

# DEREHAM 10 MILE ROAD RACE - SUNDAY 17th MAY 2009

## CATEGORY RESULTS (RACE AND COUNTY)

### Individual Winners (Male)

#### Race Awards

17-39		
1st	Chris Sellens	56.13
2nd	Wayne Utting	57.13
3rd	Anthony Bourne	58.59
40-44		
1st	Francis Hale	58.52
2nd	Robin Parker	60.00
3rd	Martin Ive	64.43
45-49		
1st	Tim Vials	60.56
2nd	Richard White	62.00
3rd	Goy Roper	62.55
50-54		
1st	Paul Muffett	60.43
2nd	David Robinson	62.33
3rd	Terry Epps	64.21
55-59		
1st	Pete Johnson	62.31
2nd	John Leversedge	62.45
3rd	Richard Blake	65.27
60-64		
1st	Jim Hayes	67.56
2nd	Trevor Adcock	68.58
3rd	Bryan Goodenough	71.15
65+		
1st	Geoff Hayward	76.45
2nd	Alec Fraser	85.27
3rd	Ronald Fraser	85.58
Wheelchair		
1st	Peter Downing	75.09

#### County Awards

U40		
1st	Wayne Utting	57.13
2nd	Anthony Bourne	58.59
3rd	Robb Kett	60.21
40-49		
1st	Francis Hale	58.52
2nd	Tim Vials	60.56
3rd	Martin Ive	64.43
50-59		
1st	Paul Muffett	60.43
2nd	Pete Johnson	62.31
3rd	David Robinson	62.33
60+		
1st	Jim Hayes	67.56
2nd	Trevor Adcock	68.58
3rd	Geoff Hayward	76.45

### Individual Winners (Female)

#### Race Awards

17-34		
1st	Tamara Jordan	62.20
2nd	Nicky Alford	64.50
3rd	Jo Tweed	67.51
35-39		
1st	Tanya Crofts	68.44
2nd	Elies Mann	71.27
3rd	Joanne Diffey	74.10
40-44		
1st	Gillian Loughlin	73.38
2nd	Maire Irlam	74.40
3rd	Penny Waggott	77.58
45-49		
1st	Tracey Curl	66.34
2nd	Annie Bradbury	73.02
3rd	Andrea Sewell	77.02
50-54		
1st	Penny Edwards	68.26
2nd	Jenny Christian	73.26
3rd	Yvonne Parker	77.08
55-59		
1st	Julia Middleton	77.38
2nd	Pauline Norman	77.49
3rd	Christine Thorne	81.52
60+		
1st	Anne Martin	89.25
2nd	Leslie Oliver	93.12
3rd	Maureen England	107.23

#### County Awards

U40		
1st	Nicky Alford	64.50
2nd	Jo Tweed	67.51
3rd	Tanya Crofts	68.44
40-49		
1st	Tracey Curl	66.34
2nd	Annie Bradbury	73.02
3rd	Gillian Loughlin	73.38
50-59		
1st	Penny Edwards	68.26
2nd	Jenny Christian	73.26
3rd	Anne Millett	77.44
60+		
1st	Anne Martin	89.25
2nd	Leslie Oliver	93.12
3rd	Maureen England	107.23

# DEREHAM 10 MILE ROAD RACE - SUNDAY 17th MAY 2009

## CATEGORY RESULTS (RACE AND COUNTY)

### Team Awards (Male)

#### Race Awards (3 Per)

**U40**  
 1st NORWICH ROAD RUNNERS  
 Wayne Utting )  
 Mark Betts ) 64  
 Matthew Frary )

**40+**  
 1st NORWICH ROAD RUNNERS  
 Francis Hale )  
 Goy Roper ) 36  
 Mark Garrett )

#### County Awards (4 Per)

**U40**  
 1st NORWICH ROAD RUNNERS  
 Wayne Utting )  
 Mark Betts ) 121  
 Matthew Frary )  
 Samuel Hall )

2nd N/A  
 )  
 )  
 )  
 )

3rd N/A  
 )  
 )  
 )  
 )

**40+**  
 1st NORWICH ROAD RUNNERS  
 Francis Hale )  
 Goy Roper ) 60  
 Mark Garrett )  
 Mark Edwards

2nd RYSTON RUNNERS  
 David Robinson )  
 Martin Ive ) 102  
 Leslie Scott )  
 Carl Manning )

3rd NORTH NORFOLK BEACH RUNNERS  
 Paul Muffett )  
 Richard Blake ) 151  
 Jim Hayes )  
 John Leach )

### Team Awards (Female)

#### Race Awards (3 Per)

**U40**  
 1st N/A

**40+**  
 1st NORWICH ROAD RUNNERS  
 Tracey Curl )  
 Penny Edwards ) 150  
 Elies Mann )

#### County Awards (3 Per)

**U40**  
 1st NORTH NORFOLK BEACH RUNNERS  
 Claire Foulkes )  
 Nikki Kavanagh ) 643  
 Emma Dennis )

2nd N/A

3rd N/A

**40+**  
 1st NORWICH ROAD RUNNERS  
 Tracey Curl )  
 Penny Edwards ) 150  
 Elies Mann )

2nd WYMONDHAM AC  
 Tanya Crofts )  
 Jenny Christian ) 297  
 Louise Barker )

3rd NORWICH ROAD RUNNERS  
 Anne Millett )  
 Sarah Bradley ) 442  
 Anne Hulse )