



SWIMMERS CODE OF CONDUCT

1. Members are expected to co-operate and fully respect all requests and decisions made by the Coaches, Teachers, Helpers, Administrators and Officials at **all times** whilst under the supervision of the Club. Remember all “staff” members of the club are volunteers; they are not paid in any way.

2. Inappropriate behaviour will not be tolerated. In the event of bad conduct Poolside staff have the power to demand that the offenders (s) leave the pool or site immediately and at their discretion.

A maximum of 2 warnings will be given, and if not complied with will result in suspension or exclusion from the Club.

3. Always display sporting behaviour and applaud good swims by both teammates and opponents. Remember there is no competition without them and that you are part of a team. – show respect and consideration to other squad members

4. Discrimination or bullying of any kind will not be accepted – **do not** tolerate it or become involved in **any** form of discrimination or bullying.

5. Train regularly and arrive at sessions on time with all kit as required. Please advise poolside staff of any ill health issues **before** you swim.

6. Always give your best efforts at training and competitions, trying hard and improving your technique and skills are as important as winning.

7. The purchase or use of alcohol, tobacco products, solvents or illegal performances enhancing drugs, is strictly forbidden while representing the Club, as is participation in the sport for the Club whilst under the influence, or suspected to be under the influence, of any of these products.

8. Do **not** engage in any inappropriate physical contact with others, intend to hurt, or use foul or abusive language towards them.

9. Respect the property of the Club and Team-mates. **Do not** inflict damage to or remove any property not your own.

10. **Never** leave the training or competition site during sessions without informing your Coach of your intentions beforehand.

11. The use of any kind of camera or recording device is forbidden in the changing rooms.

12. If you have any problems with the behaviour of fellow members, you will report them at the time to an appropriate adult.

13. Display a high standard of behaviour at all times e.g. training sessions, events/galas, land training.

In signing the membership form you are agreeing to abide by this code of conduct