | M | 52 | 11 | 25 |
| 10 | Heather Shanahan | 28:15 | 30:00 | -1:45 | 67.3% | 61 | F | 48 | 18 | 18 |
| 11 | Anne Woods | 28:19 | 30:00 | -1:41 | 65.5% | 62 | F | 53 | 19 | 17 |
| 12 | John Caruana | 28:55 | 30:30 | -1:35 | 57.1% | 64 | M | 67 | 44 | 10 |
| 13 | Nick Brown | 21:26 | 23:00 | -1:34 | 72.1% | 29 | M | 29 | 23 | 13 |
| 14 | Jason Nourse | 21:57 | 23:30 | -1:33 | 68.2% | 33 | M | 44 | 26 | 10 |
| 15 | David Scotten | 25:28 | 27:00 | -1:32 | 54.6% | 52 | M | 70 | 38 | 10 |
| 16 | Emma Gray | 22:09 | 23:30 | -1:21 | 80.7% | 35 | F | 6 | 8 | 28 |
| 17 | Tim Jenns | 18:40 | 20:00 | -1:20 | 76.1% | 8 | M | 16 | 8 | 28 |
| 18 | Katie West | 22:13 | 23:30 | -1:17 | 74.4% | 36 | F | 20 | 9 | 27 |
| 19 | Crispin Allen | 17:44 | 19:00 | -1:16 | 84.5% | 3 | M | 2 | 3 | 33 |

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|----|-------------------|-------|-------|-------|-------|----|---|----|----|----|
| 20 | Julie Garner | 26:45 | 28:00 | -1:15 | 69.3% | 56 | F | 39 | 16 | 20 |
| 21 | Andy Howarth | 22:18 | 23:30 | -1:12 | 70.4% | 37 | M | 35 | 28 | 10 |
| 22 | Steven Lawrence | 26:22 | 27:30 | -1:08 | 61.6% | 55 | M | 61 | 40 | 10 |
| 23 | Rupert Gregory | 20:53 | 22:00 | -1:07 | 69.1% | 24 | M | 42 | 19 | 17 |
| 24 | Des Hoar | 20:24 | 21:30 | -1:06 | 69.2% | 19 | M | 41 | 15 | 21 |
| 25 | Sue Hobbs | 30:55 | 32:00 | -1:05 | 64.7% | 69 | F | 56 | 25 | 11 |
| 26 | Tom Bucke | 24:26 | 25:30 | -1:04 | 63.3% | 44 | M | 59 | 34 | 10 |
| 27 | Gail Caruana | 28:26 | 29:30 | -1:04 | 66.8% | 63 | F | 50 | 20 | 16 |
| 28 | Ian Peggs | 20:58 | 22:00 | -1:02 | 71.4% | 25 | M | 32 | 20 | 16 |
| 29 | Patricia Ronksley | 22:29 | 23:30 | -1:01 | 83.5% | 38 | F | 4 | 10 | 26 |
| 30 | Janet Robinson | 24:30 | 25:30 | -1:00 | 72.1% | 45 | F | 28 | 11 | 25 |
| 31 | Peter Wedderburn | 27:01 | 28:00 | -0:59 | 64.7% | 57 | M | 57 | 41 | 10 |
| 32 | Harri Daniel | 19:51 | 20:45 | -0:54 | 76.4% | 14 | F | 14 | 3 | 33 |
| 33 | Izabel Grindal | 24:38 | 25:30 | -0:52 | 73.5% | 46 | F | 23 | 12 | 24 |
| 34 | Michael Axton | 23:39 | 24:30 | -0:51 | 71.0% | 42 | M | 34 | 32 | 10 |
| 35 | Jacky Balfour | 19:55 | 20:45 | -0:50 | 92.0% | 16 | F | 1 | 4 | 32 |
| 36 | Tom Howarth | 19:12 | 20:00 | -0:48 | 67.6% | 11 | M | 47 | 10 | 26 |
| 37 | Lynton Nicholson | 24:42 | 25:30 | -0:48 | 68.6% | 48 | M | 43 | 36 | 10 |
| 38 | Becky Thurtell | 39:13 | 40:00 | -0:47 | 47.3% | 73 | F | 74 | 29 | 10 |
| 39 | Alexandra Mason | 24:45 | 25:30 | -0:45 | 69.8% | 49 | F | 37 | 13 | 23 |
| 40 | Freysen Maritz | 17:46 | 18:30 | -0:44 | 80.6% | 4 | M | 7 | 4 | 32 |
| 41 | Helen Davies | 20:46 | 21:30 | -0:44 | 80.4% | 22 | F | 8 | 5 | 31 |
| 42 | Jim Sell | 28:03 | 28:45 | -0:42 | 72.2% | 58 | M | 27 | 42 | 10 |
| 43 | Andy Hoseason | 20:19 | 21:00 | -0:41 | 71.5% | 18 | M | 31 | 14 | 22 |
| 44 | Pete Gregorowski | 17:20 | 18:00 | -0:40 | 81.4% | 1 | M | 5 | 1 | 35 |
| 45 | Sue Howarth | 29:53 | 30:30 | -0:37 | 60.6% | 68 | F | 64 | 24 | 12 |
| 46 | Denis Mustafa | 19:54 | 20:30 | -0:36 | 76.5% | 15 | M | 13 | 12 | 24 |
| 47 | Donovan Duffy | 18:10 | 18:45 | -0:35 | 78.2% | 6 | M | 11 | 6 | 30 |
| 48 | Charlie Jeffrey | 17:26 | 18:00 | -0:34 | 74.5% | 2 | M | 19 | 2 | 34 |
| 49 | Alastair Hall | 18:27 | 19:00 | -0:33 | 71.2% | 7 | M | 33 | 7 | 29 |
| 50 | Lucy Hoseason | 19:31 | 20:00 | -0:29 | 76.9% | 12 | F | 12 | 2 | 34 |
| 51 | Andrew Simpson | 20:34 | 21:00 | -0:26 | 67.1% | 21 | M | 49 | 17 | 19 |
| 52 | Aaron Israel | 20:06 | 20:30 | -0:24 | 72.8% | 17 | M | 25 | 13 | 23 |

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|----|------------------------|-------|-------|-------|-------|----|---|----|----|----|
| 53 | Emily Wattret | 21:39 | 22:00 | -0:21 | 68.2% | 31 | F | 45 | 7 | 29 |
| 54 | Suzanne Cardillo-Zallo | 29:39 | 30:00 | -0:21 | 58.3% | 66 | F | 65 | 22 | 14 |
| 55 | Dave Griffiths | 24:40 | 25:00 | -0:20 | 69.3% | 47 | M | 38 | 35 | 10 |
| 56 | Richard Patient | 22:41 | 23:00 | -0:19 | 66.0% | 39 | M | 51 | 29 | 10 |
| 57 | Sally Boulton | 25:42 | 26:00 | -0:18 | 79.9% | 53 | F | 9 | 15 | 21 |
| 58 | Chrissie Glew | 29:44 | 30:00 | -0:16 | 68.2% | 67 | F | 46 | 23 | 13 |
| 59 | Kevin Price | 21:01 | 21:15 | -0:14 | 74.1% | 26 | M | 21 | 21 | 15 |
| 60 | Ian Robertson | 21:04 | 21:15 | -0:11 | 75.2% | 27 | M | 18 | 22 | 14 |
| 61 | Neil Carrington | 20:51 | 21:00 | -0:09 | 70.2% | 23 | M | 36 | 18 | 18 |
| 62 | David Brewin | 21:54 | 22:00 | -0:06 | 76.0% | 32 | M | 17 | 25 | 11 |
| 63 | Danny Glebocki | 17:48 | 17:45 | 0:03 | 73.5% | 5 | M | 22 | 5 | 31 |
| 64 | Laurence Duffy | 19:05 | 19:00 | 0:05 | 83.7% | 10 | M | 3 | 9 | 27 |
| 65 | Eliza Hawthorn | 18:51 | 18:45 | 0:06 | 78.3% | 9 | F | 10 | 1 | 35 |
| 66 | Rob Allen | 28:09 | 28:00 | 0:09 | 57.7% | 60 | M | 66 | 43 | 10 |
| 67 | Libby Ferguson | 21:10 | 21:00 | 0:10 | 76.4% | 28 | F | 15 | 6 | 30 |
| 68 | Laura La Frenais | 25:21 | 25:00 | 0:21 | 62.5% | 51 | F | 60 | 14 | 22 |
| 69 | John Cheal | 20:29 | 20:00 | 0:29 | 73.1% | 20 | M | 24 | 16 | 20 |
| 70 | Tom Eastwood | 24:47 | 24:00 | 0:47 | 52.4% | 50 | M | 72 | 37 | 10 |
| 71 | Paul Keeler | 25:54 | 25:00 | 0:54 | 65.4% | 54 | M | 54 | 39 | 10 |
| 72 | Chloe Hoseason | 28:59 | 28:00 | 0:59 | 53.5% | 65 | F | 71 | 21 | 15 |
| 73 | Merran Sell | 32:07 | 30:45 | 1:22 | 71.7% | 72 | F | 30 | 28 | 10 |
| 74 | Donald Bell | 50:25 | 40:00 | 10:25 | 41.1% | 74 | M | 75 | 45 | 10 |
| 75 | Joy Bell | 50:26 | 40:00 | 10:26 | 47.8% | 75 | F | 73 | 30 | 10 |