

DEREHAM 10 MILE ROAD RACE - SUNDAY 16th MAY 2010

CATEGORY RESULTS (RACE AND COUNTY)

Individual Winners (Male)

Race Awards

17-39		
1st	Darren Fowlie	52.22
2nd	Adrian Whitwam	53.42
3rd	Phillip Munro	57.02
40-44		
1st	Robin Parker	59.46
2nd	Stephen Thompson	61.04
3rd	Paul Davies	65.11
45-49		
1st	Colin Peirson	60.54
2nd	Mark Garrett	61.51
3rd	Richard White	63.14
50-54		
1st	John Oakes	58.42
2nd	Dave Brock	61.52
3rd	David Robinson	63.56
55-59		
1st	Colin Robilliard	60.30
2nd	John Leversedge	62.33
3rd	Pete Johnson	63.10
60-64		
1st	Richard Blake	66.52
2nd	Jim Hayes	68.48
3rd	Bryan Goodenough	68.54
65+		
1st	Ian Milburn	70.34
2nd	Geoff Hayward	80.20
3rd	Alec Fraser	52.42
Wheelchair		
1st	Peter Downing	73.53

County Awards

U40		
1st	Darren Fowlie	52.22
2nd	Stephen Gibbs	58.53
3rd	Stuart Smith	61.02
40-49		
1st	Mark Garrett	61.51
2nd	Richard White	63.14
3rd	Eddie Greenland	64.09
50-59		
1st	Colin Robilliard	60.30
2nd	John Leversedge	62.33
3rd	Pete Johnson	63.10
60+		
1st	Richard Blake	66.52
2nd	Jim Hayes	68.48
3rd	Mike King	72.41

Individual Winners (Female)

Race Awards

17-34		
1st	Tamara Jordan	62.08
2nd	Emma Sharples	63.38
3rd	Nicky Alford	66.54
35-39		
1st	Tania Crofts	70.30
2nd	Lisa Godwin	72.47
3rd	Sharon Hurren	72.55
40-44		
1st	Anne Swift	69.44
2nd	Susan Nolan	78.38
3rd	Jude Durrant	78.47
45-49		
1st	Annie Bradbury	74.08
2nd	Josephine Sheffield	74.42
3rd	Gillian Loughlin	77.54
50-54		
1st	Anne Millett	79.20
2nd	Bobbie Sauerzapf	81.22
3rd	Caroline Tayler	83.22
55-59		
1st	Yvonne Parker	73.56
2nd	Carol Betts	80.04
3rd	Gill Hart	86.08
60+		
1st	Brenda Kinch	82.53
2nd	Carole Spong	87.21
3rd	Lesley Oliver	92.31

County Awards

U40		
1st	Emma Sharples	63.38
2nd	Nicky Alford	66.54
3rd	Tania Crofts	70.30
40-49		
1st	Annie Bradbury	74.08
2nd	Gillian Loughlin	77.54
3rd	Susan Nolan	78.38
50-59		
1st	Anne Millett	79.2
2nd	Carol Betts	80.04
3rd	Bobbie Sauerzapf	93.22
60+		
1st	Brenda Kinch	82.53
2nd	Lesley Oliver	92.31
3rd	Maureen England	107.48

DEREHAM 10 MILE ROAD RACE - SUNDAY 16th MAY 2010

CATEGORY RESULTS (RACE AND COUNTY)

Team Awards (Male)

Race Awards (3 Per)

U40

1st Norwich Road Runners
 Stephen Gibbs)
 Stuart Smith) 25
 Mark Betts)

40+

1st Norwich Road Runners
 Mark Garrett)
 Paul Davies) 77
 Raymond Lindsay)

County Awards (4 Per)

U40

1st Norwich Road Runners
 Stephen Gibbs)
 Stuart Smith) 88
 Mark Betts)
 Matthew Frary)

2nd Norwich Road Runners

Richard High)
 Michael Hulme) 486
 Stefan Rider)
 Jon Holland)

3rd N/A

40+

1st Norwich Road Runners
 Mark Garrett)
 Paul Davies) 125
 Raymond Lindsay)
 Matthew Pask)

2nd Ryston Runners AC

David Robinson)
 Andy Smith) 206
 Paul Firmage)
 Martin Ive)

3rd Coltishall Jaguars

Colin Robilliard)
 Melvyn Porter) 224
 Michael King)
 Martin Bagnall)

Team Awards (Female)

Race Awards (3 Per)

U35

1st Norwich Road Runners
 Rachael Leathwood)
 Caroline French) 310
 Rachel Fiddy)

35+

1st Wymondham AC
 Tania Crofts)
 Sharon Hurren) 271
 Tracy Stevens)

County Awards (3 Per)

U40

1st Norwich Road Runners
 Lisa Godwin)
 Jo Godwin) 316
 Caroline French)

2nd Norwich Road Runners

Rachel Fiddy)
 Helen Oghenegweke) 526
 Clare Denzey)

3rd N/A

40+

1st Ryston Runners
 Annie Bradbury)
 Alison Milnes) 411
 Gill Hart)

2nd Norwich Road Runners

Anne Millett)
 Sarah Bradley) 421
 Caroline Tayler)

3rd Norfolk Gazelles

Carol Betts)
 Carolyn Burrage) 544
 Marianne Saunders)