

# DEREHAM 10 MILE ROAD RACE - SUNDAY 18th MAY 2008

## CATEGORY RESULTS (RACE AND COUNTY)

<u>Individual Winners (Male)</u>				<u>Individual Winners (Female)</u>			
<u>Race Awards</u>				<u>Race Awards</u>			
17-39				17-34			
1st	Darren Fowlie		53.06	1st	Nicky Alford		63.10
2nd	Andrew Hennessey		53.11	2nd	Rose Waterman		68.05
3rd	Carl Prewer		55.55	3rd	Tanya Crofts		72.20
40-44				35-39			
1st	Tony Johns		58.25	1st	Claire Forbes		64.19
2nd	Peter Pearce		60.13	2nd	Joanne Diffey		69.58
3rd	Mark Garrett		63.31	3rd	Marie Clark		74.25
45-49				40-44			
1st	Richard Sales		56.47	1st	Cathy Lambert		76.18
2nd	Robert Watson		58.15	2nd	Karen Gedge		82.59
3rd	John White		60.30	3rd	Dawn Belshaw		96.21
50-54				45-49			
1st	Pete Johnson		60.21	1st	Jane Clarke		63.50
2nd	Andrew Houghton		60.55	2nd	Tracey Curl		68.14
3rd	Alan Dawson		62.50	3rd	Sarah Bradley		80.56
55-59				50-54			
1st	Martin Yeomans		68.58	1st	Penny Edwards		69.16
2nd	David Aldis		69.07	2nd	Anne Millett		74.18
3rd	Stephen Dady		69.34	3rd	Caroline Tayler		79.56
60-64				55-59			
1st	Jim Hayes		66.41	1st	Pauline Norman		77.49
2nd	Ian Milburn		69.06	2nd	Christine Thorne		80.08
3rd	Ken Bowman		69.36	3rd	Anne Florence		85.16
65+				60+			
1st	Robert Price		71.54	1st	Brenda Kinch		80.48
2nd	Geoff Hayward		75.50	2nd	Carol Tennyson		89.21
3rd	Mike Smith		77.44	3rd	Angela Pacey		92.45
Wheelchair							
1st	Peter Downing		68.53				
	<u>County Awards</u>				<u>County Awards</u>		
U40				U40			
1st	Darren Fowlie	Champion	53.06	1st	Nicky Alford	Champion	63.10
2nd	Andrew Hennessey	Silver	53.11	2nd	Rose Waterman	Silver	68.05
3rd	Andy Jones	Bronze	56.11	3rd	Tanya Crofts	Bronze	77.20
40-49				40-49			
1st	Richard Sales	Gold	56.47	1st	Jane Clarke	Gold	63.50
2nd	Tony Johns	Silver	58.25	2nd	Tracey Curl	Silver	68.14
3rd	Kevin Lemmon	Bronze	60.51	3rd	Sarah Bradley	Bronze	80.56
50-59				50-59			
1st	Pete Johnson	Gold	60.21	1st	Penny Edwards	Gold	69.16
2nd	David Robinson	Silver	63.17	2nd	Anne Millett	Silver	74.18
3rd	John Leversedge	Bronze	63.30	3rd	Pauline Norman	Bronze	77.49
60+				60+			
1st	Jim Hayes	Gold	66.41	1st	Brenda Kinch	Gold	80.48
2nd	Ken Bowman	Silver	69.36	2nd	Carol Tennyson	Silver	89.21
3rd	Anthony Gordon-Gray	Bronze	72.05	3rd	Angela Pacey	Bronze	92.45

**DEREHAM 10 MILE ROAD RACE - SUNDAY 18th MAY 2008**  
**CATEGORY RESULTS (RACE AND COUNTY)**

<u>Team Awards (Male)</u>			<u>Team Awards (Female)</u>		
	<u>Race Awards</u>	(3 Per)		<u>Race Awards</u>	(3 Per)
<b>U40</b>			<b>U40</b>		
1st	<u>CITY OF NORWICH AC</u>		1st	<u>CITY OF NORWICH AC</u>	
	Andy Jones )			Nicky Alford )	
	Adam Lewis ) 75			Rose Waterman ) 241	
	Brian Warden )			Lorraine Whitmarsh )	
<b>40+</b>			<b>40+</b>		
1st	<u>NORWICH ROAD RUNNERS</u>		1st	<u>NORWICH ROAD RUNNERS</u>	
	Tony Johns )			Tracey Curl )	
	Kevin Lemmon ) 51			Penny Edwards ) 224	
	Goy Roper )			Anne Millett )	
	<u>County Awards</u>	(4 Per)		<u>County Awards</u>	(3 Per)
<b>U40</b>			<b>U40</b>		
1st	<u>RYSTON RUNNERS</u>		1st	<u>CITY OF NORWICH AC</u>	
	Simon Levy )			Nicky Alford )	
	Michael Howlett ) 238			Rose Waterman ) 241	
	Ian Saunders )			Lorraine Whitmarsh )	
	Darren Smith )				
			2nd	<u>N/A</u>	
2nd	<u>N/A</u>			)	
	)			)	
	)			)	
	)			)	
	)		3rd	<u>N/A</u>	
				)	
3rd	<u>N/A</u>			)	
	)			)	
	)			)	
	)			)	
	)			)	
<b>40+</b>			<b>40+</b>		
1st	<u>NORWICH ROAD RUNNERS</u>		1st	<u>NORWICH ROAD RUNNERS</u>	
	Tony Johns )			Tracey Curl )	
	Kevin Lemmon ) 82			Penny Edwards ) 224	
	Goy Roper )			Anne Millett )	
	Mark Garrett )				
			2nd	<u>NORWICH ROAD RUNNERS</u>	
2nd	<u>RYSTON RUNNERS</u>			Marie Clark )	
	David Robinson )			Sarah Bradley ) 481	
	Andy Smith ) 150			Loise Chapman )	
	Martin Ive )				
	Leslie Scott )		3rd	<u>GT YARMOUTH ROAD RUNNERS</u>	
				Karen Manning )	
3rd	<u>CITY OF NORWICH AC</u>			Angela Pacey ) 555	
	Richard Sales )			Catherine Evans )	
	Peter Tuttle ) 154				
	Vincent Ellis )				
	David Aldis )				