

**Bedford Half Marathon - Dec 2011**

Name	Overall Pos	Cat Pos	Time
Stuart Woodruff	154	21	01:29:08
Robert Palmer	159	67	01:29:14
Bernice Randall	203	5	01:31:45
Emily Robertson	213	7	01:32:16
Gareth Morris	245	83	01:34:08
Debora Morley	415	15	01:39:35
Mike Pollock	436	75	01:40:06
Tony Locke	467	31	01:40:53
Lisa Russell	473	16	01:40:58
David Shakespeare	540	86	01:42:23
Vicky Johashen	561	12	01:43:15
Adam Goss	624	103	01:45:04
Michael McNamara	645	96	01:45:42
Mark Clayton	704	118	01:47:01
Barbara Clayton	705	19	01:47:02
Susan Teasdale	880	29	01:51:19
Tom Jones	903	77	01:51:57
Deirdre Bethune	1030	3	01:57:12

**GNR Half Marathon Sep 2011**

Name	Overall Pos	Cat Pos	Time
Mark Clayton	451	-	01:26:58
Michael McNamara	3894	-	01:43:30
Mike Smith	6792	-	01:50:27
Michelle Smith	10747	-	01:57:19

**Doug Anderson 5k Bedford - Jul 2011**

Name	Overall Pos	Cat Pos	Time
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Phil Holland	2	2	15:37:00
Mark Clayton	49	7	18:44:00
Alisdair Gibson	78	6	19:49:00
Bernice Randall	-	-	20:00:00
Mike Pollock	158	23	22:18:00
Michelle Smith	202	10	23:43:00
Bethan Courtman	216	6	00:24:16
Rik Burbridge	223	32	00:24:32
Rebecca Walker	231	5	00:24:47
Shaun Wilson	250	26	00:25:34
Adam Jamison	257	35	00:25:53
Katka Tucker	263	23	00:26:10
Simon Tucker	266	28	00:26:14
Helen Oliver	340	19	00:31:29
Sally Pollock	366	36	00:35:44

#### NSPCC MK Half Marathon - July 2011

Name	Overall Pos	Cat Pos	Time
Steve Rice	163	-	01:37:47
Doug Smith	177	-	01:38:13
Michael McNamara	226	-	01:41:04
Barbara Clayton	454	-	01:49:54
Mark Clayton	455	-	01:49:54
Amanda Brear	640	-	01:57:04
Tom Jones	740	-	01:59:39
Katka Tucker	-	-	02:01:26
Ann-Marie Hunter	-	-	02:04:08

#### London Marathon Results - April 2011

Name	Overall Pos	Cat Pos	Time
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Gregg Penn	2264	323	03:14:54
Kevin Minter	2440	354	03:16:51
Michael McNamara	8821	4714	04:08:38
Andrew Leicester	9965	1401	04:15:37
Deb Morley	-	-	04:20:00
Dee Bethune	18643	36	04:39:08
Sue Bryden	20700	964	04:47:40
Alex Read	24706	9554	05:06:13
Kayleigh Docherty	24702	4553	05:06:13
Lara Rogers	24968	4597	05:06:13
Jill Puddefoot	24920	1227	05:06:58

#### Bedford Sprint Triathlon Apr 2011

Name	Overall Pos	Cat Pos	Time	Swim	T1	Bike	T2	Run
Phil Holland	1st	1st	01:02:44	00:06:33	00:00:21	00:29:32	00:00:32	00:15:42
Dave McDougall	5th	5th	-	00:05:51	00:00:29	00:41:02	00:00:31	00:17:53

#### Grendon Sprint Triathlon Apr 2011

Name	Overall Pos	Cat Pos	Time	Swim	T1	Bike	T2	Run
Dave Mac	3rd	3rd	01:10:01	00:11:16	00:00:44	00:38:22	00:00:36	00:19:01
Andrew Leicester	-	8th	01:28:15	00:17:47	00:01:39	00:45:43	00:00:40	00:22:23

#### Duston Triathlon Apr 2011

Name	Overall Pos	Cat Pos	Time	Swim	T1	Bike	T2	Run
Alec Patterson	27th	5th	00:05:52	00:00:59	00:34:15	00:00:35	00:20:11	
Dave McDougall	12th	12th	01:16:00	00:19:17	00:00:40	00:32:44	00:00:28	00:22:53
Juliette Minter	20th	1st	01:19:35	00:18:22	00:00:43	00:37:11	00:00:46	00:22:35

#### Big Cow Duathlon 2, 27 Mar 2011

Name	Overall Pos	Cat Pos	Time	Run 1	T1	Bike	T2	Run 2
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Phil Holland	1st	1st	01:07:47	00:15:56	00:00:24	00:31:03	00:00:30	00:19:56
Dave McDougall	12th	12th	01:16:00	00:19:17	00:00:40	00:32:44	00:00:28	00:22:53
Juliette Minter	20th	1st	01:19:35	00:18:22	00:00:43	00:37:11	00:00:46	00:22:35

#### Frostbite Aquathon, 6 Mar 2011

Name	Overall Pos	Cat Pos	Time	Swim	Run
Alec Patterson	12th	-	00:53:27	00:12:14	00:41:13

#### Milton Keynes Half Marathon - March 2011

Name	Overall Pos	Cat Pos	Time
Tom Watson	32	32	01:19:38
Stuart Woodruff	-	-	01:36:21
Steve Rice	-	-	01:39:31
Paul Munday	-	-	01:43:29
Caroline Dickens	-	-	01:45:25
Vicky Johashen	-	-	01:45:40
Lisa Munday	-	-	01:46:22
Karen Cook	-	-	01:47:58
Barbara Clayton	-	-	01:49:08
Mark Clayton	-	-	01:49:09
Simon Harrison	-	-	01:51:12
Alex Read	-	-	01:51:13
Rick Burbridge	-	-	01:51:29
Helen Diamond	-	-	01:51:58
Andrew Betts	-	-	01:58:40
Tom Jones	-	-	02:00:16
Lara Rogers	-	-	02:00:38
Sue Bryden	-	-	02:02:31
Gill Puddefoot	-	-	02:03:03
Maddi Forrester	-	-	02:03:13

Jane Betts	-	-	02:36:17
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#### MK 10k Race - March 2011

Name	Overall Pos	Cat Pos	Time
Emily Roberston	-	3	19:03:00
Shaun Wilson	-	-	01:01:44

3rd lady

#### Grantham Ultra Marathon - March 2011

Name	Overall Pos	Cat Pos	Time
Tony Lamming	41st	37th Male	05:03:00

#### Berkhamsted Half Marathon - March 2011

Name	Overall Pos	Cat Pos	Time
Andrew Leicester	261	26 MV	01:39:32

#### Silverstone Half Marathon - March 2011

Name	Overall Pos	Cat Pos	Time
Craig Austin	271	28	01:32:21

#### Big Cow Winter Duathlon Series, Race 1, 27 Feb 2011

Name	Overall Pos	Cat Pos	Time	Lap 1	Lap 2	Lap 3	Run 1	T 1	Cycle	T 2	Run 2
Phil Holland	8th	1st	02:03:29	00:06:32	00:15:44	00:25:05	00:34:10	00:00:30	01:06:01	00:00:40	00:22:10

#### Southern Counties Masters' XC Champs Jan 2011

Name	Overall Pos	Cat Pos	Time
Juliette Minter	2nd	1st	-

#### Irchester Multi-terrain - Round 3 2011, 5k

Name	Overall Pos	Cat Pos	Time
Emily Robertson	7th	1st female	20:31

Simon Harrison	18th	3rd MV	23:32
Michelle Smith	19th	3rd female	23:34
Rick Burbridge	20th	4th MV	24:06:00
Lucy Reeves	38th	12th female	27:24:00
Mike Hughes	49th	2nd SV	28:42:00
Caroline Taylor	53rd	18th Female	29:02:00
Shaun Wilson	56th	11th MV	29:38:00
Laura Powell	67th	27th Female	31:25:00
Shaun Wilson	86th	14th MV	35:24:00

#### Irchester Multi-terrain - Round 3 2011, 10k

Name	Overall Pos	Cat Pos	Time
Liz Tapper	12th	3rd female	43:32:00
George Watson	19th	14th male	45:13:00
Andrew Reeves	20th	15th male	45:20:00
Nick Williams	23rd	3rd MV	47:06:00
Alex Read	26th	21st male	47:54:00
Chris Barnes	38th	9th	50:08:00
Jane Hughes	44th	1st FV	51.2
Tony Locke	45th	5th SV	52:21:00
Kevin Letts	50th	13th MV	52:49:00
Tom Jones	51st	6th SV	52:53:00
Row Cleverley	54th	8th SV	53:12:00
Jackie Tite	67th	4th FV	56:48:00
Nigel Tite	70th	13th MV	57:37:00

#### Irchester Multi-terrain - Round 3 2011, 15k

Name	Overall Pos	Cat Pos	Time
Tom Watson	3rd	3rd	55:22:00
Karen Cook	50th	3rd FV	01:16:20

Dee Bethune	74th	1st SV	01:27:50
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**Irchester Multi-terrain - Round 2 2011, 5k**

Name	Overall Pos	Cat Pos	Time
Barry Robertson	14th	1st SV	21:51
Michelle Smith	16th	4th MV	23:07
Stuart Ravenhall			24:29:00
Natalie Wastrom	24th	10th female	25:11:00
Maxine Oxley	48th	19th female	28:11:00
Tracey Wilson	53rd	24th female	28:31:00
Shaun Wilson	57th	10th MV	28:50:00
Heather Letts	77th	12th FV	30:54:00

**Irchester Multi-terrain - Round 2 2011, 10k**

Name	Overall Pos	Cat Pos	Time
Tom Watson	1st	1st	35:05:00
Simon Loughnane	6th	6th	38:18:00
Emily Robertson	24th	4th female	41:58:00
Andrew Reeves	31st		43:59:00
David Oxtoby	47th		45:42:00
Caroline Dickens	64th	9th female	47:54:00
Alex Read	68th		48:42:00
Jane Hughes	73rd	2nd FV	49:20:00
Tom Jones	83rd	12th SV	50:56:00
Kevin Letts	97th	19th MV	53:12:00
Sue Bryden	114th	9th FV	55:42:00

**Irchester Multi-terrain - Round 2 2011, 15k**

Name	Overall Pos	Cat Pos	Time
Steve Rice	42nd	4th SV	01:08:09

Chris Barnes	53rd	15th MV	01:10:26
Karen Cook	66th	3rd FV	01:14:03
Vicky Johashen	75th	4th FV	01:15:20
Andrew Betts	99th	27th MV	01:24:29
Maddy Forrester	100th	9th FV	01:25:13

#### Irchester Multi-terrain - Round 1 2011, 5k

Name	Overall Pos	Cat Pos	Time
Barry Robertson	21st	2nd SV	22:50
Steven Hunter	28th	10th MV	24:01:00
Michelle Smith	29th	7th female	24:21:00
Mike Smith	35th	3rd SV	25:21:00
Nigel Tite	52nd	5th SV	27:41:00
Helen Oliver	90th	12th FV	32:16:00
Shaun Wilson	91st	19th MV	32:17:00

#### Irchester Multi-terrain - Round 1 2011, 10k

Name	Overall Pos	Cat Pos	Time
Tom Watson	4th	3rd M	37:36:00
Andrew Reeves	41st	30th M	45:59:00
David Oxtoby	52nd	40th M	47:11:00
Bethan Courtman	73rd	3rd FV	50:13:00
Rick Burbridge	81st	19th MV	50:41:00
Jane Hughes	91st	4th FV	52:22:00
Tom Jones	96th	10th SV	53:04:00
Sue Bryden	146th	14th FV	59:39:00
Jackie Tite	147th	15th FV	59:40:00

#### Irchester Multi-terrain - Round 1 2011, 15k

Name	Overall Pos	Cat Pos	Time
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Alec Patterson	11th	10th	58:53:00
Steve Rice	35th	5th SV	01:08:05
Pete Humphries	36th	34th M	01:08:05
Chris Barnes	52nd	13th MV	01:11:38
Karen Cook	69th	2nd FV	01:16:40
Simon Harrison	73rd	20th MV	01:18:10
Vicky Johashen	81st	4th FV	01:18:40
Helen Diamond	89th	15th female	01:21:15