

CHEAM FIELDS CLUB

ACCIDENT AND EMERGENCY INFORMATION



Guidelines for dealing with an injured person

- Stay calm but act swiftly and observe the situation
- Listen to what the injured person is saying
- If the injury is minor, alert the first aider to take appropriate action, all coaches are first aid trained. If no coach present, a guidance leaflet is in the first aid box in pavillion
- If the injury requires special treatment, call the emergency services
- Do not move someone with major injury; wait for the emergency services
- Contact the injured person's next of kin / parent
- Report the incident / accident on the clubs Accident Form.

Location of first aid equipment

First aid boxes are located in two places. One in the club house in a cupboard opposite the main entrance door. The other in the Pavillion in the kitchen cupboard.

A defibrillator is located on the outside of wall of the club house. Always call 999. After turning the defibrillator on, follow the verbal instructions from the machine.

Nearest Accident and Emergency hospital

St. Helier Hospital

Wrythe lane, Sutton, SM5 1AA

Telephone 020 8296 2000

Reporting of accidents

Details of any accident/Incidents should be reported immediately to the Club by completing an Accident Form. Accident Forms are located with the First Aid Boxes or can be found on the club website. Please scan, photograph or email the form immediately to the club secretary at secretary.cheamfields@gmail.com .

Approved by the General Committee 18th September 2025