

STRAGGLERS 2023 LADDER

16/04/2023

Combined

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
10 Miles	1	Simon Brazil	1	14	12	M	71.1%	1	1	07/04/2023

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
10k	1	Harry Tivnen		34	31	M	76.5%	1	10	12/02/2023
10k	2	Pete Gregorowski		35	21	M	80.6%	2	7	12/02/2023
10K	3	Ian Riley		36	20	M	73.6%	3	20	04/03/2023
10K	4	Sarah Holt		36	37	F	85.4%	1	2	18/02/2023
10k	5	Eliza Hawthorn		36	54	F	81.0%	2	6	12/02/2023
10K	6	Andrew Simpson		36	57	M	75.3%	4	14	04/03/2023
10K	7	Lisa Bailey		37	22	F	83.7%	3	3	08/01/2023
10k	8	David Curtin		38	16	M	72.7%	5	22	12/02/2023
10k	9	James Bowell		38	20	M	71.5%	6	24	12/02/2023
10k	10	George Beck		39	11	M	67.4%	7	31	12/02/2023
10k	11	Liz Fraser		40	33	F	75.3%	4	15	12/02/2023
10k	12	David Sheldon		41	32	M	68.6%	8	26	12/02/2023
10k	13	Harri Daniel		41	41	F	75.1%	5	17	12/02/2023
10k	14	Kevin Price		41	46	M	76.3%	9	11	12/02/2023
10k	15	Libby Ferguson		43	27	F	76.7%	6	9	12/02/2023
10k	16	Ian Robertson		43	29	M	75.3%	10	16	12/02/2023
10k	17	David Brewin		43	39	M	78.7%	11	8	12/02/2023
10k	18	Kelly Page		44	10	F	74.6%	7	18	12/02/2023
10k	19	Rachel Simpson		44	43	F	75.3%	8	13	12/02/2023
10k	20	Pam Whitter		44	52	F	88.0%	9	1	12/02/2023
10k	21	Jason Nourse		45	4	M	67.6%	12	28	12/02/2023
10k	22	Chandramouli Ramamoorthy		45	26	M	63.3%	13	35	12/02/2023
10k	23	Fraser Wigley		45	45	M	72.9%	14	21	12/02/2023
10k	24	Emily Wattret		45	48	F	64.9%	10	34	12/02/2023
10k	25	Andrew Allen		46	43	M	74.2%	15	19	12/02/2023
10k	26	Merilyn Davis		47	10	F	83.7%	11	4	12/02/2023
10k	27	Andy Howarth		47	46	M	67.9%	16	27	12/02/2023
10K	28	Andy Greene		47	51	M	61.6%	17	39	29/01/2023
10k	29	Camilla Finnigan-Gore		49	6	F	61.9%	12	37	12/02/2023
10k	30	Izabel Grindal		49	59	F	75.9%	13	12	12/02/2023
10k	31	Stuart Thompson		51	54	M	67.5%	18	30	12/02/2023
10k	32	Peter Wedderburn		52	23	M	69.0%	19	25	12/02/2023
10k	33	Sally Boulton		52	55	F	82.2%	14	5	12/02/2023
10k	34	Amanda Rencontre		54	44	F	66.8%	15	32	12/02/2023
10k	35	Michael Holden		54	50	M	67.5%	20	29	12/02/2023
10k	36	Mike Tivnen		55	48	M	62.8%	21	36	12/02/2023
10k	37	Carol Dickinson		56	15	F	65.0%	16	33	12/02/2023
10k	38	Lynda Chase		59	11	F	72.4%	17	23	12/02/2023

10k	39	Richard Steeden	1 : 3 : 32	M	49.3%	22	41	12/02/2023
10k	40	Stephanie Radoja	1 : 4 : 6	F	46.5%	18	42	12/02/2023
10k	41	Sue Howarth	1 : 4 : 19	F	58.3%	19	40	12/02/2023
10k	42	Helen Brett	1 : 5 : 35	F	61.8%	20	38	12/02/2023

Distance	Posn	Name	Time	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
5K	1	Sarah Holt	17 : 22	F	88.2%	1	1	21/01/2023
5K	2	Lisa Bailey	17 : 50	F	85.9%	2	2	04/04/2023
5K	3	Andrew Simpson	17 : 54	M	76.7%	1	3	04/04/2023
5K	4	John Beer	23 : 51	M	75.0%	2	4	21/01/2013
5K	5	Dave Clark	23 : 55	M	66.9%	3	5	04/02/2023

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
Half.Mar	1	Filip Egierszдорff	1	17	0	M	81.6%	1	6	12/03/2023
Half.Mar	2	Jim Lurkins	1	17	12	M	75.4%	2	8	12/03/2023
Half.Mar	3	Chi Ming Wu	1	18	0	M	80.6%	3	7	12/03/2023
Half.Mar	4	Eliza Hawthorn	1	18	14	F	82.7%	1	3	12/03/2023
Half.Mar	5	Sarah Holt	1	18	18	F	86.3%	2	1	26/02/2023
Half.Mar	6	Ian Riley	1	18	56	M	74.2%	4	9	26/02/2023
Half.Mar	7	David Curtin	1	22	9	M	74.0%	5	10	12/03/2023
Half.Mar	8	Lisa Bailey	1	22	36	F	81.8%	3	5	12/03/2023
Half.Mar	9	Dean Morley	1	25	12	M	82.0%	6	4	22/01/2024
Half.Mar	10	Denis Mustafa	1	35	47	M	71.6%	7	11	12/03/2023
Half.Mar	11	Simon Brazil	1	38	0	M	71.3%	8	12	26/03/2023
Half.Mar	12	Merilyn Davis	1	44	49	F	83.4%	4	2	12/03/2023
Half.Mar	13	Mitch Peacock	1	45	40	M	57.5%	9	14	12/03/2023
Half.Mar	14	Philip Tauwhare	1	57	56	M	59.8%	10	13	12/03/2023

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
Marathon	1	Ed Buckley	2	58	35	M	75.7%	1	1	02/04/2023
Marathon	2	Duncan McConnell	3	11	42	M	64.3%	2	4	02/04/2023
Marathon	3	Dan Shepherd	3	18	5	M	66.0%	3	3	02/04/2023
Marathon	4	Denis Mustafa	3	36	40	M	66.4%	4	2	02/04/2023
Marathon	5	Laura La Frenais	4	16	4	F	57.6%	1	5	02/04/2023
Marathon	6	Dave Clark	4	35	24	M	54.8%	5	6	02/04/2023
Marathon	7	Alexandra Mason	4	56	39	F	54.3%	2	7	02/04/2023

N.B. You can submit the time for additional runs using this link

[Club Ladder](#)

If you think your time, or the date of the run is wrong, just submit it again using the same link and it will be included next time. Thanks!

The age-grades are calculated using the latest (2020) tables and so may be lower than shown on websites using older (2010 or 2015) tables.

Follow this link to an age-grade calculator with all the tables.

[Age-Grade-Calculator](#)