

## **Dos and don'ts at Training**

### **Robert Smyth Academy**

For the safety of club members, and to ensure an ongoing good relationship with Robert Smyth Academy and the surrounding community, we ask that all members abide by the guidelines below while on the school grounds.

#### **Before Training:**

Arrive at your session on time. Please don't keep the coach and participants waiting, unless you have a legitimate excuse.

Access to the pitch is up the wide footpath near the car park entrance by the school gates.

Tick your name on the register, or add your name to the list (**this is very important so please do not forget**).

Do not enter the pitch until the coach, or person in charge of the session, has arrived.

Use the one-way system to enter and exit the pitch.

Do not hit balls around the pitch, or towards the goals, unless it is part of a drill or instructed by a coach.

Do not hit balls against the fence boards unnecessarily as the noise causes problems for the residents living near the pitch.

#### **During Training:**

Do not hit balls around the pitch, or towards the goals, unless it is part of a drill or instructed by a coach.

Do not hit balls against the fence boards unnecessarily.

Respect and listen to the coach when they are explaining drills. Be considerate of the other participants at the session.

#### **After Training:**

Do not hit balls around the pitch, or towards the goals, unless it is part of a drill or instructed by a coach.

Do not hit balls against the fence boards unnecessarily.

Training activity will cease a few minutes before the end of the session to allow some time to collect club equipment and for members to collect their belongings.

Once the floodlights are switched off it will be very dark. Please take care and leave the pitch as soon as you can. Do not hang around.

Please leave the school site **as soon as training is over**. Do not congregate in the school car park—there are plenty of warm pubs just down the road waiting to serve you! The school staff cannot lock up and go home until we have all left the site.

For further information regarding MHC standards of behaviour and conduct please read the *MHC Code of Conduct* on the club website.