



9:00am - 4:15pm

Tues 28, Weds 29, Thurs 30 October

HOCKEY CAMP

Much Wenlock

For Ages 9 - 15 Years

Led by a team of qualified, enthusiastic and dedicated coaches, players of all abilities are invited to learn new skills, tactics and to develop an understanding of key factors that contribute to being a successful hockey player.

Gum shields and shin pads must be worn.

£20 per day or £40 for 3 days

For further details or to book a place please contact:

07904 673775

hennessy@williambrookes.com

William Brookes School
Farley Road,
Much Wenlock,
Shropshire TF13 6NB

INFORMATION

What will I need?

Players need to ensure they are correctly prepared by having the correct safety equipment as directed by England Hockey:

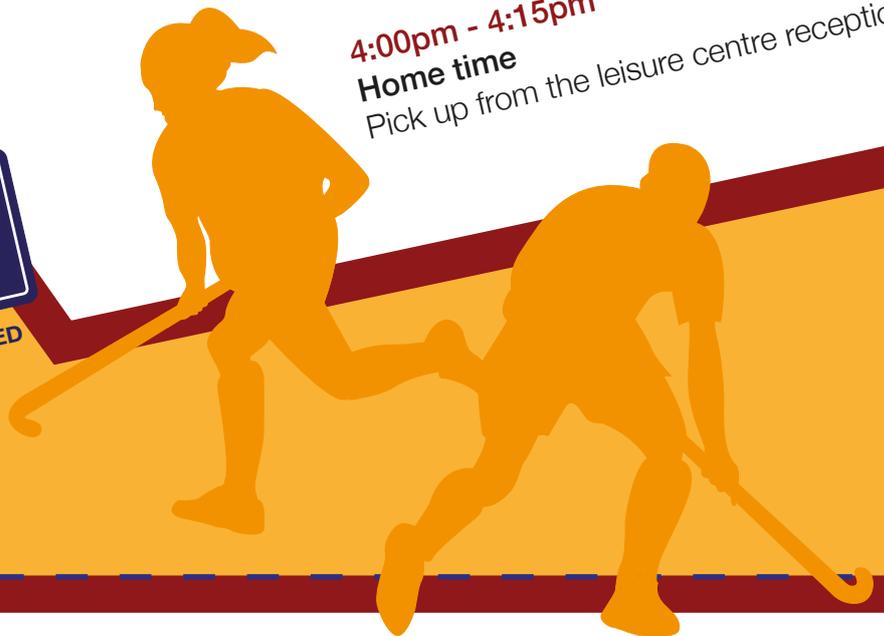
- Gum Shields
- Shin Pads
- Suitable Footwear

You will also need to bring a packed lunch and a drink.

Suncream may also be required - weather dependent

Hockey Camp Aims

Our aim is to give players the confidence and opportunity to learn new skills and tactics. We will help them develop an understanding of key factors that contribute to being a successful hockey player. This will be delivered through hockey coaching sessions and game play and further enhanced by our classroom sessions where players can learn about the importance of nutrition and fitness.



Timetable

9am - 10am

Early Drop Off

IPads and recreational activities; badminton, table tennis & basketball.

10:15am - 12pm

Indoor or outdoor hockey session.

12pm - 12:30pm

Lunch

12:30pm - 1:30pm

Classroom Session

An opportunity to cover different topics such as; rules and regulations, nutrition, fitness and video analysis.

1:30pm - 3:00pm

Indoor or outdoor hockey session.

3:00pm - 4:00pm

Day 1 - skills challenge

Day 2 - inflatable fun swimming session

Day 3 - tournament hockey followed by presentations and awards

4:00pm - 4:15pm

Home time

Pick up from the leisure centre reception.

Name of player: _____ would like to attend the Hockey Camp on (please tick)

Tuesday 28th

Wednesday 29th

Thursday 30th

Date of birth: _____

Contact Number: _____

Signed: _____ parent/carer